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## Coming Events

- ▶ **Friday 6<sup>th</sup> April**
  - ▶ Good Friday Service, 12:00 hrs. at Holy Trinity Cathedral.
- ▶ **Sunday 8<sup>th</sup> April**
  - ▶ Easter Services, 10:00 hrs. at Holy Trinity Cathedral and Christ Church.
- ▶ **Thursday 12<sup>th</sup> April**
  - ▶ The British Hospital Guild Annual General Meeting, 15:00 hrs. at the Conference room, 3rd floor of the Políclínicas Building at The British Hospital.
- ▶ **Wednesday 18<sup>th</sup> April**
  - ▶ The British Society Annual General Meeting, 19:00 hrs. at The British Schools.
- ▶ **Saturday 21<sup>st</sup> April**
  - ▶ The British Society 5-a-side Football Tournament, 14:00 hrs. at Fútbol Cinco Estrellas (Av. de las Américas 6000).
- ▶ **Friday 27<sup>th</sup> April**
  - ▶ Women's Diocesan Association Bridge Tea, 14:30 hrs. at Christ Church.
- ▶ **Sunday 29<sup>th</sup> April**
  - ▶ St. Andrew's Family Day Picnic, noon, at the Montevideo Cricket Club.





## President's Blurb

Dear members

Our first Society event of the year was a delightful change to our lecture-supper format cycle, featuring Chris Anderton and Sheila Grant (two young actors from London's West End) plus Hugo Halbrich (from Buenos Aires) and our own Jonathan Lamb, who entertained those present with songs and routines, mostly from the repertoire of "The Feather Pillow". You can look forward to our next lecture-supper in May.

This month will see us through our first-ever inter-institutional 5-aside football tournament and our 95th Annual General Meeting (AGM), two events as different as can be. Nevertheless, we hope to have a high attendance at both.

Though sports are not our Society's top concern, we have turned to the most popular of games as part of our effort to attract the younger crowd to Society events. Mark Teuten, our Spotmaster General, will be in charge of the fixture which will pit our member institutions against each other to see which is best when it comes to kicking a ball (see more about this in Sports News).

The British Hospital's trial running of The British Society's Sir Winston Churchill Home for the elderly has continued successfully over the last month. Successive meetings between The British Society executive committee and the British Hospital board regarding the Home have resulted in a way forward which we are sure is the best possible available option for the future of the Home and we hope will be to the satisfaction of all. The British Society will be putting the issue to the consideration of its members at our AGM later this month, since a formal handover of the running of the Home to the British Hospital requires a slight amendment of our Society statutes which needs to be approved by a majority of two-thirds of members. Since we think the Home is an issue which concerns all the British community, we look forward to your attendance and active participation at the AGM.

Our new British Society website is now up and running in its trial phase at [www.britsoc.org.uy](http://www.britsoc.org.uy). Though there is still much work to be done, we encourage you to take a sneak peek and give us your opinion regarding the format and content.

## Sir Winston Churchill Home News

Tea time is always special at our Sir Winston Churchill Home and our picture of the month shows Betty Machado enjoying her tea at 'Lavender'. Victor and Elaine Dee with their daughter Maureen were our guests and Minna and Ruth Morton also enjoyed the outing.



More recently Joanna Mullee arranged for a Residence Tea to be brought to the Home so that all our residents could enjoy her company and creative cooking. Thank You!

Our grateful thanks also to Monica Prime for donating a CD/Cassette Player to the SWCH in memory of David

who worked tirelessly for the Home and Benevolent Fund.

A less noticeable aspect of the work of the SWCH Committee is the Benevolent Fund which is supporting 7 families. Thanks to Ian Dickin and more recently Maureen Pereira, the updating of all our files on Benevolent Fund recipients is coming to a conclusion.

Eugenia passed away peacefully and we are grateful to Dr. Villar, Lupe and all the staff and residents of the SWCH for the excellent caring attention given.

We are always looking for help and support either on our Committee or contributing to the social activities of the Home, so please let us know if you are available.

Thank you and Happy Easter to you all from your Committee and Residents.



## Nominations for Honorary Members

The British Society Executive Committee invites Active Members to propose individuals for Honorary Membership based on the following criteria:

1. Nominee must be an Active Member of the Society, but not necessarily a British passport holder.
2. Nominee will have made an outstanding contribution to Community life over a long period of time, aside from office holding.
3. Nominee will have acted unofficially, or informally, to support the community. These acts must be described in detail on a Nomination Form.

The Executive Committee will review the nominations and present acceptable ones to the Society for approval at the Annual General Meeting.

Please remember not to tell the individual nominated that his/her name has been put forward. This is to avoid embarrassment if the nominee is not accepted.

Nomination Forms and the detailed Procedures and Criteria may be requested from any Executive Committee member or by e-mailing a request to [BritSoc@gmail.com](mailto:BritSoc@gmail.com).

Nominations must be returned to an Executive Committee member or [BritSoc@gmail.com](mailto:BritSoc@gmail.com) no later than 8 April 2012.

