



BSU
Annual General Meeting

SWCH
Joan Daphne
Lucas-Calcraft

Bits and Pieces
My Part in the Pinault
Forgery Affair

Medical Column
ChatGPT, my assistant



CONTENTS

	Page
■ President's Words	3
■ This Month's Cover	4
■ Letter from the Editor	5
■ Member News	6
■ Upcoming Events	7
■ Coronation Toast.....	8
■ AGM 2023	9
■ SWCH	10
■ British Embassy	13
■ Anglican Church.....	15
■ Anglo Institute.....	16
■ British HOSPITAL	19
■ Christ Church	20
■ Club Uruguayo Británico	21
■ Hospital Guild.....	22
■ Montevideo Players	23
■ Dickens Institute	24
■ Back in Time.....	27
■ Back to the Future	28
■ Bits and Pieces	29
■ Era Britons.....	30
■ Literature Matters	31
■ Medical Column	32
■ Oceanids.....	34
■ Oceanids.....	35
■ Chef Phillip's Corner	36
■ Lamb Chops	37
■ Speedy Crossword Time.....	38
■ Kids' Place	39
■ May Dates in British Culture	40
■ British Culture	41
■ Back Cover	42

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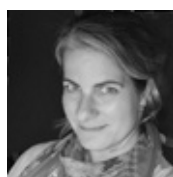
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BSU CONTACT NEWSLETTER

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Montevideo, Uruguay



Dear Members,
Welcome back! It's been some time since I last wrote to you, and this time I am writing farewell words as I step down as President of the British Society in Uruguay, after four years on the board.

Last Thursday, we had our Annual General Meeting where we presented the final reports on the British Society balances and accounts for 2022, and I am glad to say that we are looking good and growing.

Our Treasurer was pleased to present a positive balance report, and our SWCH and Benevolent funds are now managed through our Swiss accounts held in Bank Heritage in Uruguay, where we have access to the investment portfolio and more efficient costs. Our society accounts have been replenished with funds thanks to all of you who have attended our events, donated, and paid dues.

We have managed to put our documents in order before several government regulatory organizations, as well as internal procedures and reports.

Our events are back on the calendar, including our traditional Lecture Suppers, Craft-Teas, Croquet Tournaments, and Scavenger Hunts, as well as new events that you will hear about.

All in all, I believe the Board has reached its objectives and prepared itself for the future and new goals.

Although only 2022 got us back together after the Covid Pandemic, it was a pleasure to share moments and events together, getting to know you better, learning from my fellow board members, and those who have reached out to help us.

I would like to personally thank all the board members, Walter Albanell our treasurer, Joaquin Salhon our event's organizer, the Stanham Sisters, Victoria and Caroline, for the excellent work on the newsletter, Solvig Schandy our secretary, and Andrea Davies who will continue as President for 2023. They have all managed to juggle work, families, and responsibilities to achieve the Board's objectives. And to HMA Faye O'Connor and the British Embassy, who have extended help, ideas, and resources for our events and society.

And so, I say, "till next time," as goodbyes feel a bit eternal. Plus, we have the King's Coronation event to share together, so we will be seeing each other soon.

Cheers,

Colin Shearer



This month's cover features the Coronation Emblem. The Emblem pays tribute to The King's love of the natural world, depicting the flora of the four nations (the rose of England, the thistle of Scotland, the daffodil of Wales and the shamrock of Northern Ireland) in the shape of St Edward's Crown. Created by the internationally revered designer Sir Jony Ive KBE (the man who designed the iPhone) and his creative collective, LoveFrom, the emblem symbolises and celebrates the historic beginning of the new Reign.

MEMBERSHIP FEES

Remember you can pay your 2023 membership fees easily from the comfort of your own home using your credit or debit card through [MercadoPago](#).

We have also implemented **recurring payments** so you no longer have to remember to pay your fees. You do not need to have a MercadoPago user, by clicking [HERE](#) you can choose to enter your details as "Invitado", you are 3 clicks away of never having to remember to pay again! This recurring payment is very easy to cancel if you wish to do so in the future.

You may also pay by transfer or a direct deposit to the account of British Society in Uruguay at **Banque Heritage** (account number 62582-03). Please email your transfer/ deposit slip to our Treasurer.

If you forgot to pay any previous annual fees please email our Treasurer at treasurer@britsoc.org.uy to learn about ways to pay past dues.

If you wish to become a member first fill in [this form](#).

Once this is done, your membership will be updated.



MercadoPago
Annual Fee - \$700

MercadoPago Recurring
Payments - \$650



Dear Reader,

As we enter the month of May, I hope this newsletter finds you well.

Firstly, I want to wish all of our hard-working readers a happy and well-deserved Workers Day on May 1st. We hope you enjoyed some rest and relaxation on this day and took some time to appreciate all of your efforts.

We also have an exciting event coming up on Saturday, 6th May, which is the Coronation of King Charles III. To celebrate this occasion, we will host a special event at Betalba House, with details to follow. We hope you can join us for this special celebration.

In this edition of our newsletter, we share with you some interesting articles by our regular contributors. We also want to take a moment to highlight the work of our sister societies and their contributions to the community. We encourage our readers to explore their events and activities.

As always, if you have any feedback, suggestions or ideas for future events, please do not hesitate to contact us at editor@britsoc.org.uy. We are always looking for ways to improve.

Thank you for your continued support and involvement, and we look forward to seeing you at our upcoming events.

Warm regards,

Victoria Stanham Newsletter Editor

The views expressed in this newsletter are solely those of the author(s) and do not necessarily reflect the views of The British Society in Uruguay or any individual associated with the creation or distribution of this newsletter. The editorial team assumes no responsibility for any inaccuracies, errors or omissions in the content of this newsletter.

Birthdays

in May

- 3. María Cecilia Canosa Rojas
- 5. Christina Helen Mullin CrockerDe Villar
- 5. Gonzalo Rodríguez Prado
- 6. Charles Derek Larbalestier del Campo
- 6. Ana Belén Jiménez de Arechaga Cooper
- 6. Brian Louis Newenham Deane
- 6. Virginia May Campbell Cobham
- 7. Daniel Fabra Isaac
- 8. Mary Hillier Hardcastle
- 8. Raquel Loureiro Rodriguez
- 9. Marian Irene Whitacker Cobham
- 9. Dominique Capurro Hyland
- 10. Annette Beare Willans
- 11. Haroldo Roberto Miles Kelly
- 12. Sharon Elaine Kitchen Semmartin
- 19. George McKay Stewart Stewart
- 19. Daniel Roberto Wilson Gervasi
- 20. Ana Inés Albanell Olarreaga
- 20. Lucía María Prevett Vera



- 20. Ana María Meikle Aguirre
- 21. Guillermina Vivo Durán
- 21. Ronald Martin Beare Drever
- 22. Mark Christopher Teuten
- 24. Laura Isabel Paolino de Souza
- 25. Patrick Hobbins Llovett
- 27. Jonathan Miles Prentice
- 30. Andrew Hobbins Llovett
- 31. Carmen Gomensoro Piñeyro

New Members

- Jacqueline Ann Booth McCulloch
- Luciana Bossano Caraballo
- Alejandro Daniel Diharce Chavasco
- Elisa Henderson Mailhos
- Elsa Teresita Herrera Oreggias
- Inés Cristina Lagomarsino Segundo



- Gabriela Laporte Chiarino
- Norman Martin Maitland-Heriot
- Dalehl Saadién Geuskens Ajhaar
- Elizabeth Eileen Segundo Cochran
- Gerardo Valazza

For news from across the pond visit www.abcc.org.ar



Why did Shakespeare only write in ink? Because he couldn't decide which pencil to use: 2B or not 2B.

2023



List your events in our calendar:

We invite all sister societies to send us dates of your upcoming events to editor@britsoc.org.uy.

MAY

SATURDAY 6: BSU King Charles III's Coronation Toast. 17:00 to 19:30hs at Betalba House. Av. Juan Manuel Ferrari 1405.

SUNDAY 28: Anglican Church: Misa Conmemorativa del 179 aniversario del Templo de la Santísima Trinidad. 17:00hs at Reconquista 522.

WEDNESDAY 31: BSU - Council Meeting.

JUNE

THURSDAY 1: Hospital Guild Tea at 15:30hs, Policlínica 3rd Floor.

SUNDAY 18: Anglican Church: Misa de la Diversidad y Recital del Coro de Hombres Gays de Montevideo. 16:00hs at Reconquista 522.

(SATURDAY 3rd, 10th or 24th): St. Andrew's Society - Junior Caledonian Competition.

OCTOBER

SATURDAY 28: St. Andrew's Society - Senior Caledonian Ball.

NOVEMBER

THURSDAY 30: St. Andrew's Society - St. Andrew's Day.



EVERY FRIDAY FROM 8PM

SOCIAL DARTS

IN PUNTA DEL ESTE

at Ariscona, corner of Virazón and La Salina.

Contact: Jonathan Lamb uozinglesa@gmail.com



CORONATION TOAST

The British Society in Uruguay cordially invites you to join us for a **Coronation Toast** in honour of their Majesties King Charles III and Queen Camilla.

The event will take place on 6th May 2023,
from 5:00 pm to 7:30 pm at Betalba House,
Av. Juan Manuel Ferrari 1405.

We very much look forward to welcoming members of the British Community to join us in raising a toast to His Majesty's Coronation.

Tickets for the event are priced at \$700 for members and \$1000 for non members and include a commemorative gift.

The dress code for the occasion is semi-formal attire and guests are encouraged to wear something allusive to the occasion.

R.S.V.P. events@britsoc.org.uy

Members
\$700



Non Members
\$1000





BSU Annual General Meeting

What a wonderful AGM it was at the Anglo School Carrasco! Although Geraldine Pool could not attend, we extend our thanks to her. Unfortunately, HMA Faye O'Connor had previously scheduled commitments and also could not attend. However, we did have an outstanding turnout of members and a fantastic performance by Franco Caraballo who surprised us with his incredible singing, performing Beatles classics and pop songs. And as usual, we indulged in some delectable nibbles, prepared by our talented cooks.

There have been some changes to the board, with Andrea Davies being elected as the new President, and Dominique Capurro taking up the position of Vice-President. Susan McConnel has stepped in as our new Events Coordinator, and we're thrilled to have her on board. But that's not all - we're also pleased to welcome several junior members who will collaborate with current board members as trainees.

