



THE BRITISH SOCIETY
IN URUGUAY



Contact

June 2018



In this issue:

British Choir
British Hospital
Anglo Institute
Manuel
Back In Time
Dickens Institute
Crosswords
and more...

*Royal Wedding
H&M*

www.britsoc.org.uy

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BSU CONTACT Newsletter
www.britsoc.org.uy
www.facebook.com/BritSocUy
Montevideo, Uruguay



PRESIDENT'S WORDS

Dear members,

The centenary Council Meeting held on 23 May at The British Schools' Conference Room was attended by 14 out of the 19 British institutions which make up The British Society Council (in alphabetical order: Anglican Church of Uruguay, Anglo-Uruguayan Cultural Institute, British Cemetery Society, British Hospital Guild, British Hospital Society, British-Uruguayan Chamber of Commerce, British-Uruguayan Club, Christ Church Montevideo, City of Montevideo Pipe Band, Graduates of British Universities Association, Montevideo Cricket Club, Montevideo Players Society, Riverside Pipe Band, St. Andrew's Society of Uruguay, Silver River Lodge, Sir Winston Churchill Home, The Allies, The British Schools Old Boys & Old Girls Club, The British Schools Society). The meeting was lively and lengthy, and discussion revealed all attending institutions to be healthy and stable. British Consul Rossa Commane attended in representation of the British Embassy and was well-impressed by the state of affairs. At the close of the meeting, the Council toasted the Society's successful first 100 years and wished it an equally successful 100 more.

May also saw the Centenary Croquet Tournament, held at The British Schools' smart artificial grass hockey field. Though the size of the field was larger than what player had been previously accustomed to, the excellent condition of the grounds made playing more enjoyable. 7 new players joined the fray, 6 of which are not members, which shows croquet's ability to attract new people to our Society. The final was a tight match between the Browns (a visiting Australian couple, who seemed unstoppable throughout the tournament) and feisty young locals Rodrigo Cámara & Agustín Milan, surprisingly won by the latter at the very end by hitting the centre post in spectacular fashion. Congratulations are due to both finalist teams for an excellent performance. Croquet buffs will already be looking forward to our annual British Society Cup in October-November, which we may be forced to hold over two days if numbers keep increasing.

This month brings us a bingo tea party in aid of the Benevolent Fund, and the year's first lecture-supper with journalist Thomas Lynn. We hope to see you there!

Richard A. Empson

UPCOMING EVENTS

Fri. 1st / Sat. 2nd at 22:00 hrs

God Of Carnage

MPS, Acevedo Díaz 2326

Organised by: The Montevideo Players Society

Wednesday, 6th at 20:30 hrs

III Festival Folclórico Europeo

Anglo's Millington Drake's Theatre

Organised by: Anglo Institute

Saturday, 9th at 13:30 hrs

Junior Caledonian Competition

The British Schools' Pavilion,

Máximo Tajes 6411

Organised by: St. Andrew's Society of Uruguay

Wednesday, 13th at 16:30 hrs

Bingo Tea Party

Organised by: BSU

British Hospital Conference Room,

Access through Policlínico Morales 2578

Wednesday, 13th at 18:30 hrs

Uruguayos en las Falklands

Ateneo de Montevideo,

Plaza Cagancha 1157

Future Events:

Sat. 11th / Sun. 12th of August

14th Anglo Congress

Radisson Montevideo,

Victoria Plaza Hotel

Organised by: Anglo Institute

Saturday, 6th of October

Caledonian Ball

Centro Gallego, Carrasco

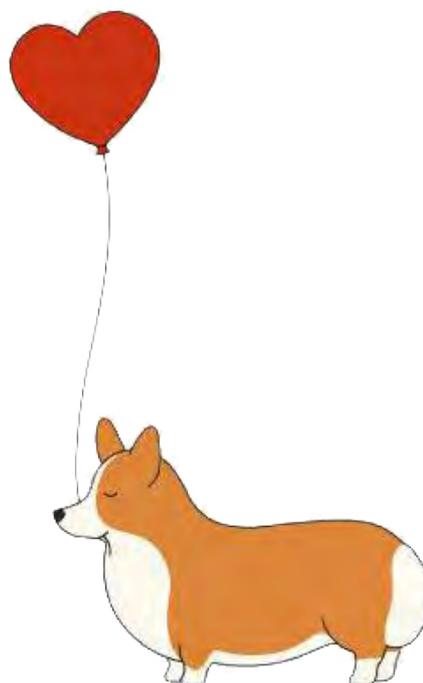
Av. Italia 7504

Organised by: St. Andrew's Society of Uruguay

SOCIAL NEWS

June Birthdays:

