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Coming Events

Tuesday 6th, 13th August

► A Go-Go, 21:00 hrs. at the Neil Fairless Centre Acevedo Diaz 2324.

► Thursday 8th, 22nd August

► A Go-Go, 21:00 hrs. at the Neil Fairless Centre Acevedo Diaz 2324.

Wednesday 14th, 21st August

▶ A Go-Go, 21:00 hrs. at the Neil Fairless Centre Acevedo Diaz 2324.

Tuesday 20th August

▶ LOVE ET CETERA, 18:00 hrs. at Shakespeare Caffe (Anglo Town, San José 1426).

Wednesday 21st August

▶ British Society Lecture Supper, 19:30 hrs., venue to be confirmed.

Friday 23rd August

► Sunset Talks, 18:30 hrs. at the British Cemetery Chapel.







President's Blurb

Dear members

As announced at the last Annual General Meeting, the Executive Committee has been working hard on a review of the Society's statutes with a view to updating them to reflect our 21st Century reality, which - as you can imagine - has diverged considerably from that of nearly a century ago. For those not aware of our origins, The British Society was set up in 1918 by recommendation of a British government mission who urged the community to create an institution that would represent the British community as a whole to outsiders from within and without the country and to fellow British citizens visiting Uruguay (for more detail visit our website at http://www.britsoc.org.uy/node/72). The Society's original statutes were approved that same year and were not properly updated until 60 years later, in 1978, when the Society was registered officially as a non-profit organization with the Uruguayan authorities. However, the Society's modus operandi has varied considerably over the last 30-odd years, prompting us to undertake another review aimed at aligning the statutes with how things are today (and how we expect them to be in the next 30 years or so) and with the requirements of the Uruguayan Ministry of Education and Culture for societies of the nature of ours. Watch this space for further news on this issue.

The Society's new Facebook page (http://www.facebook.com/BritSocUy) has ever more followers and has slowly begun to acquire a life of its own. Regular



updates and posts have started to make it a community hotspot. I encourage those of you who have not yet done so to visit and like our page and use it as a way of keeping in fluid contact with your Society.

This month will see the next lecture-supper of our 2013 cycle. On this occasion, the lecture will be by Álvaro Cuenca on a little-known episode of World War II which took place in a ghetto of the Polish city of Lodz, which is central to the lecturer's 2012 book "Journey to the world of shadows". Don't delay to book your place lest you be left out!

British Society Lecture Supper

The fourth lecture-supper of the 2013 cycle will be held on Wednesday 21st August starting 19:30 hrs. The venue has yet to be confirmed, so look for our next e-mail!

This time the event will feature Álvaro Cuenca talking to us about a little-known episode of the Holocaust which took place at the Lodz Ghetto in Poland and features prominently in his 2012 book 'Journey to the world of shadows'.

As ever, the homemade meal will be prepared especially for the occasion by our excellent British Community cooks. Dinner will consist of delicious Chicken vol-au-vent with peas and carrots, and Lemon Merengue Pie for dessert.

Tickets are set at \$300 for members and \$400 for non-members. Seating is limited, so book your place a.s.a.p. at events@britsoc.org.uy or by calling Susan McConnell on 099267413.

SWCH News

Lots to celebrate at the Sir Winston Churchill Home! Vivienne celebrated her birthday with family and friends on the 20th. Everyone is grateful for the new television provided with great efficiency by the Hospital. Of course someone always has reason to celebrate after each game of bingo! The new curtains give a lighter look and allow much more sunlight to brighten everyone's spirits on these recent very cold days.

The local chapter of St. Vincent de Paul invited Herb Grierson to translate for them during the recent visit of the international president. He found the world-wide work of the Society to be very interesting and of much value to the more unfortunate people of the world and appreciated the opportunity to make a contribution.





British Embassy News

Follow us on Facebook and keep in the loop!

New Faces At The Embassy

The Ambassador and staff at the Embassy are very sad to say farewell to Rachel Brazier, Deputy Head of Mission and Consul, after five successful and happy years in Uruguay. Rachel returns to the UK with her family, and to the Foreign Office where she will take up a position working on priority areas as part of the Projects Task Force. We wish her all the best on her journey.

At the same time we are pleased to welcome two new members of staff. Rachel's successor Katharine Felton, fresh from her job in Consular Department in London, and David Penny who has taken up a new position as Second Secretary Political. He is accompanied by his wife Helen, and small children Haydn and Tomos.