And finally, we're delighted to announce that Andrea Davies and Carolyn Cooper were proposed and elected as Honorary members. Virginia Campbell proposed this well-deserved recognition, and we extend our warmest congratulations to both Andrea and Carolyn.

All in all, it was a truly enjoyable event, and we look forward to seeing even more members at next year's AGM!





Joan Daphne Lucas-Calcraft

Joan became a resident of the Home in 2015, and was with us for nearly eight years. She was an incredibly active person, taking part in all the activities the Home had to offer alongside her fellow residents. Joan could be found engaging in a variety of activities, such as crafting, playing bridge and bingo, and more. She was a prolific knitter, often creating cardigans for babies and squares for blankets, and her sewing machine was always in use, producing aprons, pot holders, and tablecloths. Joan was also an adept needle pointer, creating beautiful items that adorned the homes of many in the community.

Several months before Christmas, Joan would begin creating her famous knitted Father Christmases. It's likely that many of these decorations can be found on Christmas trees in the town! Another one of Joan's successes were her two head knitted Cinderella dolls, which could be transformed into either Cinderella or her mean step-sister. Joan mentioned that she had crafted more than 90 dolls!

Joan was a member of Nacional, where she played tennis for many years. She enjoyed watching Nacional play football, and was disappointed when they lost. As for tennis, she never missed a Grand Slam match, and was a devoted fan of Roger Federer.

We were delighted to celebrate Joan's 100th birthday with her family and friends. As a British Subject, she even received a birthday card from King Charles III!

Joan will be missed by all, especially her fellow residents and carers.



Over 100 years of Faith, Hope and Charity, Dear Joan. God's Love lived out with a keen mind, busy hands, generous heart and fortitude; touching uncountable lives and giving us a taste of heaven, your new home. Thank you.

Liz Cowley



Testimonio y reflexiones en torno a la Pascua de Joan Daphne Lucas-Calcraft Stidolph

Montevideo * 16/01/1923 - + 22/04/2023

Este escrito no quiere ser ni el principio de una biografía ni un panegírico fúnebre. Sólo resonancias de la vida de una mujer que estuvo presente y fue importante en la vida de muchas personas que la conocimos y que hoy damos gracias a Dios por ese hecho. Soy un cristiano, un sacerdote anglicano uruguayo (el primero) y más un amigo de Joan, a quien conocí allá por los años 60 del siglo pasado. Ella en sus cuarenta, yo en mis veinte. Ella en su cultura y tradición de fe anglicana. Yo, discerniendo si ello era lo que Dios quería para mí, mientras trabajaba, estudiaba en la Fac. de Derecho y hacía deportes en la YMCA. En la tarde del domingo me tocó prestarle un último servicio pastoral, como cura y como amigo. Cuántos recuerdos, cuantos amigos compartidos (la mayoría de ellos ya no están corporalmente aquí, más viven en el recuerdo y el cariño, y entre los que, desde ahora, Joan también estará entre ellos), tanto en la comunidad de anglos cuanto en la de hispanos, dentro de la Parroquia de la Santa Trinidad, el Templo Inglés.

Mi testimonio es mayormente dentro del ámbito eclesial,

y por tanto, parcial. Sus sobrinos y sus familias podrán completar otras facetas de su personalidad, así como las muchas amigas y relaciones que supo crear y conservar a lo largo del tiempo en sus muchos ámbitos de actuación podrán hacer lo mismo, y, entre todos, darnos cuenta cabal de cómo era de rica y variada nuestra querida Joan.

“¡Qué mujer!” fue un comentario que recibí, cuando personas de la Iglesia me respondían a mis e-mails o llamadas en que les comunicaba la noticia del regreso de Joan a la casa del Padre. ¡Estaba madura! ¡Había trabajado de forma callada, simple, continua, responsable y comprometida a lo largo de muchos años en diversas actividades sociales y parroquiales, sin buscar protagonismos de posición, aunque sí que se supiera que ella había estado (más una en un equipo), poniendo el hombro, su manualidad y sus saberes allí donde eran precisos: bazares, kermeses, reuniones festivas, cultos, talleres de costura, de tejido, ayuda en la liturgia: lecturas, preparación del altar, de los ornamentos, en su labor como “lay reader” parroquial en Malvín y luego en la Capilla del Buen Pastor, en el Hospital Británico (ella pasó sus últimos años en el Sir Winston Churchill Home, dentro de dicho Hospital, y donde yo la visitaba, al cuidado de todo el equipo que día y noche cuida de los ancianos residentes acompañándolos, como fue el caso de Joan, hasta su partida).

“Enrique, estoy tejiendo unos buzos, o unas bufandas, o ya comencé la preparación para Navidad. Mirá, tengo

Papás Noel grandes, pequeños y medianos. Yo tengo como 100 y aún me faltan algunos”. Y yo, entre otros de sus muchos amigos y amigas preguntábamos: “Joan, ¿lana de qué colores precisás más? Ella respondía: Mirá. Blanca o roja, sin problema!” O cuando hacía las ropas para bebé. O ropas para adultos.

Dije que su actividad era variada. Pues, recuerdo, que yo estaba estudiando para el First Certificate y en una prueba preparatoria en el Anglo Central, al comenzar la prueba, a quién me encuentro entre las monitoras: a Joan. El domingo siguiente, después de Misa, dio para jugosos comentarios al respecto.

En la década de los '80 yo fui ordenado sacerdote y ahí conocí más el biés pastoral de Joan. Cuando ella notaba que personas ancianas de la parroquia no estaban siendo visitadas, y aunque yo no fuera encargado de ello, Joan se me acercaba y me proponía ir las a visitar juntos, llevarles la comunión, hacer una oración, pero sobre todo, para aquellas personas que a lo largo de sus vidas habían sido constantes en su fe, hacerles sentir que ahora que no podían ir la Iglesia ni estar dentro de la comunidad, por imposibilidad de moverse, la Iglesia iba a ellas y se mantenía vivo el vínculo. Así conocí a su madre, en el último tiempo de su vida, y me tocó realizar su funeral. Lo mismo con otras personas. En los '90 yo pasé a ejercer mi ministerio en la Iglesia Anglicana de Brasil, pero seguimos en estrecho contacto, y cuando una vez al año, yo visitaba Montevideo, Joan era una visita obligada, y también el hecho de que ella me iba a convidar para visitar y llevar la comunión a personas de su amistad que ya no salían de sus casas. ¡Qué mujer! Y ¡qué modelo callado de preocupación por los demás y de tratar de llevarles apoyo y ayuda espiritual! Hasta con su propia hermana Sheila. A instancias suyas, ya retirado y en Montevideo, me pidió que la visitara y le llevara la Comunión, porque hacía tiempo que nadie iba a verla, y había pasado Pascua. Allá fui, junto a la Revda. Susana López. Estoy hablando del año '18. ¡Cómo eso me ayudaba en mi trabajo como cura en mis parroquias en Brasil, para estar siempre lo más posible ayudando y confortando a mis parroquianos!, y seguía siendo importante aunque ya estuviese jubilado.

Un elemento importante en su vida era su capacidad, dentro de lo religioso, de abrirse a los cambios y de armonizar y equilibrar opuestos y antagonismos. Lo viví en el cambio del paradigma cultural anglicano en Uruguay, de lo 100% inglés a lo uruguayo, con congregaciones criollas, cultos en español, curas (hombres y mujeres) criollos. Ella participó en todo ello, y aunque a veces tenía alguna reserva o hasta alguna disconformidad, sin embargo, fue capaz de aceptar los desafíos e incertidumbres de lo nuevo y diferente y comenzar a transitar por expresiones de fe adaptadas al medio uruguayo. Creo que ella sabía discernir lo que era esencial (su fe cristiana dentro de la tradición anglicana), de

lo que era accesorio (las formas vinculadas a la historia y el culto, en las que esa tradición de fe se explicitaba a lo largo de la historia de los diferentes países y lenguas en que la Iglesia Anglicana está presente en el mundo). Podía estar el cura A o B, el obispo X o Z, con tal estilo o con aquel otro, con vestiduras y velas, o sin nada de ello. Todo esto puede que fuera importante, pero no era esencial para la fe en Jesús y en su mensaje, y, lo que es fundamental, en cómo ella vivía eso y en cómo tratamos de vivir (yo incluido), aun en medio de nuestros retrocesos y traiciones al ideal de Cristo, pues lo que nos salvará al final de cuentas, es sólo nuestra coherencia con la vida al servicio del prójimo, y no las estructuras eclesiológicas por más tradicionales y antiguas que aparezcan. Fue por ello, que el Evangelio y las Intercesiones fueron leídas en inglés y en español durante el funeral. ¡Ella supo ser una mujer de dos mundos!

Otra característica notable, enfatizada por el Obispo Pollesel (retirado desde 2018 y viviendo en el Canadá), así como por colegas míos en el sacerdocio (uno de ellos, Never Araújo estaba en el funeral) por Ministros Laicos (Ian Forrester y Valerie Dee, colegas suyos y también presentes,) así como por muchos que la conocían, era la calidad de su compromiso con aquello que asumía. ¡Si Joan se comprometía a algo o con algo, podíamos estar tranquilos de que ella iba a estar firme hasta el fin! Era una persona confiable y de quien se podía depender. ¡Compromiso y Fidelidad! Virtudes cada vez más raras al día de hoy. A pesar de incomprendimientos o de desalientos, ella seguía, incansable, en su labor de hormiga. Y pensar, que a veces yo me desalentaba o dejaba de hacer algo, ante los primeros fracasos. Ella me enseñaba a ser resiliente, sin palabras, con su forma de actuar. Más algo que supe aprovechar de ella y que incorporé a mi vida como cura en los lugares donde me tocó actuar.

Como dije junto a su féretro: Doy gracias a Dios, porque puso a Joan en el camino de mi vida y porque a través de ella pude aprender cosas para mi vida y mi ministerio, cambiar otras y poder así ser algo mejor como persona, de lo que hubiera sido si no la hubiese conocido.

¡Descansa en paz, Joan, porque fuiste una trabajadora fiel, simple y consecuente con el programa de vida que Jesús compartió con nosotros, y que tú, en tu medida, fuerzas y capacidades supiste compartir con los y las, que habiendo caminado contigo en esta vida, esperamos en fe, reencontrarnos en la venidera.

Pbro. Dr. Enrique Illarze (R).