- 1st - Chris Golby
- 3rd - Gonzalo Dupont
- 5th - Agustina Lebrato
- 8th - Eugenia González
- 8th - Judith Vecino
- 9th - Andrew Cooper
- 10th - Prince Philip of Great Britain
- 10th - Victor Hugo Pereira
- 12th - Philip Davies
- 18th - Andrew Page
- 21st - Prince William
- 24th - Fernanda Reda
- 26th - Jacqueline Joakim
- 30th - Pamela Johnston



COUNCIL MEETING 2018

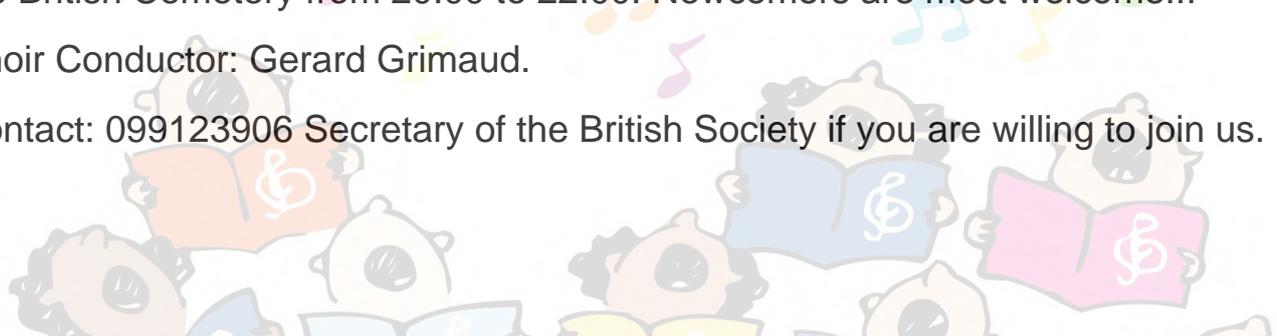


BRITISH SOCIETY CHOIR

The British Society’s Choir started on Friday 23rd February with a jolly good number of singers. Rehearsals take place on Fridays at 3868 Rivera Avenue at the House of the British Cemetery from 20:00 to 22:00. Newcomers are most welcome!!!

Choir Conductor: Gerard Grimaud.

Contact: 099123906 Secretary of the British Society if you are willing to join us.





CENTENARY CROQUET TOURNAMENT





BINGO TEA PARTY

On 13th June, The British Society is organising a **Bingo Tea Party**, specifically to support the **Benevolent Fund**.
At British Hospital Conference Room.

The event, which **starts at 16:30**, will consist of **two rounds of bingo**, with prizes for the lucky winners, between and after which those present will be spoiled with a number of **delicious scones, muffins, brownies and other home-made treats** specifically prepared for the occasion **by our excellent British community cooks** to accompany tea.

Come and enjoy the game, the company and the tea in the knowledge that all is for a good charitable cause.

Entrance fee is \$500.

Book your place now with secretary@britsoc.org.uy or calling 099123906.

TRIP TO FRAY BENTOS

To celebrate its centenary, **The British Society is setting up a trip to the historic city of Fray Bentos in the month of November.**

The trip will be by bus and **will include visits to the former Frigorífico Anglo** (now a UNESCO world heritage site) **and the UPM pulp mill**, as well as a **tour of the city and the neighbouring resort of Las Cañas** and a **meal at the Fray Bentos Golf Club** (built by famous golf course designer Dr Allister Mackenzie in 1928).

Lodging will be recommended, but not included, since different people may have different ideas on the matter. **We do not yet have a final cost for the entire trip, but are calculating it will be in the order of US\$100 per person.**

To gauge members' interest and fine tune costs (the more people come, the cheaper the trip will be per person) we would like to ask all those interested to contact secretary@britsoc.org.uy or call 099123906 and tentatively register for the trip.

THE SIR WINSTON CHURCHILL HOME

Elaine celebrated her 95th birthday this month and was accompanied by family and friends!



Norma, Peter and Joan went to the Embassy the day of the Royal Wedding and enjoyed a delicious tea!



Our concentrated residents making handicrafts with Gabriela!