## Royal British Legion News

It is sad to report that, after more than 90 years, the Uruguayan Branch of the Legion has had to close down. The Branch was unable to meet certain bureaucratic requirements imposed by UK. It is little consolation but we understand that the Legion Branches in Argentina and Chile have suffered a similar fate.

The main events in the RBL calendar i.e. the Field of Remembrance Service on 11 November, the service at Holy Trinity on Remembrance Sunday and the Poppy Appeal will continue to take place but under the auspices of the Embassy and FCO.

The local ex-Legionnaires have decided to continue the worthy cause of raising funds to help servicemen and women in financial need and have formed a local, independent and informal group of friends called "The Allies". It will undertake the same fund-raising activities as The Royal British Legion, which we will continue to support, but will widen the scope to include ex-

servicemen not only in the UK but in other Allied nations too. Our RBL membership was multi-national and the idea is to raise funds for all the countries represented in the membership of the "Allies", supporting a different country each year.

"The Allies" will have no running expenses and events will be self-financing via the sale of tickets, to cover the cost of social events which we plan to organize. We are therefore offering free life membership to all ex-Legionnaires in this new undertaking. We have over 20 members so far and hope to increase this to cover all the ex-members of the Legion, and others. Our aim is to enroll 50 members. Please support us in this worthy cause and join us by contacting our membership secretary, Christopher Pool (e-mail: [cpool@netgate.com.uy](mailto:cpool@netgate.com.uy) or tel: 27114491).

Fedor Jaugust – President "The Allies".

## Hospital Guild News

The British Hospital Guild will be holding its Annual General Meeting on Thursday 12th April at 3pm in the Conference Room at the 3rd Floor of the Policlinica Building. Our Report will be followed by a talk given by Mr. Chris Pool, President of the British Hospital Board of Governors, after which tea will be served. We look forward to seeing you there.



## British Embassy News

Follow us on [Facebook](#)  
and keep in the loop!

### British Actors in Uruguay: Chris Anderton and Sheila Grant

The Embassy was pleased to co-sponsor the visit of the young British actors appearing in Jonathan Lamb's production "The Feather Pillow". The actors also gave workshops for pupils at the Escuela Gran Bretaña and the Anglo School. They appeared live on Channel 12 and their busy programme included tea in the Residence.



### English Language For Young Footballers

The Embassy awarded scholarships to over 40 young footballers to attend summer courses at the Anglo Institute. This supports Uruguay's "Gol al Futuro" project which aims to keep the young players involved in education and training. The kids worked hard in their English course and the Ambassador presented them with their Anglo certificates at a special sports event in the Residence.



### Dr. Jorge C. Stanham, MBE

On behalf of Her Majesty the Queen, the Ambassador has presented the MBE to Dr George Stanham, Chief Medical Adviser at the British Hospital. The Queen awarded the honour for Dr Stanham's outstanding service to the British Community and Falkland Islanders. Dr Stanham's family attended the ceremony at the Residence including his father, Dr Jorge E. Stanham, who proudly wore his own medal for the occasion.



### New British Ambassador Announced

Mr Ben Lyster-Binns has been appointed Her Majesty's Ambassador to Uruguay. He will take up his appointment at the end of July, accompanied by his wife Belinda. Meanwhile Patrick and Joanna have been posted to...(continued next month)

More news on our [website](#) and [Facebook](#) pages



## Anglo News



ANGLO

### Comienzo de actividades 2012

Departamento de Capacitación Docente:

# NUEVOS CURSOS DE PERFECCIONAMIENTO DOCENTE

#### METHODOLOGY

- Anglo Diploma in TEFL - TTC
- Anglo Certificate in the Theory of TEFL - ACT
- Anglo Certificate in the Theory and Practice of TEFL - ACTP - NEW!!!
- Teaching Knowledge Test: Core Modules
- Teaching Knowledge Test: Core Modules - Online
- Teaching Knowledge Test: Practical
- Teaching Knowledge Test: Knowledge About Language (TKT - KAL)
- Teaching Knowledge Test: Content and Language Integrated Learning (TKT - CLIL)
- Very Young Learners Course (VYL)
- Certificate for Teachers in Bilingual Education (CTBE)
- Teaching English for the World of Work (TEWW)
- DELTA Module 1
- DELTA Module 3

#### LANGUAGE

- English Literature Course
- Cultural Background to Britain
- English through Cinema
- English Pronunciation Course
- Post-Proficiency Course
- Conversation Advanced



## Anglo News



ANGLO



UNIVERSITY of CAMBRIDGE  
ESOL Examinations

Authorised Platinum Centre

We are glad to announce that the *Instituto Cultural Anglo-Uruguayo* has recently become one of our four Authorized Platinum Centres for Cambridge English Exams in Latin America.

This prestigious designation has been awarded in recognition of their sustained work in the administration of exams over the past 64 years, and for their significant support towards the growth of the Cambridge ESOL community in Uruguay.

*Instituto Cultural Anglo-Uruguayo* is a key player that offers a wide range of examinations and exam dates along the country, making our international certifications more accessible to candidates of all ages throughout the year.