The Coronation of The King and The Queen Consort

On Saturday 6 May we will witness the Coronation of Their Majesties King Charles III and Camilla, the Queen Consort. It will be the 40th coronation held at Westminster Abbey since 1066. You can see live coverage on the BBC World News on cable/satellite TV. The Coronation itself is likely to take place at around 8am local time, so you might want to set your alarm clock!



Has anyone visited all 19 Uruguayan departments?

Ambassador Faye O'Connor OBE visited Treinta y Tres and Cerro Largo last month which brings her to a grand total of 18 departments visited so far in her two and half a years here leading the Embassy team. She has Flores left to visit (and Colonia in an official capacity) before the end of this year so if you know of or have any British links that would be interesting for her to visit or acknowledge then please write to us at: ukinuruguay@adinet.com.uy.





Chevening coming soon!

Various members of the Embassy team were involved in the Chevening interview process carried out last month. This scholarship is aimed at high level applicants who wish to study a Masters degree at a British University of their choice. The successful candidates will be announced in early June. Good luck to all! Applications for 2024-2025 academic year open in August. More information [here](#).

Climate and Finance Work

Experts from the Grantham Research Institute on Climate Change and the Environment, (London School of Economics), came to Montevideo to share expertise and exchange experiences with the Ministry of Economy and Finance. Uruguay and the UK are members of the [Coalition of Finance Ministries for Climate Action](#). This has strengthened our relationship on the key area of global challenge to tackle climate change.

Passport renewals

If you need to renew your British passport you need to [apply online](#) and follow the instructions on the page. The British passport is now issued in the UK and has a blue (soft cover) and a gold Royal crest. It is available in 2 sizes - standard (34 pages) or Frequent Traveller passport. It is valid for 10 years for adults and 5 years for children. [More information.](#)



28 DE MAYO
17:00 HRS

Misa conmemorativa del 179 aniversario
del Templo de la Santísima Trinidad



Reconquista 522
Ciudad Vieja - Montevideo

ANGLICAN CHURCH IN URUGUAY

The Holy Eucharist is celebrated on alternate Sundays in Holy Trinity (Templo Inglés, Reconquista 522) at 10 a.m. The Revd. Gonzalo Soria celebrates, together with a growing congregation.

Dates of the Holy Trinity services for May and June are:

Sunday 14th May
Sunday 28th May
Sunday 11th June
Sunday 25th June - all at 10 a.m.

ALL ARE WELCOME.

SPECIAL FEAST DAYS OF THE CHURCH:

PENTECOST (the coming of the Holy Spirit) - Sunday 28th May

TRINITY (God the Father, the Son and the Holy Spirit) - Sunday 4th June.

In addition to Holy Trinity Montevideo, Revd. Gonzalo also serves the parishes of Fray Bentos, Salto and Rivera.

The MOVIMIENTO OPORTUNIDAD - Anglicanos (Opportunity Movement - Anglicans) has been launched. Its mission is TO LOVE - TO SERVE - TO TRANSFORM.

ALL ARE INVITED to participate in the Movement.

Contacts: pbro.gonzalosr@gmail.com - WhatsApp +598 99 252 555

FAMILY DAY AT THE ANGLO SCHOOL

THE ANGLO
SCHOOL



Last Saturday 20th March started busy at The Anglo School Sports Field. As 11am approached, families started streaming onto the field, eager to take part in the much awaited Family Day.

As families entered, they were welcomed by the school staff and as they continued walking, they were met with a stunning sight: vibrant banners and decorations adorned every corner of the field, including a stage set up for live entertainment.



The atmosphere was filled with excitement and enthusiasm as families started exploring the wide variety of activities and games available not only for children but also for adults. Children's laughter filled the air as they excitedly lined up to climb up the inflatable slides and walls or jump in the trampolines. Meanwhile, competitive spirits were ignited with matches in a wide variety of sports like football, croquet, football-tennis, volleyball and badminton. In another area of the field, the photo hunt was an enjoyable way for the little ones to get to know their classmates' families as they had to take and share pictures in the most amusing situations and

settings. Older students could also take part in the unprecedented 'Human Bingo', which had them on their toes listening attentively and moving around quickly to find their spot.

As lunch time approached, families started gathering under the numerous trees and gazebos. It was a great opportunity to catch up with other families and enjoy some tasty snacks. One of the highlights of the day was the food stalls set up by the Form 4 students and families, which offered an array of delicious treats like hot dogs, hamburgers and delicious cakes, sold to raise funds for their graduation trip to UK to be held next June-July.

One of the best things about our Family Day was the sense of community it fostered. Parents, teachers, and students all came together to celebrate our school and the people who make it such a special place. It made everybody feel connected and appreciated, and it was clear that everyone had put a lot of effort into making the day a success.

As the event drew to a close, families left the Sports Field feeling happy and fulfilled. We all enjoyed a day of fun, laughter, and community spirit and the memories we made will be cherished for years to come. We are already looking forward to next year's Family Day!



A ROYAL VISIT: KING CHARLES III AT THE ANGLO

In March of 1999, King Charles III made a historic visit to Uruguay where he visited the Anglo-Uruguayan Cultural Institute. Upon his arrival, he was greeted by a band of pipers, adding a touch of grandeur to the occasion. The former Director General, Richard Cowley MBE OBE, welcomed the monarch with open arms, and the two engaged in a warm and friendly tour.

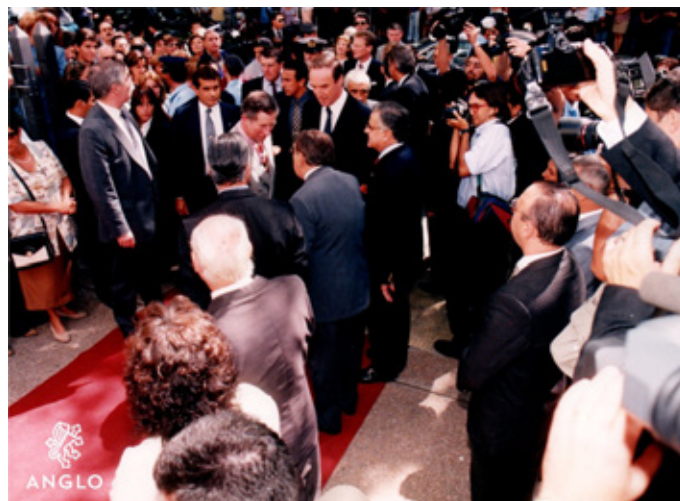


During his visit, King Charles III took every opportunity to interact with the students and staff at the Anglo-Uruguayan Cultural Institute. He was genuinely interested in learning about their background. The King's graciousness and willingness to engage with everyone he met left a lasting impression on all who had the privilege of meeting him.



The visit was a significant milestone in the cultural exchange between Uruguay and the United Kingdom. It showcased the shared values and traditions of the two nations and demonstrated the importance of fostering cultural understanding and appreciation.

King Charles III's visit to the Anglo-Uruguayan Cultural Institute was a resounding success. It was a celebration of the strong bond between the United Kingdom and Uruguay, and a testament to the power of cultural exchange in bringing people together.



"RITE ROYAL: A Personal View of the British Monarchy"

We are pleased to invite you to attend a presentation titled "RITE ROYAL: A Personal View of the British Monarchy" by Richard Cowley MBE OBE. The presentation will focus on the visit of King Charles III to Uruguay in March 1999, and will provide a unique perspective on the British Monarchy.

Richard Cowley is an experienced presenter and commentator on matters related to the British Monarchy. He will offer insights into his personal experiences with the Royal Family.

The presentation will take place on Friday 5th, May at 5:30 pm at Teatro Millington Drake, San José 1426, attendance is free. It is a unique opportunity to learn more about the British Monarchy and the historic visit of King Charles III to Uruguay.

We look forward to seeing you there.

Please email anglocultural@anglo.edu.uy to confirm your attendance.

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Saturday 6th, May - 9 pm
Millington-Drake Theatre

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HOSPITAL BRITANICO

TIMELY DIAGNOSIS

Perform a breast self-exam and visit your doctor on a regular basis.

HEALTHY DIET

Include healthy foods and avoid sugar, fats and alcohol.

PHYSICAL ACTIVITY

Avoid leading a sedentary lifestyle and maintain a healthy weight.

TO PREVENT BREAST CANCER, FOLLOW THE THREE KEY STEPS

In case of any doubt or breast anomaly remember to visit your doctor.



OCTOBER 19
INTERNATIONAL
BREAST CANCER DAY





CHURCH CULTURE REVOLUTION

APRIL 30 - JUNE 18



A CULTURAL
TRANSFORMATION
THAT STARTS WITH ME



Christ
Church
MONTEVIDEO

Sometimes I just read poetry to reflect.

“THE HOPE OF LOVING”
By Meister Eckhart

**What keeps us alive, what allows us to endure?
I think it is the hope of loving,
or being loved.**

**I heard a fable once about the sun going on a journey
to find its source, and how the moon wept
without her lover’s
warm gaze.**

**We weep when light does not reach our hearts. We wither
like fields if someone close
does not rain their
kindness
upon
us.**

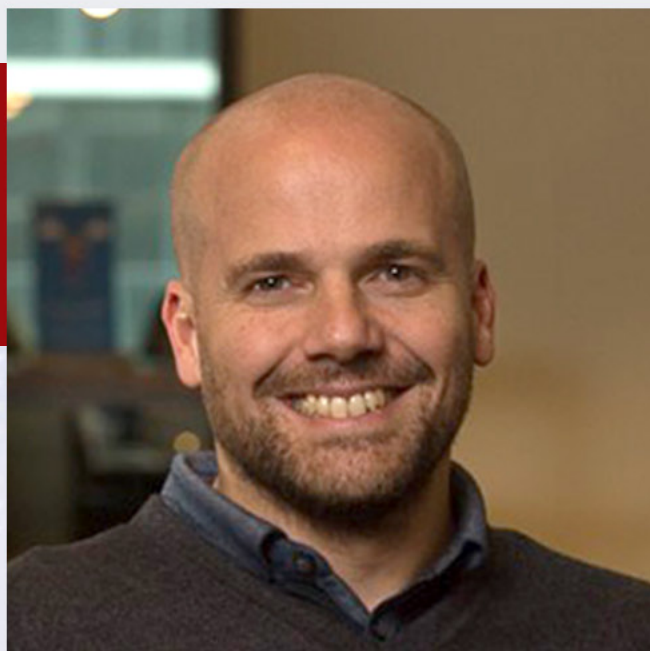
Have a meaningful May!