Contact us at:
SWCH@britsoc.org.uk

BRITISH EMBASSY

TRADE MISSION TO LONDON

Uruguayan companies took part in a trade mission to London 14 - 18 May organised by Uruguay XXI, (the investment, export and country brand promotion agency), the British Embassy in Montevideo, the British-Uruguayan Chamber of Commerce and with the support of the UK Department for International Trade. The visit comprised of several activities, including business meetings, a promotional event in



Tower Bridge and participation in the Foreign Direct Investment Expo, with the aim of presenting Uruguay as a good destination for exports and investment.

OUR OWN CELEBRATION OF THE ROYAL WEDDING



The Embassy celebrated the marriage of His Royal Highness Prince Harry to Ms Meghan Markle with members of the British Community, Graduates of British Universities Association and Sir Winston Churchill Home with an afternoon tea at the Ambassador's Residence on Saturday 19th May.

In line with the couple's wishes to support selected charities instead of receiving wedding gifts, an admission fee was charged and 100% of all money received was donated to Karumbé, an Uruguayan charity that champions animal welfare and environmental conservation. If you would like to learn more about this organisation and make a similar donation please go to their [website](#).

BRITISH EMBASSY ...Continued

MASTERCHEF EPISODE

We were delighted to host the highest rating programme in Uruguayan TV for the recording of an episode at the Ambassador's Residence. The Ambassador and 40 guests had the difficult task of tasting three interpretations of a traditional English Tea from the talented teams of chefs.



VISIT TO THE INTERIOR



Ambassador Ian Duddy visited Paysandú, Artigas and Salto, 8-10 May. His busy programme included meetings with intendentes, a talk to university students at Universidad Tecnológica del Uruguay (UTEC) and visits to Anglo and Dickens associated schools. The Ambassador also had a tour of Salto Grande dam, an Aberdeen Angus bovine reproduction centre and a Guarino Oranges plantation, which are exported to the UK.



Embajada Británica
Montevideo

BRITISH HOSPITAL



BRITISH HOSPITAL

HEADACHE

Headache: the main reason for a neurological consultation

There is a growing tendency to suffer daily or almost daily headaches which affect the patient's health and quality of life. Some people stop working or condition their travel plans for fear of being far from emergency care. The pain may not be serious, but it is very limiting. Headaches can be either a symptom or a disease and there are two types:

Secondary headaches: are those in which the headache is a symptom and is present because of another condition. The patient has some medical condition that is causing a headache (between 5% and 10% of patients). Medical tests can reveal the cause. This type of headache is attributed to: cranial or cervical traumatism, stroke, tumour, drug use, or infections.

Primary headaches: these are the most common. There is no brain injury or underlying medical condition behind the pain. The symptom is the disease itself and there are no tests that can explain its presence. This is 90% of the cases and most of the headaches are not serious although they can be annoying for the patient. Types: migraines, tension headaches, periodic tension headaches and cluster headaches.

Migraine: these last from 4 to 72 hours. Although less frequent than tension headaches, they are more limiting. These usually produce a pain located in the centre of the head that can end up in the eye. They affect 5% of men and 15% or 20% of women. More than 80% of patients have some degree of transitory disability linked to the pain crisis. Migraines may have a hereditary component that makes us more likely to have them. Women who have migraines, take contraceptives and smoke, are likely to have cardiovascular risks. There are certain foods that can cause migraines for certain people: chocolate, alcohol, some types of cheeses, sauces and fried food. Each person has their own food tolerance level.

People who have at least 3 of these symptoms suffer from migraine:

- When one side of the head hurts more than the other, although both sides may hurt.
- The pain is pulsating.
- Severe intense pain that prevents you from continuing with your activity. It can even awaken you at night.
- Light and noise bother you.
- Sensitivity to light, even without pain.
- Chronic pain which lasts 15 to 20 days in a month.
- Migraine with Aura: occurs when there are vision changes for 15 to 30 minutes, changes in speech or numbness of an arm preceding the onset of the headache.

Tension headaches: these account for 63% of headaches. One can continue with an activity (unlike the migraine). Pain doesn't increase with physical activity and is eased with muscle relaxants and analgesics. Generally, it lasts from 30 minutes to 7 days. Although muscle spasms are likely to occur with headaches, muscle spasms are not caused by headaches. Your genetics and environment can play a role: mental and



physical stress. Muscle relaxants can be taken, combined with analgesics.

Periodic tension headaches: These occasionally occur, especially in women and may be linked to the menstrual period, outside of which they don't usually occur.

Cluster headaches: Severe pain on one side of the head, usually behind one eye. The eye that is affected may be red and watery and a small pupil; stuffy nose; sweating on the forehead. These headaches occur in brief episodes that can go from minutes to 2 hours. They occur in series throughout the year, in different situations (some have it when the seasons change) and occur predominantly at night and in men.