We extend our heartfelt congratulations to *Instituto Cultural Anglo-Uruguayo*, Platinum Authorized Centre, in this new stage and look forward to continuing our successful relationship for many years to come.

Litty Mora  
Development Manager, Argentina, Chile & Uruguay

## Club De Lunch News

El próximo almuerzo del Club Lunch Uruguayo Británico se llevará a cabo el día miércoles 11 de abril a las 12:15. en el hotel NH Columbia.

En esta ocasión el Expositor Invitado será el Ing. Agr. José Bonica, quien disertara sobre “El Campo y la Sociedad”, exponiendo cual es la performance del resto de la sociedad según la performance del campo”

José Bonica, de 57 años, esta casado y tiene 3 hijos.

Curso Primaria en el Escuela No. 8 de Paysandú y Secundaria en The British Schools. Se graduó de Ingeniero Agrónomo (1980) orientación agrícola-

ganadera, Facultad de Agronomía, Universidad de la República.

Se ha desempeñado principalmente dirigiendo y administrando establecimientos agropecuarios, tanto arrocero-ganaderos y ganaderos en Treinta y Tres como agrícola-ganaderos en Paysandú. Fue asesor CREA. Es miembro de la Junta de Riego en la cuenca de la Laguna Merín. Ha actuado en la Sociedad Criadores de Hereford por varios años, de la que fue Presidente. Integro la Junta Directiva de INIA.

Actualmente es el presidente de la Asociación Rural del Uruguay.



## British Cemetery News

Today we had a visit from Ian and Oscar MacDonald from Elgin, Scotland. Oscar is the Great Grandson of James Fraser, who was the General Manager of the Montevideo Waterworks.



A few months ago Oscar contacted the Cemetery as a result of seeing a photo on the webpage “find a grave” of his Great Grandfather’s gravestone. About two years ago we started photographing all of the tombs in the British Cemetery as a way of recording them in their present state. More than half of them have already been processed and we hope that by the end of this year this task will be completed.

James came to Montevideo at the beginning of last century to work in this company but unfortunately passed away some years later. His widow and family returned to Scotland, and they had no contact with Montevideo until recently.

Ian and Oscar only spent a few hours in Montevideo and were delighted to see at first hand the Cemetery, Holy Trinity Church, the Waterworks Office (now the Discount Bank near Plaza Zabala), the Gas Company Building, etc.

More than anything they were fascinated to learn more about the British Community in the first half of the 20th century, and how much their forefather gave to the community during his time here. During their brief visit to the Cemetery we were looking at the recently “rediscovered” minute books of the “Victoria Halls Society” where James Fraser figures as honorary treasurer.

There must be many family stories yet to be made more public. This newsletter could be one way of letting the younger generations know more about the personalities that played a role in our society in the not so distant past.

Last spring we planted five large beds of floribunda roses near the entrance. Fortunately they have flourished and are still flowering strongly. We invite you to pass by and enjoy their blossom before autumn sets in.

## St. Andrew's Society News



Sunday APRIL 29th

Families get together at the  
MONTEVIDEO CRICKET CLUB  
for the annual

**St ANDREW'S FAMILY  
DAY PICNIC**

The committee provides the hamburgers and attendees bring delicious side dishes to share. There are lots of games for all ages, and the sound of laughter and music

For more details  
[standrewssocietyofuruguay@gmail.com](mailto:standrewssocietyofuruguay@gmail.com)

Group:  
St. Andrew's Society of Uruguay



Aeropuerto  
Internacional  
de Carrasco





## Women's Diocesan Association News

The next W.D.A. Bridge Tea will take place on April 27th, 2:30 p.m. at Christ Church.  
For table reservations, please phone Joan Lucas-Calcraft at tel. 26001836.

### Featured Article

by Verónica Psetizki  
veronica.psetizki@fco.gov.uk

## How British veterans feel, 30 years later: A story from the Falkland Islands

As part of a regional public diplomacy initiative, the Falkland Islands government invited journalists from Channel 4, Channel 12, and Radio Oceano FM to visit and report on their impressions of the Islands. They had the chance to interview two British Veterans at Liberty Lodge, a house built in Stanley to accommodate those veterans who come to the Islands in search of closure. Steve Kelly is a Welsh veteran who was in the Islands for the second time last March. Gary Clement has been living in the Falklands for the past 21 years and is the Lodge's Manager.

Gary:

Local people are very warm and welcoming to any veteran that comes to the islands. They are very grateful and they understand that what they have today is because what happened 30 years ago.

-When you see the development that the islands have gained, do you think it was worth it?

It was definitely worth it because this is just a little part of Britain. The people who live here are here because their families have come to this land nearly 200 years ago, so it's definitely worth it.

-How does a veteran feel when he comes to the Islands?

Relieved, in a lot of cases. A lot of people feel that they've come here to do a job and they see how much has improved and how things have got better because of what they've done. Most veterans, while they served here, didn't know what the islands were except for the brief time that they came to Stanley and saw the mess, and that's not how the Falklands are at all. People here live very proudly, in very nice houses, they look

after their gardens, but then it didn't look like that and people are quite shocked. The other thing that people are surprised is by how big the islands are; a lot of them thought they were much smaller.