Christ
Church
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LUNCH INVITATION



**Wednesday
3rd of May
at 12:15 PM**

Eng. Eduardo Mangarelli

Dean of the Faculty of Engineering of the ORT Uruguay University

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to increases in productivity and quality
that were previously unthinkable***

Parva Domus, Punta Carretas

Bvar Artigas 136, Esq. Parva Domus

Those in need of a special menu (celiac, diabetic, vegetarian, etc.)
please notify the Club Secretary in advance to attend to your requirement.

More Information

www.cub.com.uy



A photograph of a tea set on a white lace tablecloth. It includes a light blue teapot, a white cup filled with orange tea and a floral decoration, a glass vase with white daisies, and a plate of macarons in shades of purple and green.

HOSPITAL GUILD TEA

TUESDAY 1ST JUNE - 15:30hs
at the British Hospital
Polyclinic, 3rd floor.

Annual membership fee
of \$500 includes the tea
and a raffle ticket.

R.S.V.P
sdaymedina@gmail.com
or lmbrady6538hotmail.com



Greetings, all!

We're finally returning to the stage: we are rehearsing a play as we speak and putting together the cast for the next one.

We are holding an open audition on Wednesday 10th, May, starting at 7:30 p.m. If you cannot come on said date but still wish to audition, let us know so we can arrange an alternative.

If you do not feel like acting but would still like to join the fun, there are several fun backstage roles that are critical to a play's success.

Age, gender and build are unimportant, as there are several roles.

No previous acting experience is required: just a willingness to work hard, availability to rehearse over weekends and in the evenings and good spoken English.

To sign up, please complete the [Auditions Enrolment Form \(link\)](#).

Hope to see you there!!

The Committee

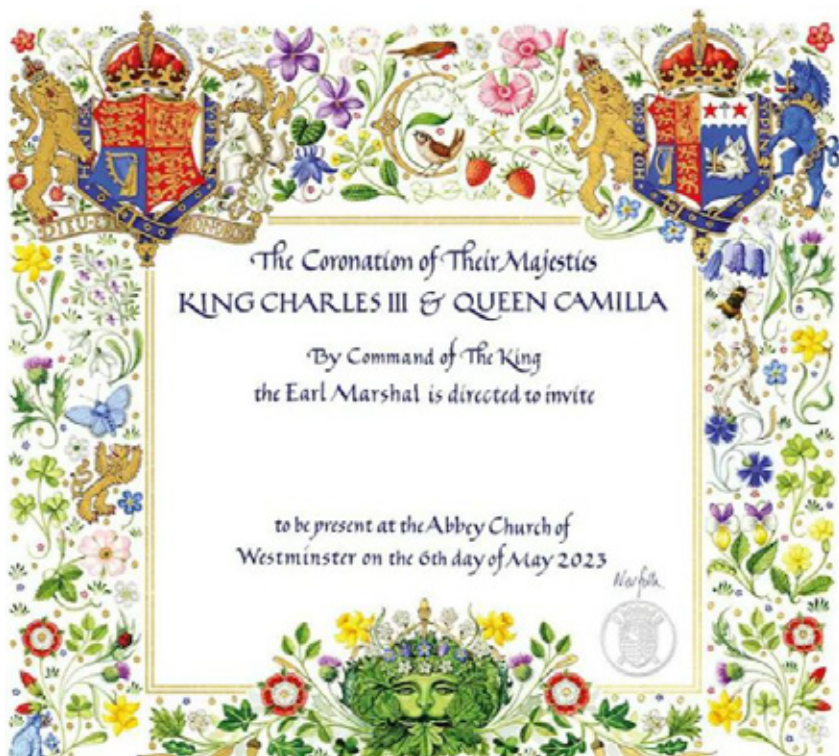
70 YEARS LATER...



If we were surprised by King Charles's Coronation invitation, I am sure he was not. 70 years ago his mother, Queen Elizabeth, sent him an invitation to her Coronation designed just for him! It was the perfect design for a four year old boy: the marching soldiers, the trumpeters, the drummer, the flute player, all announcing Queen Elizabeth's Coronation. The lion and the unicorn surrounded by roses, daffodils, shamrock and thistles symbols of the United Kingdom and vegetation. How appropriate for a little boy who would grow up to love gardening and the outdoors and would one day become King!



The time has come and the Coronation of Their Majesties King Charles III and Queen Camilla has arrived! Their invitation is quite different from previous Coronation invitations but has similarities to the invitation Queen Elizabeth sent her son so many years ago.



The vegetation and flower symbols are there in great abundance. The King's coat of arms with the lion and the unicorn and the Queen's coat of arms with the lion and the boar, taken from her father's coat of arms are at the top of the invitation.

At the bottom centre of the invitation it is interesting to find the Green Man, an ancient figure from British folklore symbolic of spring and rebirth. It is crowned by leaves of oak, ivy and hawthorn, and emblematic flowers of the United Kingdom. This figure is known all over Europe. I suppose it symbolizes the rebirth of a new era.

An enchanting invitation that shows King Charles's love for Nature.

All the very best for King Charles III and Queen Camilla!





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My Kingdom For A Horse!

“A horse! A horse! My kingdom for a horse!” According to this famous line, uttered by a desperate English king in Shakespeare’s play *Richard III*, a horse is a priceless possession. Who could deny this when we consider what horses have contributed to our civilization? In agriculture, hunting, transportation, and on the field of battle—to mention just a few examples—they have helped us chalk up accomplishments we could never have achieved on our own (some, admittedly, more noble than others). The lifestyles of the Plains Indians, the American cowboy, and the *gaucho rioplatense* would not have been possible without the horse.

Equus caballus has been around for a long time. The horses depicted on the walls of the Chauvet cave in France were painted thirty thousand years ago. Wild horses roamed the Eurasian Steppes for well over a thousand centuries before being domesticated about six thousand years ago on the vast prairies now occupied by Ukraine and Kazakhstan. From there they spread east all the way to the China Sea and west to the Iberian Peninsula. Though probably originally treated like cattle, their owners soon realized they were far more useful pulling a cart or a chariot than providing meat and milk.

Horses were well established in Spain by the close of the fifteenth century and Columbus took some with him on his second voyage to the New World in 1493. They landed in the Virgin Islands and Hernán Cortés then took sixteen of their descendants to Mexico to help with what came to be known as *La Conquista*—The Conquest. Some of the burgeoning herd eventually escaped and drifted north to become a vital part of Native American life and culture. Francisco Pizarro brought horses to Peru when he landed there in 1532. From there they spread to other parts of South America and were soon at home in the Río de la Plata region.

I have never owned a horse but am lucky enough to have had friends who did. The first riding experience I can remember was at a *chacra*—a small farm—not far

from Montevideo. There was a large paddock bordered by eucalyptus trees where horses were assembled for us to ride. I was a little boy at the time and was put on a short, stocky pony that was apparently in a foul mood. As soon as I was in the saddle he took off at a gallop, heading straight for a hitching post standing in the centre of the enclosure. I couldn’t control my steed and quickly saw that he was planning to pass close enough to the post to whack my leg. At the last minute I leapt from the saddle and landed in a heap on the dusty ground. Many years later, in Hawaii, I was riding up a steep hill when my horse slipped on a rock. As he stumbled and his gait faltered, my tail bone slammed into the saddle, and I felt an ominous click at the base of my spine. I spent the rest of the vacation in the passenger seat of our rented convertible with ice packs keeping my lower back numb.

But, of course, not all my rides ended badly. Far from it. And none of the few that did have diminished my love for horses or the pleasure of stroking their necks and fondling their soft muzzles. Not to mention the sheer bliss of feeling their bodies move under me and hearing the rhythmic pounding of their hooves as we fly across open fields. Once, when staying with friends at Punta Ballena on the coast of Uruguay, we took horses to the beach at sunrise. Portezuelo beach is long and flat, and in the gauzy light of dawn we rode along the hard-packed sand at water’s edge. Sometimes veering a few feet into the shallow waves, which our mounts seemed to enjoy as much as we did. A powerful bond can develop between a horse and a rider, and that morning I felt at one with a magnificent chestnut mare as we cantered along the beach, salty sea spray on my face, reliving the wild experience, the heady sense of freedom, that equestrians have enjoyed for thousands of years.

by Carl Sloth Knudsen
csk1@netgate.com.uy



Back to the future II

When I was nine years old and traveling on board the freight boat “PANAMA”, which could carry 12 passengers, my father told me we were on our way to Denmark. Our first port of call was Santos, Brazil, where raw banana bunches were being loaded onto the ship for two days. On the first morning, our father read the local paper and told us that an enormous boa constrictor had eaten a small boy somewhere in the jungle near San Pablo. As he finished reading, we heard a lot of cargo men on deck shouting and screaming. From the first floor, where we were, we could see that a very thick and long snake was popping out from one of the nets in the half-covered hold where the bananas were being loaded. It was creeping slowly towards the people working on the deck, causing confusion and panic. Suddenly, the ship’s cook appeared with a knife that looked like an axe and lifted his hand. One stroke was enough to cut off the snake’s head. Peace was restored, and work continued as if nothing had happened. The next morning, my father had the brilliant idea of unloading his car with the ship’s crane and then driving us to Butantan, where all kinds of snakes were kept in pits to manufacture anti-venom serum that was used all over the world. It was very instructive, and I told him I would never live in a country with such dangerous creatures. His comment was short: “Wait and see.” Later, I will come back to this point.

Our next destination by boat was Rio de Janeiro, where we arrived early the next day. Of course, the first thing we did was unload the car. From the harbor, we drove along the seaside towards the Copacabana Hotel and parked the car after some difficulties. The road was only one lane for coming and outgoing cars, so parking was frightening, especially when trucks came by. The lunchroom on the first

floor was fantastic. The waiters came in and out from the kitchen through two doors that opened both ways every time they came near. This was my first lesson in automatic doors. I watched them running with their trays full of plates, bottles, and glasses towards the doors and vice versa. I had to take a deep breath, expecting a big collision at any moment. Unfortunately, to my disappointment, it didn’t happen. I gave up waiting and instead went out to the balcony to enjoy the view of the seaside. Just outside, there was a group of young people playing with a strange thing called “peteca” (it looked like a tennis ball with feathers on top). You had to hit it with the palm of your hand over a net. Suddenly, one of the players hit it so hard that it ended up on the balcony floor. I picked it up, looked at it, and threw it back in the same manner. They all clapped their hands and said a lot of things in Portuguese which I understood to mean “thank you.” At that moment, I felt a personal connection had occurred, and I was thrilled I could help them. That was my second lesson of the day. We returned to the vessel and made a program for the next day, which more or less looked like this:

After breakfast on board, we drove to Petropolis to visit the summer palace of King Pedro II of Brazil. Before entering, we had to wear special flannel shoes to avoid contamination and/or make stripes on the floor, a way of keeping it polished and bright at no expense. Later on in life, I visited many places in the world with similar floors, but I must say that this one was outstandingly the best and a paradise for roller skaters. If ever I were to have a house, the general idea would be to have a similar floor. I tried; it didn’t work (third lesson). Fortunately, the picture is still fresh in my mind.