Trigeminal neuralgia: this type of headache can be confused with a cluster headache. Trigeminal neuralgia produces intense pain, also called neuralgia of the 5th cranial nerve. It is a pain on the face and may appear in one or more of the three branches in which the nerve is divided: upper, middle and lower branches, which divide the areas. Normally one of the branches hurts or two of them together. The pain is severe, brief, sharp, and lasts seconds, but comes and goes repeatedly. In the clinic we must rule out other causes: a blood vessel may be pressing on the trigeminal nerve. This is more common in people with multiple sclerosis. It can be diagnosed with an MRI (preferably) or a CT scan.

When a patient comes to the consulting room with a headache, the first thing to do is to identify what type of pain you have, to know how to treat it since each pain will require a different treatment. The International Headache Society has studied and classified different types. When asked: "how do I distinguish the type of headache?", it is important to know that most of the headaches are primary, it hurts a lot, but it is not caused by a brain injury or a serious illness. It is advisable to consult your GP when the headache suddenly becomes extremely intense or is accompanied by fever and vomiting. Consultation is recommended for headaches in the elderly and infants or when an altered neurological test is given.

This article was made with information taken from a workshop on "Headaches" conducted by Dr. Diana Yorio and Dr. Alejandro Scaramelli at the hospital in 2017.

Tel: 24871020 ext. 2740 - www.hospitalbritanico.org.uy - Follow us on [Facebook](https://www.facebook.com/BritSocUy)

ANGLO-URUGUAYAN CULTURAL INSTITUTE

70 years of Cambridge English exams in Uruguay



This is a very special year for all of us at Instituto Cultural Anglo-Uruguayo (Anglo). We are very proud to say that in 2018 we are celebrating our **70th anniversary as a Cambridge Assessment English Authorised Centre**.

The first Cambridge English exams sessions in Uruguay were administered by the Anglo in June and December 1948 and there were 129 candidates in all. Three students sat for the **Diploma in English Studies**, 59 candidates entered for the **Lower Certificate in English**, today known as Cambridge First or FCE, and 67 candidates took the **Certificate of Proficiency in English**. It seems that 68 of these students passed, and 21 candidates are listed as having completed these certificates at a later date after taking one of the exam components for a second time at a later date.

Seventy years later, in 2017, **over 15,500 candidates** took Cambridge English exams within the network of private Authorised Centres that the Anglo supervises. With a population of 3.2 million inhabitants in Uruguay, this means **one Cambridge English exam every 200 inhabitants**. According to Cambridge Assessment English records, this is **the highest Cambridge English exams penetration in the whole world**, where 5.5 million exams are administered annually by 2,800

authorised centres in over 130 countries.

2010 was an important hallmark for the Anglo. That year Cambridge Assessment English appointed the Anglo an **Authorised Platinum Centre**, the highest and most prestigious category of authorised centres in the world. The decision was taken in recognition of the Anglo's commitment to the Cambridge English brand and its contribution to its growth to world-record figures. Two years later, in 2012, **the Anglo was chosen as the best Platinum Centre in world in the "Best Customer Service" category in the Platinum Centres Awards of that year**. Furthermore, both in 2012 and 2015 **the Anglo was shortlisted among the best 5 Platinum Centres in the world in the "Best Business Growth" category**.

All of us at the Anglo are very proud of these achievements and are well aware of the enormous responsibility they entail. We can only increase our efforts in order to live up to the expectations that we have ourselves set so high. We are delighted to face such a challenge and continue growing and contributing to the educational and cultural growth of the people in Uruguay.



British Ambassador to Uruguay, Sir Douglas F. Howard, giving a diploma to a student during the 1953 Anglo Certificate Giving Ceremony, held at Teatro Solís on June 5th.



Director of International Exams, Nora Ramos, giving a certificate to a student during the KETS/PETS certificate Giving Ceremony. Millington-Drake Theatre, April 2018.

ANGLO-URUGUAYAN CULTURAL INSTITUTE

...Continued

Cambridge Awards Ceremony



The Anglo School held its first Cambridge Awards Ceremony this year at Sala Millington-Drake Theatre, Anglo Town.

Cambridge representatives, school authorities and staff, families and students joined us in congratulating the 160 students who sat for Cambridge Assessment English and Cambridge English International Exams last year.