English Tea

The Embassy and the NGO Ceprodih hosted an English Tea at the Ambassador's Residence to promote the work the organisation does in support of women from low socio-economic backgrounds, many of whom have been victims of domestic violence. Guests generously donated gifts for residents of Por Venir, Ceprodih's latest project for pregnant women and new mothers, and had the chance to find out more about Ceprodih's work and how they could collaborate with them. You can find more details on Ceprodih at www. ceprodih.org.



Open Government

Antonio Acuña, from the UK Cabinet Office, took part in the First Regional Conference on Open Data for Latin America and the Caribbean, held in Montevideo. As head of data.gov.uk, Antonio shared his experience with the Uruguayan agency of Electronic Government, AGESIC, on open government and transparency initiatives, and was a key speaker at the Conference. Transparency in government is one of the UK's top priorities, and we work closely with Uruguay who are a key regional player in this important area.



Chevening Revitalisation Project

To mark the 30th Anniversary of the Chevening Scholarship Programme, the British Embassy in Uruguay is working with the GBUA (Graduates from British Universities Association) to revitalise their network. The objective is that the association, which includes all Chevening scholars, will use the support of the Embassy to organise events, share information and re-establish itself as a vital networking tool, not only within Uruguay but also with alumni living in any part of the world. We are in the process of updating the group's database. If you studied for a Masters or PhD in a British University or you know anyone who has completed a post-graduate course in the UK, please send us an e-mail to ukinuruguay@adinet.com.uy so we can get in touch.



Twitter

Another tool to stay in touch: follow us on Twitter! Look for us under <u>UKinUruguay</u>

More news on our website







LOVE ET CETERA a poetry reading by Lindsey Cordery and Jack Spirings.

At the touch of love everyone becomes a poet.

All you need is love.

Every time you say "I love you" you are quoting someone else.

Sweet is the god, but still I am in agony.

Plato, Lennon, Derrida and Sappho.

For this reading we have chosen just some of the millions of poems written on love, and also, of course, on Etc.

Some you'll recognize – others perhaps not – but who hasn't known love? And also, of course, Etc.

Free admission

Tuesday 20th, August at 6.00 pm Anglo Town, Shakespeare Caffe San José 1426









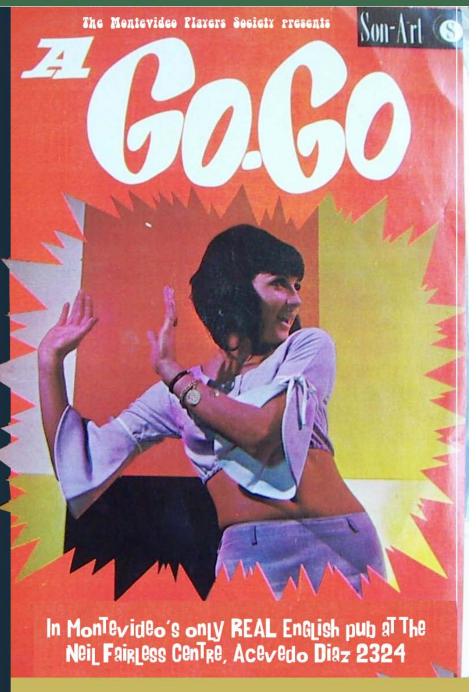


Montevideo Players News

The feelgood show of hit songs and grokies from The 1960s and 70s

ThaT will have
Your hips swingin'
Your fingers clickin'
and You smilin'
all night long

Book exclusively via montevideoplayers@Gmail.com or 099 087 776



The Players now go musical with "A Go-Go", a show where YOU define the songs to be played!

Did you know that The Doors lead singer Jim Morrison detested their most famous hit Light my Fire? And did you know that the famous final verse of Sittin' on the Dock of the Bay is whistled because the composer Otis Redding died in a plane crash before he could complete the lyrics?

A Go-Go is an acoustic revival of hit songs and stories from the 1960s and early 1970s performed live by British vocalist Karen Ann and Carlos da Silveira on power guitar.

You, the audience, get to choose the songs from a mobile jukebox and interact with the performers. Karen Ann and Carlos tell you the stories behind some of the world's most popular songs.

Shows at 21:00 hrs. on:

Tuesdays 6th and 13th of August Thursdays 8th and 22nd of August Wednesdays 14th and 21st of August





Silver River Lodge News

The Silver River Lodge #876 is a Masonic lodge under the jurisdiction of the United Grand Lodge of England. We are the largest English-speaking Masonic lodge in the southern cone, and have been operating in Montevideo uninterruptedly since our founding, 151 years ago.