Hang on, further details coming soon...



Picture: https://www.britishmuseum.org/collection/object/Y_EA686

My Part in the Pinault Forgery Affair

Years ago, Luc Watrin, whom I had met at the Poznan archaeology meetings, sent me a letter with photos of a statue attributed to Sesostri III and asked for my opinion on whether it was authentic or a fake. He did not provide any further details so as not to bias me in any direction. He also did not mention that a French millionaire, M. Pinault, had hired him to investigate.

In my reply, I stated that, based on several stylistic details, it appeared to be a fake. However, I suggested that the only way to be certain was to have a specialized laboratory check the object for traces of modern tools used in its manufacture. He took my advice, and the result was that it was indeed a fake.

Mme. Desroches-Noblecourt, a very famous French Egyptologist, invoking questionable reasons, claimed that it was an authentic object, and other French Scholars backed her claim. The French courts accepted her opinion and ruled against M. Pinault, who lost a lot of money because of the fraud.

I believe Watrin received unfair treatment in France for going against Mme. Desroches-Noblecourt. All he was doing was verifying the authenticity of an object that was found to be a fake by the opinion of many Egyptologists worldwide and the findings of a laboratory that studied the object.

Since the statue had been ruled to be authentic, M. Pinault offered to donate it to the Louvre. However, they refused it.

M. Pinault lost a fortune that he had paid for the fake statue, and the fraudster laughed all the way to the bank with the support of some reputable professional Egyptologists. This incident illustrated the expertise of such fake manufacturers who sometimes succeed with the unwitting support of experts.

I recall being the intended victim of such a deceit when, posing as a tourist, I visited a Luxor bazaar and was offered a piece of sculpture at an inflated price in dollars. Fortunately, I remembered a quotation in a book about the object in a museum and surprised the bazaar owner by mentioning it. He just smiled and invited me to have a cup of coffee, which I declined.

As Egyptologists, we must be careful not to find ourselves as unwilling accomplices to such tricks that can lead to costly mistakes, especially as we age, develop clouded judgement, and become vulnerable to unscrupulous people.

<http://grepal.free.fr/english/sesostriis.php>

The "Sesostri III" statue from the collection of François Pinault: the

itinerary of a fake

by Luc Watrin (2006)

During a second hearing (appeal), a counter-testimony was asked of me as an expert-witness, just a few months before the closing of the legal process. An stylistic analysis concluding that the statue is a crude fake was drafted (Luc Watrin, 11 February 2002, Rapport d'étude sur le Sésostri III vendu à Drouot le 10 Novembre 1998, 2 volumes, 342 pages). This expertise was supported by written opinion by a score of preeminent foreign Egyptologists that we contacted in late 2001 and early 2002. These specialists are essentially English and American but include Italians, Austrians, Danes, Swedes, Serbs, Uruguayans, Israelis, and Egyptians. Among them figure John Baines (Oxford), Marcel Maree (British Museum), Vivian Davies (British Museum), Jeffrey Spencer (British Museum), Martin Foley (Bangor University, UK), Jack Josephson (Cultural Counselor for the Bush administration), Robert Bianchi (former conservator of the Brooklyn Museum), Donald Redford (University of Pennsylvania), David Lorton (University of Baltimore), Jennifer Hellum (University of Toronto), Claude Obsomer (University of Louvain), Helmut Satzinger (Director of the Vienna Egyptology museum), Silvio Curto (Turin Science Academy), Francesco Raffaele (University of Naples), Kim Ryholt (University of Copenhagen), Leif Andreasson (University of Göteborg), Branislav Anđelković (University of Belgrade), Baruch Brandl (director of the IES), Juan Castillos (Director of the Uruguay Egyptology school) and Mamduh el-Damaty (Director of the Cairo museum). The services of Zahi Hawass, informed about the matter, responded that "if the statue had been authentic, our director would have issued a claim on it".

Laboratory traceology analyses

In July 2002, various tests were laboratory tests were conducted at the Pessac laboratory in Bordeaux on the statue using an electron-scanning microscope. The expertise by the professor Dietrich Klemm (Doctor of mineralogy, Munich) is based on an examination of the traces left in the manufacture of Sesostri III, compared with those of the statue of king Amenemhat III, of a comparable size, conserved at the Museum of Munich.

The expert testimony of Monsieur Bertrand Dubosq of Laboratoire ASA Maurer confirms that this object was sculpted with modern tools. Remains of chromed iron tools (base, upper throne, incised necklace, incision on the belt) and score marks indicating the use of a diamond blade were found. The metallic particles identified in the form of shavings are from steels characterized by significant additions of chrome (from 5 to 12%) corresponding to tools appearing from the early 20th century through to our era. The conclusion is unmistakable: the sculpture is modern.



Upstairs, Downstairs

During the late 19th century, Britons took their Victorian values and hierarchies to the colonies. Victorian society was stratified with the old aristocracy at the top and the new middle class, made up of those who made their living with manual or intellectual work, following close by. It showed a moral and ethical superiority that announced the socialist times ahead. The British colony of Montevideo was a small sample, never exceeding 2,000 Britons, but we can still find the same stratification, similar to that of British society as a whole.

John Oldham was at the top of the British aristocracy in Montevideo. He arrived in the mid-1860s as the manager of the River Plate Telegraph Company and was in charge of tending to the first submarine cable linking Montevideo and Buenos Aires. He would become the chairman of all the major British institutions in Montevideo, and Grand Master of the Acacia Lodge several times. His son James, who married Jessica Ritchie, a local Scot's daughter, soon began managing the telegraph company. George Oldham was James and Jessica's oldest son, born in Montevideo in 1895.

George was born under the best auspices: heir to the Oldham business, member of a well-known and respected family of the River Plate, and, if that were not enough, gifted with intelligence and the moral standards of his strict mother. He was a prince of the highest aristocratic British hierarchy of Montevideo.

George would be student number one at the inauguration of the British Schools in 1907, a distinguished member of the Sunday school at the Holy Trinity Church, and a graduate accountant in London. The Great War would end his promising professional career. He was a volunteer and served in the Queen Victoria Rifles. In August 1918, a German bullet that cared nothing about the background of its target ended George's life before it even started. It was a fitting heroic end for a prince of medieval times, but not for a Uruguayan-born child at the turn of the 20th century.

Richard Cantwell was also born in Montevideo but shared few of George Oldham's advantages. The origins of Richard

are vague. He was born in Montevideo in 1883, younger brother of Sarah and Margaret, also born in Uruguay, and son of two Irish settlers, Richard and Margaret Dolton. The only information that can be found is on the church records that vouch for their Catholic upbringing and most probably humble origin. Patrick Cantwell, Richard's grandfather, attended the christening, so probably the Cantwells were in the River Plate region since the 1850s, though there are no records before the younger Cantwell siblings were born in the late 1870s. Anyway, they were urban Irish, as the family history has no rural background and sets them in Bella Vista, the industrial quarter of Montevideo, bordering the Capurro beach.

In this fight for life, so common for British settlers, Richard Cantwell Jr. found an original way of supplementing whatever he and his family earned in some unknown industry during the last decade of the 19th century. Richard was known throughout the British community working in the financial, commercial, and administrative Old City neighbourhood - so well-known by the Oldham family - as "Sandwich Dick." The concept of the sandwich, so accepted today, was introduced to Uruguayan society by the young Richard Cantwell and, due to its success, was a relief for the family finances. Richard was an innovator in every aspect of the word, as we read in this article from November 1898:

'Sandwich Dick is to the fore again. His latest idea is to take coffee, tea or cocoa, "all hot, all hot", around in the mornings as well as sandwiches. He has a patent system of keeping them hot, by carrying it in a coffee-pot which lies in a bed of cotton-wool inside of a tin-can. By this means he is able to provide clerks at the barracas and others who have to leave early in the morning, with a most delicious hot tea and appetizing sandwiches.

The enterprising Dick deserves all encouragement. His sandwiches are really first rate, and his tea is Horniman's best.

Bravo Dick! More power to your arm!'

Richard Cantwell Jr. died in Montevideo in the mid 1940's.



Three Biographies

1. *A Year in the Life of William Shakespeare*. 1599 by James Shapiro (2005) won the prestigious Baillie Gifford prize for nonfiction that year. This year, to mark the 25th anniversary of the prize, Shapiro's "extraordinary Shakespeare biography, a book about a pivotal year in William Shakespeare's life has been named the Baillie Gifford Winner of Winners". 1599 was an epochal year for Shakespeare and England. During that year, Shakespeare wrote four of his most famous plays: *Henry the Fifth*, *Julius Caesar*, *As You Like It*, and, most remarkably, *Hamlet*; Elizabethans sent off an army to crush an Irish rebellion, weathered an Armada threat from Spain, gambled on a fledgling East India Company, and waited to see who would succeed their aging and childless queen.

Shapiro illuminates both Shakespeare's achievement and what Elizabethans experienced in 1599, the news and the intrigue of the times, and evocating how Shakespeare worked as an actor, businessman, and playwright. Shapiro says in his introduction, that this book is less about Shakespeare in Love (referring to John Madden's 1998 film) and more about Shakespeare at Work. "If Shakespeare was in love in 1599 it was with words". The book is a writer's life, a fascinating account of what Shakespeare read, wrote, and performed, and what was going on in England and beyond, shaping plays which 400 years later continue to influence how we make sense of the world.