Steve:

I've enjoyed my time coming back here. I first came back in 2011 after 29 years, and had many ghosts to lay to rest because I've lost a lot of friends. It's been good to come back and meet friends, and get to know the islanders because during the conflict we never really had the chance to interact with them. Coming back, greeting islanders who were here during the conflict, the gratitude they have for us as veterans is absolutely amazing. Even to this day, the younger Islanders that go out in the evening for a drink, they always come up to us and thank us. They can't do enough for us. It's been really an eye opener on why it all happened. The islanders, their whole way of life is British and that's how they want to be. And for us coming back and meeting them is just wonderful.





## Lamb Chops

by Jonathan Lamb  
vozinglesa@gmail.com

Phew! All over for a few months. Some high points from actorstouruguay year 4: Sheila's scream, Chris's enthusiasm, Hugo's voice, Jack's refusal to be beaten by a stomach bug, Ian's chairs, Maria's Pentagram, Agustin's shotgun, Jorge's bicho, the kids at both workshops, the hosts' hospitality, the Embassy's sponsorship and the Anglo's constant support. This was not an easy show, either to watch or to do – 32 sound tracks, 5 shadow sequences, 4 candles and one repugnant writer (Quiroga, that is) but apart from a single hate mail the feedback was 80% reasonable and positive. The other 20% didn't like the use of narration (which is what this play is about) or the mix of comedy and tragedy (which is surely what life is about) or the ending, in which they had an entirely valid point. The forgiveness-and-light séance was actually Ending D: Ending A had a vase smashing to the floor after 'Kumbaya' (the vase bounced), Ending B finished with the last words of the story 'The Feather Pillow' (the version that would be used if this were turned into a 45-minute presentation for schools), and Ending C had Quiroga's characters turn on him and chase him off the stage. Ending C would have been a lot more fun, but the four candles won the day. Then they wouldn't light. Never work with children, animals or fork handles.



A high point of the whole stay was the workshop at Escuela Gran Bretaña. Great kids, great teachers, few resources. Nice old building but one portaloo. Chris played football with a throng of boys, and Sheila did singing and dancing with the girls, then both of them sang. The kids couldn't believe that a football player could make a noise like that. Afterwards both visitors signed a million autographs.

Feedback from one local resident: 'I hadn't realized that Jack Sprigings was such a good actor'. Clearly a candidate for membership of the Montevideo Players: \$1200 if you pay before 30 April, and loads of benefits such as the chance to throw rotten tomatoes at Jack. There's a young new Committee fizzing with ideas. With luck they'll revive The 39 Steps one of these days – good Lord, they're reviving The 39 Steps! Last weekend in April and first in May.

Quick-witted reply of the month, from Hugo the porteño to Chris the runner. Chris: 'Can I run in Buenos Aires?' Hugo: 'No. They'll think you've stolen something.' It turned out that while running near Birmingham, Chris had been followed by a police helicopter.

Something you don't want in the middle of a complicated run is for the apartment block in which you're staying to be threatened with closure on health and safety grounds, after the ceiling collapses in another apartment (below). On the last night of the show the Intendencia sent an operative round to test for structural faults in the whole building. He was a very nice man and he brought with him a high-tech ceiling-plaster fault-detection device, namely a broomstick. The broomstick revealed that the plaster in our kitchen ceiling has a blister 20cm wide, so the question now is whether the sky will fall on our heads before we leave in 6 weeks' time. Watch this roof space. Meanwhile thanks to all who helped with the show. Next year, if sponsors can be found, maybe it will be time for something safe, period and cheerful.





## Back In Time

by Tony Beckwith  
tony@tonybeckwith.com

### Riding The Buses

Sunday afternoons in Montevideo were quiet. Especially on those dark, rainy ones when there weren't even any people standing in doorways. Sometimes, for a few hours, my brother and I joined forces with the Randall boys and the four of us spent hours riding city buses to the end of the line.

This was a bold and exciting adventure for Christopher and me. I was about eleven; he was a year older. We lived in a community of English-speaking foreigners and never strayed far from that world. But the Randalls had recently arrived from England and were much more street-wise than we local boys. They were thousands of miles from their home, so another few kilometres on an empty bus wasn't a worry to them at all. I admired their worldliness: that's how I wanted to be, more than anything.

Montevideo in the mid-1950s was a place where foreign boys—"ingleses"—could disappear into the belly of the city and return unharmed. We caught a bus in Pocitos by the beach, about ten miles from downtown. During the week this was a busy commuter route, but on Sundays public transport ran almost empty. I loved the open-backed buses, those fabulous old wrecks with the engine in the nose jutting out in front. Battered and abused rattletraps, painted battleship grey with a red stripe along the side, endowed with nightmarish exhausts. The conductors wore a grey uniform and a military-looking hat with a hard black visor. They weren't interested in watching over us. They stood with one foot on the bottom step in the well of the forward exit door, chatting to the driver through a window at the front of the bus.