Freemasonry is a society of men concerned with moral and spiritual values. Its members are taught its principles (fraternity, charity, and truth) through esoteric instruction in the form of a series of ritual dramas – a progression of allegorical plays which are learnt by heart and performed within each Lodge – which follow ancient forms, and use stonemasons' customs and tools as symbolic guides.

From its earliest days, Freemasonry has been concerned with the care of orphans, the sick and the aged. This work continues today. Both abroad and in our community, freemasonry dedicates considerable time and resources to charitable causes.

While Freemasonry's esoteric, allegorical, and moral teachings are grounded in spirituality, it does not discriminate in any way on the basis of religion. Freemasonry is open to any man who can profess faith in a supreme being, regardless of religious denomination. It likewise does not discriminate on the basis of race, colour, political views or social class.

Membership in Silver River Lodge is open to residents of Montevideo, regardless of ancestry, and while our Lodge has close ties to the British community in Montevideo we also have many Uruguayan members of other ancestries, as well as members from Scotland, the United States, Canada, Austria, and other lands. As all our work is conducted in English, however, all prospective members of the Lodge must speak fluent English, though it need not be one's native tongue.

English Freemasonry prides itself on its transparency. Not only are English freemasons completely free to acknowledge their membership, they are encouraged to do so by the Grand Lodge. Nor is English Freemasonry a secretive institution; anyone who has an interest in becoming a mason is welcome to contact the Silver River Lodge for more information about how apply for membership.

Silver River Lodge meets for its regular meeting on the third Monday of every month, at the William Best Masonic Temple at 1429 Canelones street in central Montevideo. Any mason in good standing from any regular Lodge recognized by the United Grand Lodge of England is welcome to visit our meetings.

For more information about visiting or membership, please contact <u>secretarysrl876@gmail.com</u> or Martin Macadam (096-001-995).

British Cemetery News

The third "Sunset Talk" was held in the Chapel of the British Cemetery on the 19th of June, to an almost full house. This time we were honoured to be included in a series of lectures that Ander de la Fuente, from the Universidad del Pais Vasco, was giving in Montevideo, Rivera and Melo. He specialises in the investigation and restoration of historical sites particularly in the North of Spain.

He was able to bring us first hand news from the excavations that are taking place in the Basque cemeteries, along with the latest theories about the origins of these places. The cemetery of Argiñeta, in Elorrio, Bizkaia, which has its origins in the 7th century is thought to represent pre-Christian burial practices, and has tombstones with no trace of a cross but with discoidal shapes which might perhaps be sun-signs. The one at Armetia is beside a cathedral, and recent

investigations have uncovered medieval tombs in its walls.

Ander used these two examples to illustrate the need to carry out thorough scientific investigations on these important historical sites such that we can come to a better understanding of the customs of the people who inhabited these lands so many centuries ago.

The next talks will be held on Friday, August 23rd at 18.30 hrs. They will be:

- "Las puertas como discurso. El friso circular del Cementerio de Recoleta de Buenos Aires" by Psic. Graciela Blanco from Argentina.
- "La Música en los Rituales Funerarios" by Prof. Andrés Moyano from Uruguay.





St. Andrew's Society News

Caledonian Ball

The Caledonian Ball, one of the most important events of the year of the St. Andrew's Society of Uruguay, will be held this year at the Club de Golf del Uruguay on Saturday, September 7th 2013.

The Ball starts 21:30 hrs. with the Grand March - led by The City of Montevideo Pipe Band - and then the eigthsomes will take their places for their first set of Scottish dances.

Several progressive dances have been included for those who have not already formed eightsomes, and brief instructions will be given.

Dinner will be served between sets of Scotish dances, door prizes will be raffled and The City of Montevideo Pipe Band and its Dancers will give an exhibition.

There will also be ballroom dance music so it is an opportunity to dance away the night to waltzes and tangos, to rock "n" roll and break.

For information and reservations please contact:

Raquel Stewart at 24801453 or 099157615 Gonzalo Rodríguez at 099682625 Michael Warren at 29026541 or 091048937 or any other member of The St. Andrew's Society Committee.

Or send us an e-mail at: <u>standrewssocietyofuruguay@gmail.com</u>

There are free practices where you can learn the dances and get your tickets.

Saturday 10th and 24th August at the Instituto Juan XXIII, Mercedes 1769 between Gaboto y Tristan Narvaja

Saturday 3rd, 17th and 31st of August at The British Schools Junior Hall, Maximo Tajes 6400

All practices take place between 16:00 and 18:00 hrs.