2. The facts of John Donne's life (1572-1631) are well-known: Donne was born into a Catholic family at a time of persecution; family members were imprisoned and tortured. He moved between success and penury, was briefly a lawyer, an unsuccessful adventurer in Spain, and a period at court that ended when he secretly married Anne More, being thrown into prison by her father. There followed years as the impoverished father of 12 children (six died), his grief after his wife's death and his final transformation, as a clergyman who was swiftly promoted to Dean of St Paul's. In *Super -Infinite. The Transformations of John Donne* (2022 Baillie Gifford Prize) Katherine Rundell shows that Donne was consumed by ideas of identity. For this she delves into his poetry, his meditations and his sermons to understand the apparent contradictions between the two

Donnes, the piratical Jack who sailed with Raleigh to Cadiz and who wrote brilliant sonnets, rich in witty paradox and sexual assertion, and Dr John, eventually Dean of St Paul's; an accomplishment, says Rundell, owing as much to his networking as to his considerable ability at preaching. His theatrical sermons drew as many people as any play at the nearby Globe. This is a fascinating book on the man who gave us:

No man is an island, / Entire of itself, / Every man is a piece of the continent, / A part of the main / ... Any man's death diminishes me, / Because I am involved in mankind, / And therefore never send to know for whom the bell tolls; / It tolls for thee.

As well as:

Licence my roving hands, and let them go, / Before, behind, between, above, below. / O my America! my new-found-land, / My kingdom, safest when with one man mann'd, / My Mine of precious stones, My Empirie, / How blest am I in this discovering thee! (set to music and sung by the great Caetano Veloso).

3. Finally, in *The Waste Land: A Biography of a Poem* by Matthew Hollis (2022) there is, as in the previous works referred to, close textual reading to examine artistic creation. *The Wasteland* by T.S. Eliot is the key poetical work of English Modernism. (He was awarded the Nobel Prize in 1948). Hollis blends biographical detail with literary criticism, charting Eliot's upbringing in St Louis, Missouri, his conflicted relationship with his mother and the horror of his marriage to Vivien Haigh-Wood. He also reports the antisemitism that disfigured Eliot's and his collaborator, Pound's, work, and he notes the egotism resulting in professional missteps and personal cruelties. *The Wasteland* (1922) wasn't conceived or executed in isolation; Eliot's chief enablers were his wife, Vivien, and his fellow poet and indefatigable literary "editor" – Il miglior fabbro the better craftsman- to whom Eliot dedicated his poem: Ezra Pound, who looms large in Hollis's book, together with Eliot himself.



ChatGPT, my assistant by Dr Jorge C Stanham OBE and ChatGPT

Last month I wrote about Artificial Intelligence and its most widely used offspring: ChatGPT, which has been the fastest growing computer program ever, since it was launched in November 2022. There's 100 million users out there now – and this number is still growing – and it's free.

I have used ChatGPT to assist colleagues summarizing a complex patient stay at a hospital, surprised by the quality of the result. Of course, the output needs fine-editing by the attending doctors, but the time saved is enormous.

What follows are inputs (prompts) I have entered, followed by the answers, provided in not more than a few seconds.

Prompt: Write a 300 word introduction to ChatGPT in medicine for my Medical Column in the next Contact Newsletter.

ChatGPT: As technology continues to evolve, so does the medical field. One of the newest advancements in medicine is the use of artificial intelligence (AI) to assist healthcare professionals in various tasks. One such AI tool is ChatGPT, a large language model developed by OpenAI, based on the GPT-3.5 architecture.

ChatGPT is a powerful tool that uses natural language processing to understand and generate human-like responses. It can assist healthcare professionals in various tasks, from answering medical questions to providing decision support and patient education.

In medicine, ChatGPT has the potential to revolutionize the doctor-patient relationship. It can help physicians provide more personalized care by taking into account a patient's medical history, symptoms, and

preferences. By using ChatGPT, doctors can access the latest medical knowledge and evidence-based guidelines, leading to more accurate diagnoses and better treatment plans.

Additionally, ChatGPT can assist in patient education by providing understandable and concise information about medical conditions, treatment options, and preventive measures. Patients can have a better understanding of their health, leading to improved health outcomes.

Another way ChatGPT can help healthcare professionals is by providing documentation assistance. By automating the documentation process, doctors can save time and improve accuracy, resulting in more efficient and effective care.

However, like any technology, ChatGPT is not perfect. It is important to note that ChatGPT's responses are only as accurate as the data it is trained on. Therefore, it is crucial to ensure that the data used to train ChatGPT is diverse and unbiased to prevent any potential harm to patients.

In conclusion, ChatGPT is a powerful tool that has the potential to transform the way healthcare professionals deliver care to patients. It can assist in various tasks, from answering medical questions to patient education and documentation assistance. However, it is important to use ChatGPT responsibly and ethically, with the patient's best interest at heart.

Prompt: How can ChatGPT help an office-based generalist physician?

Chat GPT: As an office-based generalist physician, there are several ways in which ChatGPT can assist you. Here are a few examples:

1. Answering medical questions: ChatGPT can provide you with accurate and up-to-date medical information. You can ask questions related to diagnosis, treatment, and management of various health conditions.

2. Clinical decision support: ChatGPT can provide you with decision support tools that can help you make clinical decisions based on the latest evidence-based guidelines.

3. Patient education: ChatGPT can help you educate your patients by providing them with information about their health conditions, treatment options, and preventive measures.

4. Documentation assistance: ChatGPT can assist you in documenting patient visits, including history, physical exam, and treatment plans. This can help you save time and improve accuracy.

5. Follow-up reminders: ChatGPT can help you manage your patient's care by providing reminders for follow-up visits, lab tests, and medication refills.

Overall, ChatGPT can be a valuable tool for an office-based generalist physician by providing reliable medical information, decision support, patient education, documentation assistance, and follow-up reminders.

And, last but not least, ChatGPT can function as a poet!

Prompt: Write a short poem describing a doctor-patient encounter.

ChatGPT:

In the doctor's office, the patient sat

Worried and anxious about their health that

The doctor walked in, with a calm and friendly chat

"Let's see what we can do," the doctor said patting the mat

The patient shared their symptoms with care

The doctor listened with patience and flair

Then turned to ChatGPT with expertise rare

And asked for guidance, to give the patient the best care

ChatGPT responded with knowledge and speed

Giving the doctor the information they need

Diagnosis and treatment, with evidence to lead

The doctor and patient, together agreed

The patient was relieved, their fears eased

With ChatGPT's help, the doctor appeased

They worked together, their trust increased

The patient left happy, their worries ceased

Thanks to ChatGPT, the encounter was a success

The doctor and patient, together in finesse

With ChatGPT's help, they passed the test

And left the room, feeling blessed.



Piriápolis: Rocks that Captivated Men and Names

Piriápolis, as we know it today, came into existence in 1892 when Francisco María Piria visited a small country tavern on the outskirts of Pan de Azúcar village. By chance, he shared the same table as the owner of the 5,000 acres that would later become his property. Originally, Piriápolis was planned as a large wine plantation, and more than two million vine seedlings were brought from Europe, along with dozens of huge 8,000-gallon oak wine barrels.

However, it wasn't until 1896 that Francisco Piria settled in his wine estate, which he named "Estancia Piriápolis". During his stay, he discovered the mining potential of the crystalline rocks in the hills he owned. This discovery led him to transform the entire project, which eventually became the present-day likeness of Piriápolis.

In his book named "Unknown Riches of Uruguay," published in 1913, he writes: "I know the quarries of the Vosges, the almost-extinct quarries of Scotland, those of the Rhine, those of Bavaria, those of Denmark, those of Italy, those of Cristianía, those of Sweden (...) those of Egypt (...) but all the porphyries and granites of the innumerable quarries I have visited would not amount to a third of the varieties found in Piriápolis."

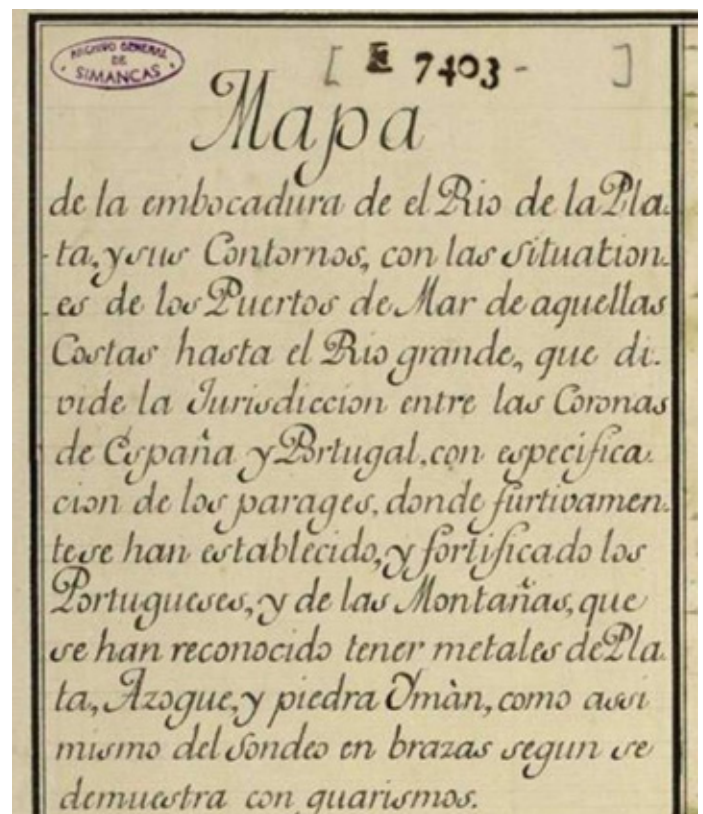
However, this was not the first time that men were captivated by the rocks of Piriápolis. At the foothills that get into the sea of the "Cerro del Inglés" (now known as San Antonio), there is a rocky point that has long been known as "Magnet Point" ("Punta Imán or Yman").

This curious name has given birth to countless legends of unfortunate events over the years, but its real origin dates back to the year 1737 when a Spanish map was drawn and defined the "positions of the Río de la Plata and its contours with the situations of the sea ports and the mountains that have been recognized as having silver metals, quicksilver and Yman rocks" (Archivo General de Indias, 1737).