We sat in all the seats, swung from the overhead handrails like monkeys, stood on the platform at the back of the bus, and sat facing each other on the "silly seats" just inside the open door. Our clothes smelled of the damp air. John's glasses fogged up. They were round, and seemed to be just wire and a couple of lenses. They were too small for him. "Issued by the bloody National Health," said Ian contemptuously. I wished I could have said that.

Sometimes, when it was just us on the bus, the driver turned off the inside lights. The grey afternoon then came spilling in through the windows, surrounding

us like floodwaters as we trundled through the empty streets, unprotected by our cocoon of light. We peered out at the wet walls and shiny black cobblestones, the mysterious streets and the tram rails glistening into the distance.

At one stage, jumping on and off the bus while it was still moving was a rite of passage for our little band of boys. During the week we watched the canillitas—newsboys carrying huge bundles of newspapers under their arms—swinging gracefully on and off the speeding buses in the wild downtown traffic. We were awed and envious. It wasn't that hard or dangerous once you got the hang of it (every mother will disagree), although it's probably a miracle that none of us was killed. But you didn't want to get too bold. You had to hit the ground running and then keep running as fast as your little legs could carry you because if you didn't you'd fall flat on your face. During that terrifying headlong moment you knew that you were utterly alone and there was nobody to help you; you were racing against yourself, completely on your own. In earlier years, while still too young to take our place on the back platform, we revered the older brothers, veterans of countless flying leaps. If some wretched schoolyard bully ever picked on us, we'd threaten him by saying, "You'd better watch out or I'll call my brother—and he jumps off the bus while it's still moving!"

The Randall brothers were both excellent jumpers, and from time to time we'd all abandon the bus-of-the-moment and leap from the back steps. This was called "parachuting in behind enemy lines." Once we'd all reassembled after the jump, we'd look for a place to buy some gum or a Coke. Shopping on "foreign soil" was a way of taking possession. Establishing a beachhead. Marking out a territory. We had all grown up on a diet of British war movies, and our fantasy world included a deep affinity for the gallant soldier's way of life.

Then we'd take another bus and ride it to the end of the line, down near the port in the old part of the city. We'd sit on a bench in the small park across from a newspaper office, sharing our candy and reading headlines about international events that flashed from a reader board over the door. I felt worldlier there, and the gum always tasted better in that part of town.

## Arts & Culture

by Alice Tourn  
aytourn@gmail.com

### Selkirk Or Crusoe?

As most of you may know, the animated feature “Selkirk”, a success among the younger crowd of cinemagoers, was released In February 2012. What many do not know is that the production is a creation of Uruguayan animator and director Walter Tournier.

Famously shy, Tournier keeps a singularly low profile, though the brain behind “Selkirk” is the biggest film animator in the region. This is by no means his first animated feature; he has been producing animations as far back as 1983’s *Nuestro Pequeño Paraíso* (the tale of a man who lives in a world of TV and turns his back on reality).

“Selkirk” is based on the adventures of Alexander Selkirk, the real life character that inspired Daniel Defoe’s fictional character Robinson Crusoe. Selkirk was an English sailor who lived more than four years as a castaway on the remote island of Juan Fernandez off the coast of Chile, and his tale became the model for the first part of *The Adventures of Robinson Crusoe*.

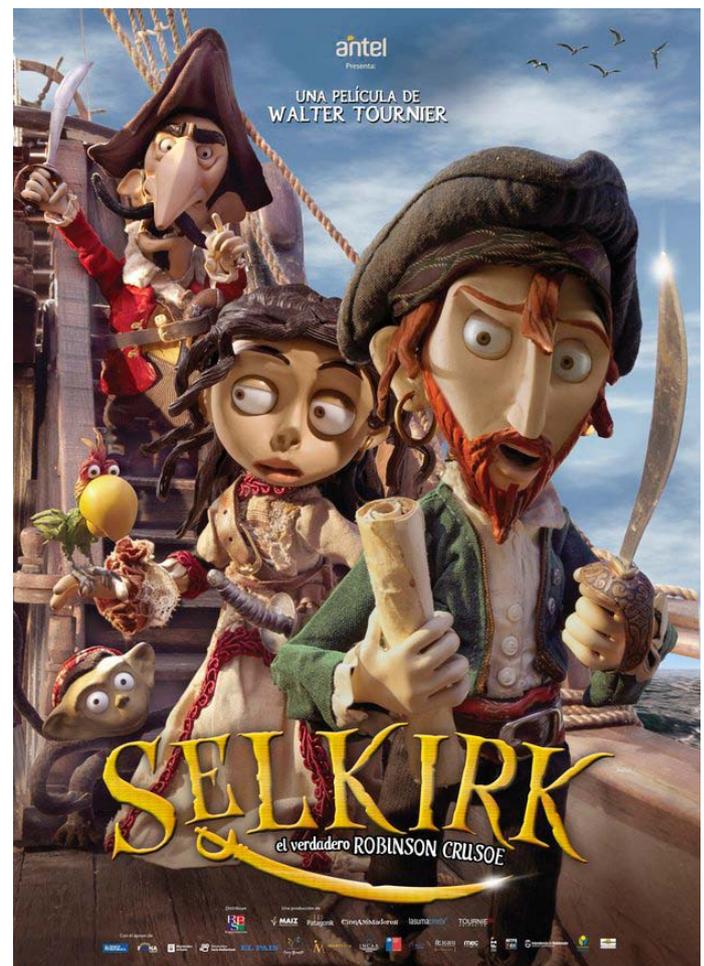
The animation’s plot presents Selkirk, as a rebellious and selfish pirate who is the pilot of the *Hope*, an English galleon sailing the South Seas in search of treasure. In the absence of enemy ships, the pirates turn to gambling and soon Selkirk has won the entire present and future savings of the rest, which earns him the enmity of the crew and especially of Captain Bullock, who decides to leave him on a desert island. There the pirate must bury his ambitions and desire for revenge and learns a new way of seeing the world.