We ask that everybody please be punctual.

In Theatres

Alfred Hitchcock Cinema Series

During August, September and October, the 2013 season of the Sodre's "Cine Arte" will be dedicated to Alfred Hitchcock. His most important films will be played at the Auditorio Nelly Goitiño (18 de Julio 930) on Mondays at 18:00 and 20:00 hours.

Tickets are \$60 per show.

For more information, please visit: http://www.sodre.gub.uy/Sodre/Sodre/tabid/36/Default.aspx?idNoticia=23840







Geoff the Chef's Corner

by Geoffrey Deakin gde@boskejo.com

Being this my first contribution to the Newsletter, I wish to share with all of you a simple but delicious recipe which was served to some dear friends last weekend. Little did they know they were my experimental Guinea Pigs...

Chicken Lasagna with Mushrooms and White Sauce

Ingedients:

- Pre-cooked Lasagna noodles ("La Especialista" Tabletas Prontas)
- 2 cups chicken meat (diced cooked)
- 2 cans shredded mushrooms (large)
- 1 can of sweet corn (small)
- 300 grams sliced Mozzarella cheese (thick slices)
- 1 envelope white sauce (Béchamel)
- 2 Chicken bouillon cubes
- ½ litre of milk
- Grated Parmesan cheese
- Butter
- Salt, pepper, soy sauce and oregano.

Instructions:

- 1. Cook at least two chicken breasts (or the chicken parts you prefer) in water with salt and a Chicken bouillon cube.
- 2. When cooked, let the chicken cool off a bit and dice or shred with your fingers.
- 3. To prepare the white sauce, mix the envelope's contents with the cold milk and slowly bring to a boil over medium heat. Remember to stir every so often.
- 4. Add a Chicken bouillon cube.
- 5. Let the white sauce boil for 5 minutes over low heat. Stir, stir, stir and stir.
- 6. When ready, add and mix the chicken meat, the sliced mushrooms (drained of course) and the sweet corn (also drained).
- 7. Season with salt, pepper, soy sauce and so forth
- 8. In a large rectangular casserole dish start layering as follows: place 3 Lasagna noodles at the bottom of the dish, and spread some of the chicken mixture over the noodles until the dish is covered. Sprinkle some grated parmesan cheese and cover with mozzarella slices.
- 9. Create another layer by repeating above step
- 10. Use 3 more noodles to cover the second layer, and spread the entire top of the Lasagna with the remaining sliced mozzarella and Parmesan, and small pieces of butter. Sprinkle with a touch of oregano.

- 11. Bake uncovered in oven for 25-30 minutes @ 350 degree F (175 degrees C) or until cheese browns nicely.
- 12. Let stand 5-10 minutes before serving, so Lasagna can set as cheese cools (Careful! It's very hot!).
- 13. Enjoy!

Preparation Time: 45 minutes Cooking Time: 30-40 minutes

This is a delicious, flavourful, creamy white Lasagnal If you love chicken Alfredo, or white sauces in general, you should try this dish. All my guests agreed it's a nice change from regular Lasagna.

I love it! My rating: 10/10... What's yours?



Sweet Quickie

Mix a can of peach halves in their syrup with some fresh strawberries (peeled and cleaned). Dice both fruits so it'll be easier to serve and enjoy. Add half a cup of sugar and a tad of white wine before serving.

Tip o' the day

Are you tired of having blocked salt shakers? Simply keep them in your refrigerator. If the humidity is very high, you can also try the freezer, the driest place at home.

Hope this contribution was useful. For any doubts or ideas, please get in touch with me!





Arts & Culture

by Alice Tourn aytourn@gmail.com

Only One Direction To Uruguay

One Direction, an English-Irish boy band from London consisting of Niall Horan, Zayn Malik, Liam Payne, Harry Styles and Louis Tomlinson who first came to fame after finishing third in the British televised singing competition The X Factor in 2010, will visit Uruguay next May.

In 2011, the band signed up with Simon Cowell's record label Syco Music and were propelled to international success by the power of social media. Their two albums, Up All Night (2011) and Take Me Home (2012), broke several records, topped the charts of most major markets, and generated several hit singles, including "What Makes You Beautiful" and "Live While We're Young". Often described as forming part of a new "British Invasion" in the United States, the group have become a global phenomenon and have sold more than 30 million records and DVDs worldwide, and have topped the charts in more than 37 countries.