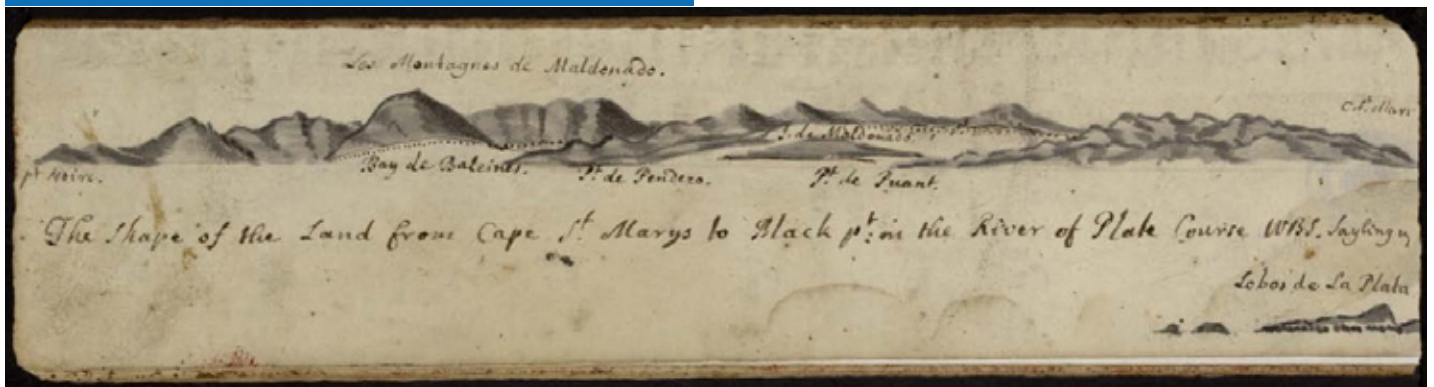
The so-called "magnet stones" were always associated with diamonds and were popular subjects in travel books of the Middle Age, such as those by Bartolomeo Ágrico and Marco Polo. It was said that magnet stones and diamonds came from a common energetic vein and had the ability to bring the sick closer to esoteric healing. It was also believed that magnet stones could attract diamonds to them, and so the Latin etymological roots "adamas" or "adamantis" were used for both.

It was precisely this worldview of the pioneers that gave birth to the name "Punta Imán". This was a topographic indication that could be seen from the sea to reach the "Cerro del Ymán" in the vicinity of "Minas de Lavalleja" by following along the unchained heights (Maeso 1882, Marstrander 1915).

As a colourful note regarding this route, Pedro de Angelis accused the King's "silversmith" and "first assayer of the coinage of Madrid" of being an "inept" in 1839 because of the exaggerated evaluations he made in 1749 on the riches and gems of the Minas hills.



Abstract of a 1737 Spanish map which situates "the seaports and the mountains that have been recognized to have silver metals, quicksilver and Ymán rocks". Archivos Estatales de España – Archivo General de Simancas.



The History of a voyage to river of Plate and Buenos Aires, from England [Manuscrito] / by William Toller 1715, Biblioteca Nacional de España.

In the early days of Spanish occupation of the Río de la Plata, the area between Maldonado and Montevideo was largely ignored until an English voyager named William Toller arrived on June 18th, 1715. He named a small promontory “Punta Negra” due to its visually dark features and named the chosen anchorage “Warwick Bay” after the ship’s first anchorage. Toller identified the whole geography as a cape made up of three points, which he called “Cabo del Roque”, now known as Punta Negra, Punta Colorada, and Punta San Antonio.

The name “Cerro del Toro” is another name left behind by Toller. On June 20th, the captain of the sloop decided to stock up on cattle to supply the ship, and Toller wrote that the captain went ashore to shoot on the cape and killed a bull: “Last night at 8 Capt. Dover returned having killed a bull.” The following day, the English expedition left the coast, but the names written by Toller, as well as the colloquial meanings of “Cerro del Inglés” and “Puerto del Inglés” derived from his stay, would remain reflected in Uruguayan geography.

The last colonial name to reach Piriápolis was “Pan de Azúcar” hill, which was chosen as the delimitation of the eastern boundary of Montevideo in 1726. Pedro Millán, Captain of the Armored Horses Regiment, wrote to Bruno Mauricio de Zabala, Governor of the Río de la Plata, to

indicate the military limits of the newly created city of Montevideo. These would go from “the mouth of the stream they call Jofré [Cufre], following the coast of the River Plate to this port of Montevideo, and from there following the coast of the sea until it meets the Maldonado hills, and as a landmark, there is a hill locally known as ‘Pan de Azúcar’.” A Royal Decree on April 15th, 1728, consecrated this fact.

At that time, only one guard protected the royal road through the pass to the town of Pan de Azúcar, and the process of identifying and naming places in the region was concluded. It was not until the 1900s that Francisco María Piria, with a stroke of his pen, introduced a new narrative universe that revealed the inherent beauty of the city of Piriápolis.

From an old country tavern to an English gazetteer, passing through diamonds and bulls, places such as Punta Negra, Cerro del Toro, Cerro del Inglés, Punta Imán, and Cerro Pan de Azúcar have endured through time, not happening the same with those forgotten ones of Cabo del Roque and Warwick Bay, which shared the same luck with the name of the King’s “incompetent” polisher, José Tramullas y Ferrer, who shines in oblivion.

The history of toponyms and their rediscovery seems to be essential for the appreciation of our past and present. Piriápolis is the best example.



Piriápolis 1930. Public domain CDF IMM.



Quince crumble with almonds

Now that Autumn is once again upon us and quinces are in plentiful supply, this month's recipe is inspired by this tough, astringent, bitter fruit which completely transforms once cooked becoming tender with a deep luscious orangey red colour, with a floral, fruity aroma.

Quinces are known to have been cultivated in ancient Babylon and are also native to Iran and Turkey. The fruit grows on a small tree/bush of the rose family (Rosaceae).

Since antiquity quince have been appreciated as a medicinal plant claiming many health benefits including lowering blood pressure, balancing cholesterol, and helping to reduce cancer risks. They are rich in vitamins A, B, C and E and also different minerals including potassium and iron.

Quinces are typically used to make jams and jellies, but can also be used for many different deserts and to accompany roast lamb, chicken and pork dishes.

The most important step to take when preparing quinces for a dessert is to poach the fruit in a sweetened liquid for several hours until it softens and changes colour to an orangey red.

Ingredients – 4 Portions

For Poaching:

- 4 large quinces (approximately 1 kg)
- 1 lt water
- 2 lemons (one zest, both juiced)
- 1 cinnamon stick
- 3 star anise

- 6 thin slices of ginger
- 200 g sugar
- 50 g butter

For the crumble:

- 150 g flour
- 100 g unsalted butter
- 75 g brown sugar
- 50 g flaked or chopped almonds
- 50 g porridge oat

Method

Peel the quince and cut in half and then quarter and remove the core. Place in cold water with lemon juice to prevent the flesh from colouring.

Bring one litre of water to the boil with the sugar, butter, lemon juice and zest, cinnamon stick, star anise and ginger slices. Add the quince quarters. Cover with parchment paper cut in a circular shape with a 2-cm hole in the centre to allow steam to escape.

Press the paper lid down on top of the quinces and cook on a low simmer for between 1 ½ and 2 ½ hours or until the fruit is soft and an orange/reddish colour. The juice should become quite concentrated.

For the crumble, mix the cold butter into the flour leaving it the texture of course breadcrumbs and stir in the sugar, almonds and porridge oats.

Place the quince pieces in an ovenproof dish and cover with the crumble mixture. Finish cooking for between 15 to 20 minutes in a medium hot oven until the crumble is nicely coloured and cooked through.

Serve warm with ice cream or whipped cream. Use the concentrated juice as a sauce for the ice cream.

- The reduced cooking liquid can be used as the base for a cool fruit-based drink. The tropical notes in quince make it a good match for pineapple or mango. Add lemon or orange juice to take away some of the sweetness.

- Poached quince is a perfect accompaniment to roast lamb or pork and chicken recipes.

- Sprinkle Maldon salt over the cooked crumble

- Quinces blend well with apples and pears, so add one of these fruits to your quince crumble by mixing in with the poached fruit towards the end of the cooking time.

- Quinces combine well with vanilla flavourings and warming spices such as ginger, cardamom, cinnamon, cloves, and star anise.

- Freeze the poached quince together with its juice for up to six months.

What better way is there to accompany your quince crumble than to add a table spoon of the reduced cooking liquid to a glass of cold champagne. A version of Kir Royal!!

Cheers, enjoy!

All the takings from Jonathan's second comedy collection, *Speaky Stuff*, go to Ukrainian Disaster Relief at www.dec.org.uk. You can either give him \$1000 via vozinglesa@gmail.com or donate them direct.

by Jonathan Lamb
vozinglesa@gmail.com



GETTING ON

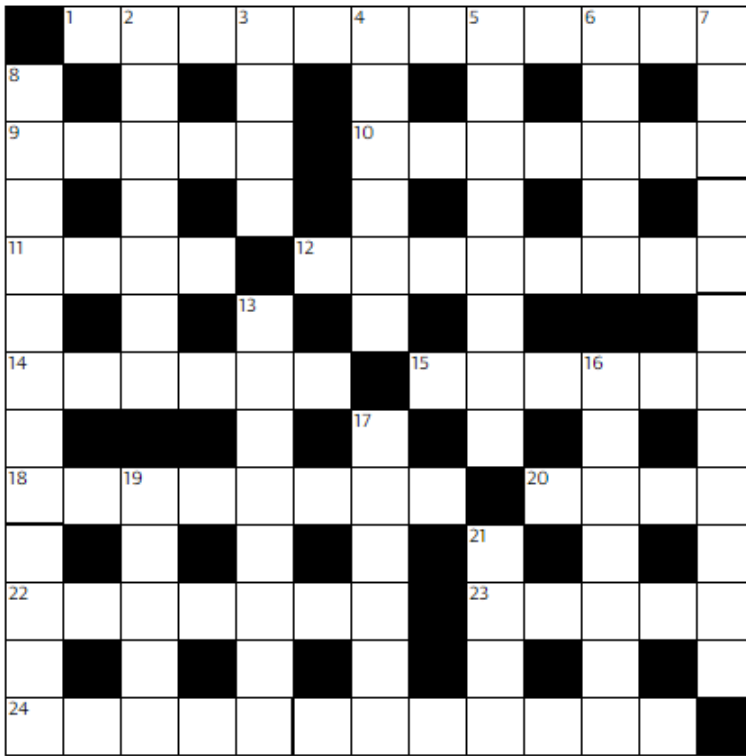
You got on the bus
And I got on

We chatted as we sat
And we got on

I got off with you
And time moved on

It's been a few years now
We're getting on

But still the bus comes by
And we get on



Print this page and start playing!
Solution in our next Contact issue.