The animated feature, whose pre-production began early in 2011, combines stop motion (frame by frame) animation with 3D landscape scenes and computerised special effects. It is a co-production of Tournier Animation (see <http://www.tournieranimation.com>), Argentina’s Maíz Producciones (who have produced a number of films as well as animations such as “Martín Fierro,

the movie”) and Chilean Cineanimadores (responsible, among others, for “Ogú and Mampato in Rapa Nui”, a story about a young boy with a belt device that allows time-travel who goes to pre-Columbian Rapa Nui and discovers the ancient traditions of the natives).

Tournier has said he and his team undertook this production “with love” and he wants “Uruguayan children to know that good quality animations for them can be made here”; though admittedly children are not used to seeing animated features produced in Uruguay, he is sure this is beginning to change.

The film is entertaining and well paced; a good watch for all the family.





### There's nothing after this...

I usually walk and bus myself to work and the few occasional home visits I pay to my homebound elderly or debilitated patients. Avoiding driving and parking has added to my stress control more than any other routine. Walking makes me think more about the nature of my work, my patients' ailments and how this relates to our overall life experiences.

I was walking from the bus stop for about four blocks to see a patient of mine, with advanced metastatic cancer which had spread to the chest, the brain and other organs. We'd been dealing with the diagnosis for the last four years and nothing short of surgery, chemotherapy, radiotherapy, painkillers of high potency or home oxygen had been spared. Over the course of the illness, my patient had shown stamina, resiliency, a surprising capacity to suffer and tolerate all symptoms and treatment attempts with the attending side effects, to make the disease controllable. I rang the doorbell and walked to the lift, at the same time recalling words that my patient had said previously, which reverberated in my thoughts.

It is my custom to accompany patients to key consultations with specialists. About a year earlier, we were together with the oncologist, deciding on treatment options, when my patient said: *"I'd rather do anything to keep living, because I'm convinced that there's nothing after this. Once we're dead, it's all over, there's simply nothing. I don't believe in an afterlife; all that exists is here, as we are living it."*

I entered the apartment and met my patient in the bedroom. The disease had taken its toll since the last time we had met, about a week earlier. I did a physical examination and sat down, our eyes facing each other. My patient was fully conscious of the disease's progression and that the inevitable outcome was but a few weeks away, at best. I was concerned about any significant symptoms that may need prompt attention

and maybe hospitalization and asked: *"What is it that worries you most at this time: pain, shortness of breath, weakness, medication side effects?"* The patient's answer was short and apparently disconcerting: *"Nothing."* I was a bit surprised by the answer, since it was obvious that there were at least a few symptoms that were needing and receiving treatment at that time, but the patient continued: *"I fear 'nothing'. I fear that I am headed for nothing. That all I am will disappear and that the more than twenty years that I would have had to live have disappeared."*

Suddenly, I became aware of the fact that the patient was afraid of nothingness: the basic underlying reason for anxiety in humans. Most of us probably are not aware of this, but when faced with disease, physical or mental limitation or disability, of oneself or of significant others, the fact that what *is* may *not be* is one of the most distressing situations or awakening experiences. Many of us have a religious background, that gives us hope that this is not all that exists, but it is, nevertheless, hope and faith: never certainty. When confronted by a patient with these concerns, it is important to listen, rather than to counsel, with the risk of imposing our thoughts, beliefs and reassurances. Verbalization of the patient's feelings in this context faces us against our beliefs and certainties and may even make us question them.

So I listened for many minutes and did the same in the successive visits while the patient's disease progressed. One day I asked the patient: *"You have taught me a great deal about the meaning of life and how this meaning is strengthened when faced with nothingness. Will you let me write about what I have learned from you?"* The patient smiled and agreed, telling me that that would provide reassurance that it is possible to exist by rippling through others, extending one's presence into the future.



## Golfers Drive Off To The Interior

An exclusive group of British Society Members recently headed into the interior to play golf at the Fray Bentos Golf Club.