In 2014, the band will embark on world-wide stadium tour they have called "Where We Are", and to kick it off they photographed themselves in an array of national football shirts (see picture of them using 'la celeste') just to make sure fans from each country they will visit got a glimpse of them in their national team's colours.

The tour will begin in England, of course. The Latin American leg in April and May will see them visit Argentina, Brazil, Chile, Colombia, Paraguay, Peru and Uruguay. The band - who are all big football fans - have said they are incredibly excited about doing a worldwide stadium tour.

Asked about what fans - known as Directioners can expect next year, Styles said: 'It's going to be a completely different tour and a lot of fun'.

The band has also confirmed plans for a new album, following last year's Take Me Home, to be released later this year. They described the sound as 'rockier' and 'edgy'.

On 17 February 2013, One Direction released



One Way or Another (Teenage Kicks)", a medley of Blondie's "One Way or Another" and The Undertones' "Teenage Kicks" recorded as a charity single to collect funds for Comic Relief (a British charity helping to fight famine in Africa). The music video for the song was shot whilst on tour in Ghana, Tokyo, London and New York City, plus footage at 10 Downing Street... which - amazingly - features a cameo from British Prime Minister David Cameron (see http://www.youtube. com/watch?v=36mCEZzzQ3o).

One Direction is arguably the biggest boy band ever, and fans from around the world are desperate to get their hands on a ticket to see the boys perform live. They will be in Montevideo on 6th May, 2014 at the Estadio Centenario.







Back In Time

by Tony Beckwith tony@tonybeckwith.com

Boarding House Boys

One evening over dinner my father cleared his throat and said to my brother and me, "Um, we have something to tell you boys." My mother looked down at her plate and my heart sank.

My father said, "Your mother and I are going to England for three months but I'm afraid you boys won't be going with us." I started to feel cold. My brother's eyes were huge. My mother finally spoke up and said, "The firm is sending Dad on business, but it has to be at a time when you're at school. It sounds ghastly, I know, I can hardly stand thinking about it and I'll miss you terribly, but the time will fly and we'll be home before you know it."

And that's how Christopher and I came to spend three months at the Hawkins boarding house in early 1952. I had just turned seven and he was a year older. Mr. and Mrs. Hawkins were an elderly English couple who ran a boarding house that catered mainly to British families who owned or ran estancias in "the camp" but sent their children to the British Schools in Montevideo. Britain had long had an interest in the Uruguayan cattle business, having built the railway network that linked the interior to the capital city in the 1860s, shortly after the Liebig's Company opened the plant that would one day introduce the world to Fray Bentos Corned Beef.

The boarding house sat on the corner of two quiet streets in Pocitos, within easy walking distance of the school on José Benito Lamas. It was old and rambling, and reminded me of my grandparents' house in Buenos Aires. Our bedroom was off a long hallway that ran through the middle of the house. At the far end was the vast kitchen where Mrs. Hawkins prepared the meals. The dining room was halfway down the hall on the right. Our roommate was Richard, whose family owned an estancia in Paysandú. He was eleven so I was in awe of his worldly wisdom and loved lying in bed at night, lights out, listening to him talk about life in the country. He described the mating habits of cows and horses in great detail, and with easy authority explained how that applied to human beings. These were my first sex-ed classes and I found them fascinating and bewildering in equal measure. I was a city boy, utterly clueless about the ways of the natural world. In a letter to my parents I described a weekend visit to a friend's estancia and said that, as far as I could tell: "Cats are girls, dogs are boys, and cows are horses' wives."

Most of the time, Richard's stories helped me forget how much I missed my parents. Except for one night when I lost it completely. It had started earlier, when I was in the kitchen watching Mrs. Hawkins at the stove. She had a cigarette hanging out of the corner of her mouth, just like my grandmother when she was cooking. I remembered that, when we visited my grandparents, I would watch Grannie's cigarette ash very carefully to see where it fell when it got too long, and then gratefully decline a portion of that item when we were sitting at the table. My vivid flashback opened up a void that took my breath away and left me feeling stunned. That night, lying in bed, Christopher asked, "Did you see where Mrs. Hawkins dropped her ash tonight?" The stunned feeling gave way to a deluge of sadness that had been bottled up for too long and I cried like a baby. When I had settled down, Richard said, "In the camp when you're feeling sad the gauchos say La vida es una cebolla y hay que pelarla llorando. My Mum says that means 'Life is an onion and we must peel it and weep'."