April solution:



Across

- 1 Flaw (12)
- 9 Mechanism that goes round and round (5)
- 10 Got thin (anag) (7)
- 11 An undivided whole (4)
- 12 Leading character in Shakespeare's The Tempest (8)
- 14 Attack — no raid (anag) (6)
- 15 Beginner (informal) (6)
- 18 Many (8)
- 20 Equitable (4)
- 22 Hero-worship (7)
- 23 Tree producing beans used to make chocolate (5)
- 24 eg 7, 11 and 17 (5,7)

Down

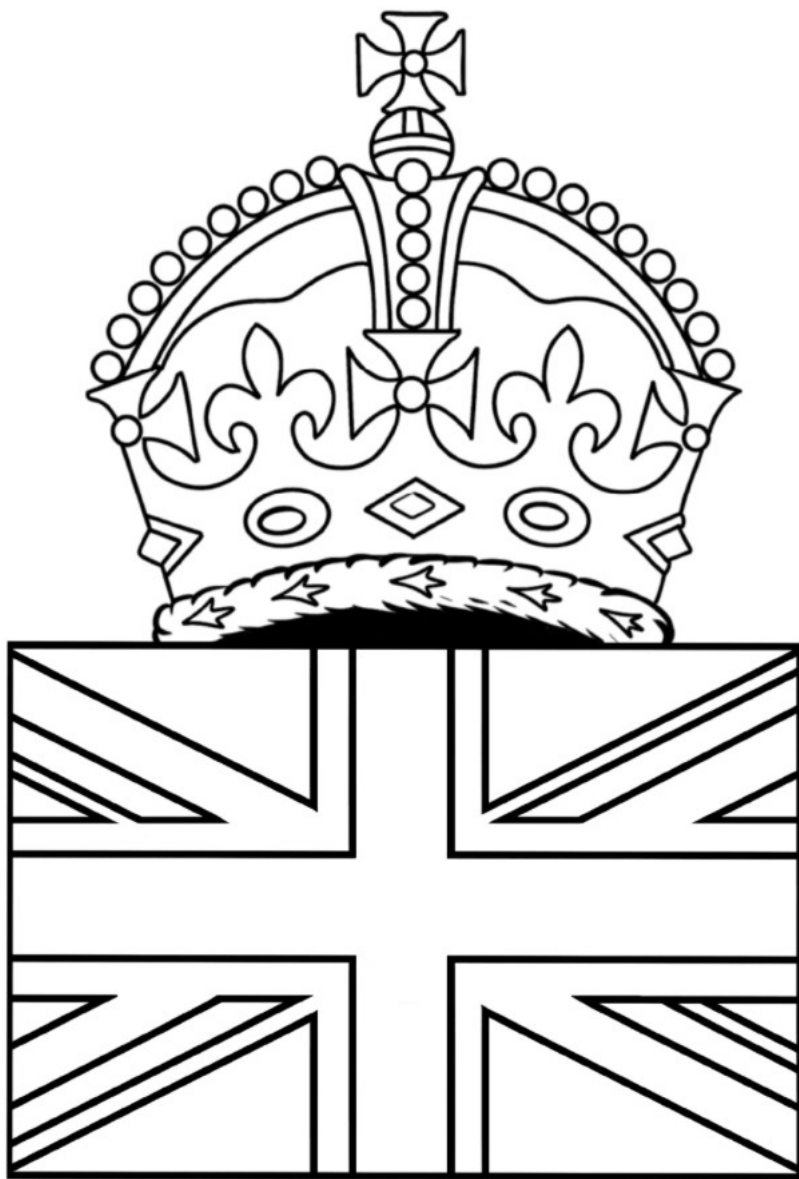
- 2 Consisting of a more haphazard collection (7)
- 3 What walls proverbially have (4)
- 4 Time to come (6)
- 5 Metal container (8)
- 6 Fireplace — eg nil (anag) (5)
- 7 To say nothing of (3,2,7)
- 8 Error betraying unconscious thoughts (8,4)
- 13 I nail her (anag) — very fine (8)
- 16 Kind of doorman (7)
- 17 Office (6)
- 19 Official language in New Zealand (5)
- 21 Blackleg (4)



<https://www.gocomics.com/>



CORONATION DAY



MAY DATES IN BRITISH CULTURE



01/05/2023: May Day

Today, we celebrate the coming of spring in the northern hemisphere and the hard work of laborers all over the world.



06/05/2023: Coronation of Charles III and Camilla

Today is a historic day for the United Kingdom as we witness the coronation of Charles III and Camilla. We wish Charles III and Camilla a long and prosperous reign, and we look forward to seeing what the future holds for the United Kingdom.



10/05/1957: Sid Vicious

English musician, best known as the bassist for the punk rock band Sex Pistols, an icon of the punk subculture. As the bassist for the Sex Pistols, Sid Vicious captured the raw energy and rebellious spirit of punk rock like no one else. But Sid was more than just a musician - he was a style icon, a provocateur, and a symbol of anti-establishment sentiment.



12/05/2023: International Nurses Day

Happy International Nurses Day! Today, we honor the incredible work that nurses do all around the world. So let's give a round of applause to all the hardworking nurses out there - we appreciate everything you do! And to the British nurses who have made history, thank you for your dedication and service. You are an inspiration to us all.



20/05/2023: World Whisky Day

Whether you spell it with an "e" or not, there's no denying that whisky (or whiskey, if you prefer) is one of the finest beverages the world has to offer. And when it comes to whisky, Scotland is king. From the smoky flavors of Islay to the honeyed notes of Speyside, Scottish whisky (or should we say Scotch?) is the gold standard for whisky lovers everywhere. So pour yourself a dram, raise a glass, and let's toast to the joys of whisky - the water of life!



22/05/2023: Chelsea Flower Show Begins

It's that time of year again, folks - the Chelsea Flower Show has officially begun! We're so excited to see the gorgeous displays of flora and fauna that the world's top garden designers have in store for us. From vibrant blooms to exotic foliage, the Chelsea Flower Show is a feast for the senses. And let's not forget the Chelsea Pensioners, who add a touch of tradition and history to the event.



25/05/1939: Sir Ian McKellen

Today, we're celebrating one of Britain's most beloved actors - Sir Ian McKellen! From Gandalf in Lord of the Rings to Magneto in X-Men, this legend has graced the silver screen with his talent and charm. But did you know that Sir Ian McKellen is more than just an actor? He's also a tireless LGBTQ+ activist and a vocal supporter of British theater.



27/05/1922: Sir Christopher Lee

Today, we're paying tribute to one of Britain's greatest actors - Sir Christopher Lee! With iconic roles in films like Dracula, The Lord of the Rings, and Star Wars, this legendary performer has left an indelible mark on the world of cinema. But did you know that Sir Christopher Lee was also a heavy metal singer? That's right, this multi-talented actor lent his deep, booming voice to several albums, including the classic "Charlemagne: By



Picture: <https://www.telegraph.co.uk/news/2022/09/14/westminster-hall-cradle-british-history/>

Westminster Hall

Westminster Hall has, throughout several centuries, played host to some of the most significant moments in British history. Lying at the seat of power in London, it is the oldest building on the parliamentary estate, encapsulating the spirit of Westminster, which for so long has been an epicentre of authority in the British Isles.

The origins of the building itself can be traced back to the time of King William II, the son of William the Conqueror, who commissioned Westminster Hall in 1097. Completed in just two years, it was the largest hall in England, as well as the being the biggest in Europe at the time. Such a significant structure in size and scale reflected the king's power and might, as well as to impress upon his subjects his ultimate authority.

Of particular architectural significance was the impressive design of the roof, which has become a prominent feature of this impressive historical building that still evokes awe from visitors today. Richard II's commission for the roof would make it the largest medieval timber roof of its kind in Northern Europe. The vast, clear span roof would measure around 21m by 73m.

Besides the impressive architectural centrepiece of the roof design, the hall was also adorned with life-size statues, each depicting a king and made from Reigate stone, starting with Edward the Confessor and ending with Richard II, who oversaw this commission. Such emblems proved to be unprecedented at the time and would reflect the prestige and significance of the building itself, becoming symbolic of the seat of power and emanating authority in its design, form, and structure.

Since its conception in 1097, Westminster Hall was not only a place steeped in symbolic power but was in fact a functioning setting for the royal household, playing host to ceremony both judicial and monarchical.

Since the time of Henry II, it had been established as a place for a fixed sitting of judges whilst in the time of the Magna Carta, the courts would regularly convene in the Hall. Throughout the tumultuous history of the British Isles, Westminster Hall became a venue for some major historical events, including state trials such as that of King Charles I, marking the end of the English Civil War, as well

as prominent figures such as Thomas More, Cardinal John Fisher and the infamous Guy Fawkes.

Meanwhile, as the Hall regularly played host to a variety of administrative processes throughout British history, simultaneously it would also host some of the most significant ceremonial processions and events in royal history.

For successive generations of kings and queens, Westminster Hall has been the setting for a coronation banquet, the last of which was held in 1821 for King George IV. After the coronation ceremony had taken place, a breakfast would be served at the table with seated at the head, a newly reigning monarch whose power has just been cemented not only by ceremony but by the symbolism displayed around them.

The Hall has in more recent centuries become a location for other royal ceremonial functions, both celebratory and solemn in tone.

Westminster Hall was used for jubilant royal celebrations such as the Addresses to the Crown for Queen Elizabeth II's Silver Jubilee in 1977 and subsequently both the Golden and Diamond Jubilee.

Sadly, the Hall has also played host to much more solemn occasions, such as state funerals and the lying-in-state of members of the royal family. One such example includes the state funeral of Winston Churchill in 1965, one of a select few non-royal to be bestowed with such an honour, and most recently, Queen Elizabeth II in September 2022.

Since its conception in 1097, Westminster Hall has become a nucleus of royal activity, inextricably tied to the political, monarchical and cultural scene of Britain throughout the centuries. Westminster Hall's symbolic strength as a location for the very highest seat of power in the land, representing the legacy of British monarchy, the emergence of British democracy and the tradition of pomp and ceremony, remains the undeniable power of such a building which will continue to serve and play host to the most significant moments of British history for years to come.

source: <https://www.historic-uk.com/HistoryMagazine/DestinationsUK/Westminster-Hall>



Click to listen on Spotify



The official Coronation Celebration Playlist has been created by the Department for Culture, Media and Sport (DCMS) and is available on Spotify. The playlist features 28 songs including “Come Together” by The Beatles, “Daddy Cool” by Boney M., “A Sky Full of Stars” by Coldplay, “Let’s Dance” by David Bowie and “Celestial” by Ed Sheeran. It also includes golden oldies such as Tom Jones and Spice Girls.