The high level delegation was led by Ambassador Patrick Mullee and the full weight of British diplomacy was put behind the effort to win the Ambassador's Cup, which he himself had donated. However it was not to be and inevitably one of the locals won. At least he had an appropriate name however- Carlos Stirling. The club welcomed us with open arms and lots of milanesas. We all had a good time despite the golf and all we would hope is that Fray Bentos could at least organize itself to have one half decent restaurant. This Newsletter's own food correspondent, who also regularly appears on these pages winning golf and croquet tournaments, was not impressed. In fact he was sick for several days afterwards.



## Football 5 a Side

As announced in last month's Newsletter we are organizing a football tournament on Saturday 21st of April from 2pm - 6pm. So far only a few member Societies have signed up which is disappointing, but hopefully more will come forward soon and we will have a tournament to rival the World Cup itself for gamesmanship, if not skill.

Spectators are encouraged, but no hooligans, please. There should be some food and drinks at the end for all, as long as enough teams have signed up. See you there!!

For more details please contact me at [mteuten@teutenabogados.com](mailto:mteuten@teutenabogados.com)

## Olympic Countdown

Almost down to the last 100 days before the second biggest sporting event in the world kicks off and rumour has it that tickets are still available for sailing at Weymouth. Face value of the ticket is 20 pounds, but apparently they are being resold on e-bay for a tenner! Neither love nor money however will get you into the 100 metres final. What you do need is luck and that is what Andrew Cowley had in the recent lucky draw. Look out for him as Mr. Bolt goes flying by.

## Bunny Jokes...

What's the difference between a counterfeit dollar bill and a crazy rabbit?

One is bad money, the other is a mad bunny!

How do you know carrots are good for your eyes?

Have you ever seen a rabbit wearing glasses?

What did the rabbit say to the carrot?

It's been nice gnawing you!

How does the Easter Bunny keep his fur neat?

With a hare brush!

Why did the Easter Bunny cross the road?

To prove he wasn't chicken!