One night, as I listened to Richard's disembodied voice floating in the darkened room, with just a sliver of light slipping through the curtains from the street light at the corner, I asked him about the land on his estancia. At school I had heard the Uruguayan terrain described as being *levemente ondulado*, or gently rolling, and I asked him about that. He said it was true, the land rolled inland like a wave, green all the way to the horizon, with fields and trees and wild flowers and rutted tracks and black mottled rocks sticking out of the earth here and there. He painted a picture of life in Uruguay that was very different to the one I led as a city boy living on Calle 26 de Marzo just a mile or so from the Hawkins boarding house.

My mother was right; time flew and she and Dad were home before I knew it. Life in a boarding house had proved far less wretched than I had expected it to be, and those after-hours conversations had given me a feel for the Uruguayan countryside that has stayed with me ever since.





Medical Column

by Dr. Jorge Stanham, MBE jorgestanham@yahoo.com

Winter Pruning

The moon's last quarter, between mid-July and mid-August, is the best time for planting, for pruning trees, flowers and shrubs, to repair arbours and tidy up flowerbeds. It's hard work to do it all over one or two weekends, in the cold and damp weather, with short daylight times, but our effort is more than compensated by watching the sprouting of plants and blooming of flowers in spring and through the warmer months. In spite of changes from year to year and the surprises we blame on global warming, the cycles of nature and vegetation are fairly predictable and if we stick to the expected schedule, results will be maximised.

In healthcare, cycles are more complex. Some cycles fit fairly well into seasonal patterns: colds, influenza and pneumonia are typical of late autumn and winter; gastroenteritis is more common at the onset of the warmer season. We have been taught that strokes tended to cluster around the spring equinox, although there may be no hard data to prove this, but certain forms of depression certainly do get worse during the darker winter months. Humans in urban areas have created their own special weather in homes, buildings and automobiles, through heating and air conditioning, so the transitions between seasons become blurred, at least to soften their impact on health. In spite of this, it's not easy do identify typical cycles in the health of humans as we find in plants, but we still try to plan the care of our bodies in some regular pattern. For example, take the annual physical examination or check up. There's no hard evidence that the one-size-fits-all physical every year is beneficial to one's future health, but custom-made, tailor-fitted regular evaluations adjusted to identified risk factors may make a lot more sense.

During these workups, we identify risks or diseases that we *prune*, through medication or even surgery in the case of a mole, a gallstone or an asymptomatic tumour; we *repair* or replace those parts which have fallen apart like hernias and arthritic hips; we *fertilise* our metabolism with vitamins, minerals and supplements and finally we'll make (or fail) a commitment to change our habits and adopt a healthy lifestyle.

However, the results of our efforts, both by patients and their clinicians, are far from being predictable as in our garden. In fact, there probably are no cycles at all within the single one of a lifespan and that we are simply extrapolating nature's laws into our biology. Our natural tendency to explain things in a linear causeeffect fashion may work well with our flowers, trees and lawns, but not with our health. We have no true available repair parts and missing limbs and organs don't grow where they've disappeared. We have only one spring, and if we want it to last long enough to delay the coming of our inevitable final winter, healthcare is only part of the solution. The remainder, or maybe the greater part, resides within us: we must live our lives fully and with meaning, as if it were spring, plus taking the best care of ourselves, because no winter pruning will give us our spring back.



Obituaries

We regret to inform you that Nelly Frances Campbell passed away on July 16th. Our thoughts go to her family and friends.





Future Events

Saturday 7th September

- ► Senior Caledonian Ball, 21:30 hrs. at the Club De Golf.
- ▶ 5th South American Pipe Band Gathering, 12:00 hrs. at St. Andrew's Scots School, Lasalle 2133, Beccar, Buenos Aires.

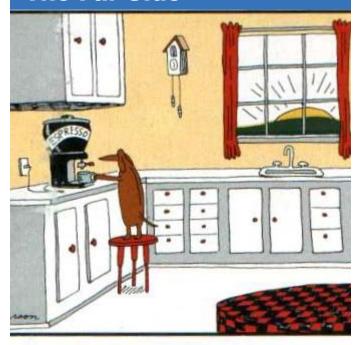
Friday 29th November

St. Andrew's Society Dinner.



The Far Side

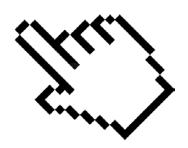
by Gary Larson



While their owners sleep, nervous little dog prepare for their day.

Link Of The Month

Bet you can't get your dog to do this! http://www.youtube.com/watch?v=dv_gOBi8Wpk



The Society At A Glance

Executive Committee



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