# Crossword Puzzle

By **LEONARD THANE**

**#15**

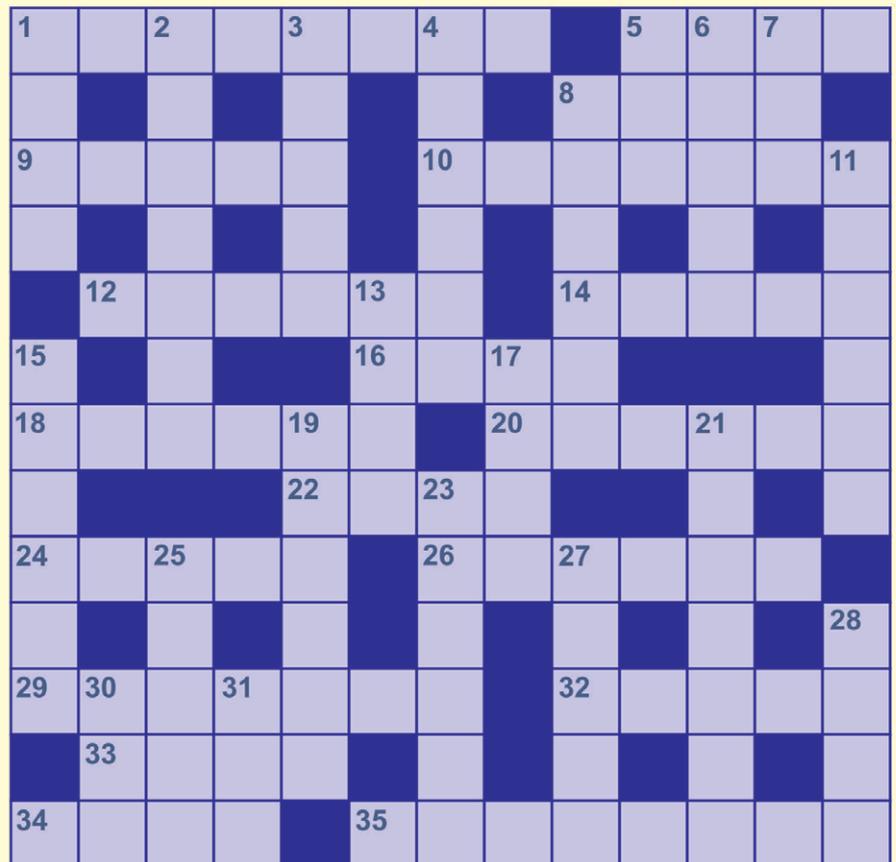
# CROSSWORD PUZZLE

## Across

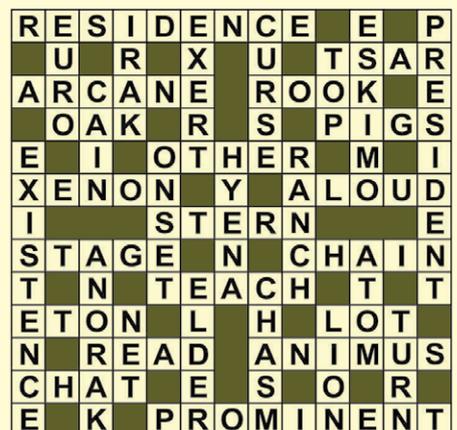
- 1) Primitive wind instrument.
- 5) Woodwind instrument.
- 8) Radiance that emanates from the body and some persons claim they can see.
- 9) Greek slave who wrote fables.
- 10) To bear witness.
- 12) Fanatic.
- 14) Abnormal accumulation of fluid in the body.
- 16) Waist-length sleeveless garment.
- 18) Revolve, gyrate.
- 20) Lightweight, short-sleeved pullover garment.
- 22) Military forces, exclusive of the navy.
- 24) The game bishops play?
- 26) Low shoe laced over the instep.
- 29) Feelings of remorse, loss or disappointment.
- 32) Lift up.
- 33) To have (clothes) on.
- 34) Disease-producing microbe.
- 35) Meaningless or deceptive language; humbug.

## Down

- 1) Baby carriage.
- 2) Beginning to exist.
- 3) Drive, urge forward.
- 4) A piece of landed property.
- 5) Away from home.
- 6) Newly married woman.
- 7) Idiot, stupid person.
- 8) Total resources of a person or business.
- 11) Resembling yeast.
- 13) Part of a cricket game.
- 15) Neighbourhood store owner.
- 17) River between Earth and Hades.
- 19) Degustator.
- 21) King Arthur's mother.
- 23) Small portion of food.
- 25) Anxious.
- 27) Roman marketplace.
- 28) Conscription of troops.
- 30) Lamb's mother.
- 31) Lamb's father.



## Crossword # 14





## Chef In Residence

by Joanna Mullee  
joannamullee@hotmail.com

### Barbados Macaroni Pie

Traditionally served as an accompaniment to stew at lunch time, 'Pie' is also good on its own or served with a salad.

#### Ingredients:

- 200g cooked macaroni
- 4 Tbsp butter
- 4 Tbsp flour
- 1 Onion (finely chopped)
- 2 eggs beaten
- 3-4 cups of milk
- Dash of tabasco or 2 finely chopped chillies.
- 1/2 cup grated cheddar cheese (semi duro Farming)
- 1/2 a green pepper chopped into small dice
- 1/2 a red pepper chopped into small dice
- 1/4 cup ketchup
- 1/4 cup peas
- 1/4 cup corn
- Extra 1/2 cup grated cheese (cheddar type)

#### Preparation:

1. Heat the butter in a saucepan, add the flour and cook for 1 minute.
2. Add onion and milk stirring continuously until thick (should be a heavy cream consistency so add more milk if needed).
3. Cool slightly then add egg, salt & pepper to taste, dash of tabasco and cheese, peppers, ketchup, peas and corn. Mix thoroughly then Mix together with the cooked macaroni.
4. Pour into buttered casserole dish/pyrex dish, top with lots of extra grated cheese and bake in the oven for 30-40 minutes at 160C or until golden on top.

Serve hot on its own or with a lovely fresh green and tomato salad. Serves 4-6.

It is good cold too!

A smoked pork chop can be diced into 1cm cubes and added to the mix before cooking.

## Restaurant Of The Month

by Tim Plaehn  
timnanel@gmail.com

### One Love

There is a growing restaurant and nightlife scene happening in the northern part of Punta Carretas. One of the relatively new restaurants in the area is One Love, located on J.M. Montero a block east of Blvd. Artigas.

The decor of One Love is a combination of old fashioned and modern. The exterior walls are glass on two sides. The remaining walls are covered with pages and photos from Rolling Stone magazine. The tables, chairs and furnishings are of a classic, old fashioned style. The food can also be viewed as a combination of traditional Uruguayan main dishes – beef, fish, seafood – put together with a continental flair.

The short menu features a tempting list of appetizers followed by the entree list and a selection of desserts. An entree consists of the focus item, such as fish or meat cut, matched with a side dish and small salad on the plate. For example, the pork choice is a lomo de cerdo – perfectly cooked – with medallions of sweet potato and a mixed green salad with dressing. A sauce

unique to each plate on the menu provides an extra dose of flavour to the meal.

One Love will appeal to those looking for a restaurant where the chef brings something extra to each dish, making the restaurant's offerings quite different from the typical Montevideo fare. The establishment is growing in popularity, so reservations are recommended for Friday and Saturday.

Entree prices range from \$280 to \$400 pesos. The wine list is adequate with choices from several Argentine wineries.

One Love is located at J.M. Montero 2683, on the northeast side of the triangular plaza where Williman meets Montero. Find the restaurant by turning southwest on Williman off 21 de Septiembre or turn east off Artigas on Zuñiga.

Telephone: 2 710 1371 / 095 140 391



## Future Events

- ▶ **Wednesday 16<sup>th</sup> May**
- ▶ British Society Lecture Supper.

## Link Of The Month

Quite ingenious!

<http://www.oddcast.com/home/demos/tts/frameset.php?frame1=talk>



## The Far Side

by Gary Larson



"Matthews ... we're getting another one of those strange 'aw blah es span yoi' sounds."

## The Society At A Glance

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