Our Primary students take the Young Learners Tests (Forms 2, 3 & 4), A2 Key English for Schools (Form 5) and B1 Preliminary for Schools (Form 6). All our Primary Form 6 students also sit for the Primary Checkpoint Exams in English, Science and Maths – these exams are compulsory for all Form 6 students and the school covers the cost of the exams.

Our Secondary Education students sit for B2 First for Schools (Form 3) and C1 Advanced (Form 4). Form 4 students can also take IGCSE Exams. As a reward for students who prove to be working hard and doing well, the school covers the cost of the IGCSE exams.

All our students obtained excellent results last year, no doubt thanks to the hard work of the students themselves, the solid preparation delivered by teachers and the support of parents.

As a school, we recognise the importance of International Exams. For our students, they help develop skills that they will need in the future as well as provide evidence of the level of English obtained. For the school, the exams serve as a benchmark against which we can measure ourselves – in this regard, it is very satisfying to see how well our students are doing.

Preparation, effort and learning from mistakes are key ingredients for success and that is what we try to instil in our students. Our students are learning so much more than a language, they are learning skills and behaviours that will help them throughout their lives. They are learning, above all, an attitude!



ANGLO-URUGUAYAN CULTURAL INSTITUTE

...Continued



14th ANGLO CONGRESS

Sat. 11th / Sun. 12th August 2018

RADISSON MONTEVIDEO VICTORIA PLAZA HOTEL



**SCOTT
THORBURY**



**JEREMY
HARMER**



**FACUNDO
PONCE DE LEÓN**

Among other renowned speakers from Uruguay and abroad to be announced soon.



ANGLO

 Cambridge Assessment
English
Authorised Platinum Exam Centre

 www.anglo.edu.uy

@ anglo.congress@anglo.edu.uy

BRITISH CEMETERY



Membership is open to everyone and it is free.
You don't need to be British to join.

All those interested in our events are welcome.



ST. ANDREW'S SOCIETY OF URUGUAY

JR CALEDONIAN

The Junior Caledonian Competition will take place this year at the **Gymnasium of The British Schools on June 9th**. **The Grand March will start at 13:30 hrs punctually.**

If you want to see hundreds of children and teenagers dancing good enough to make those who have danced for many years feel ashamed, come along and see for yourself that everything is far from lost with the new generation.

In fact, one of the eightsomes will be part of those representing Britain in the **III Festival Folclórico Europeo** at the **ANGLO's Millington Drake Theatre on Wednesday June 6th at 20:30 hrs.**





THE MONTEVIDEO PLAYERS SOCIETY



THE MONTEVIDEO PLAYERS SOCIETY
PRESENTS



GOD OF CARNAGE

by YASMINA REZA

A COMEDY OF MANNERS...
WITHOUT THE MANNERS

SHOWS IN JUNE

FRI 1ST
SAT 2ND

ALL SHOWS 22:00 HS

One hour act play, no intermission!
The Pub and doors, will be open as of 21:00 hs
and also after the show

Bookings exclusively through: montevideoplayers@gmail.com

TICKETS:

Adults - \$ 300.-
Students & OAP's - \$ 150.-
Members - FREE!

Our bookings/payment system works as follows:

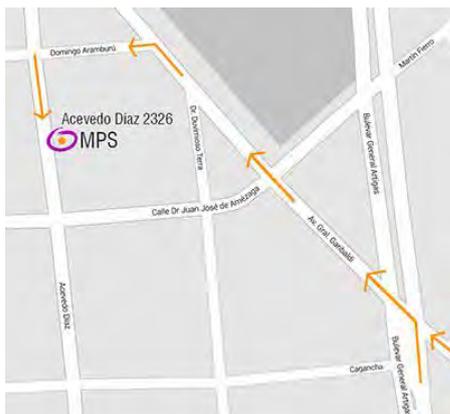
- 1) Book with us by mail indicating which show you want.
- 2) We confirm the seats and hold them for 48 Hrs.
- 3) You go to any RED PAGOS branch within the 48 Hrs. and pay the ticket/s under a name into

COLECTIVO REDPAGOS 44275

- 4) We confirm your booking.
- 5) Pick up tickets at the Box Office before the show.

BOOK NOW!

Yours
The Committee



URUGUAYAN-BRITISH CLUB



**URUGUAYO
BRITÁNICO**
SINCE 1916

LUNCH INVITATION

WEDNESDAY
6TH OF JUNE
12:15 HOURS

PRESIDENT OF ANCAP

MARTA JARA

HOTEL NH COLUMBIA
RAMBLA GRAN BRETAÑA, 473
DRESS CODE: BUSINESS

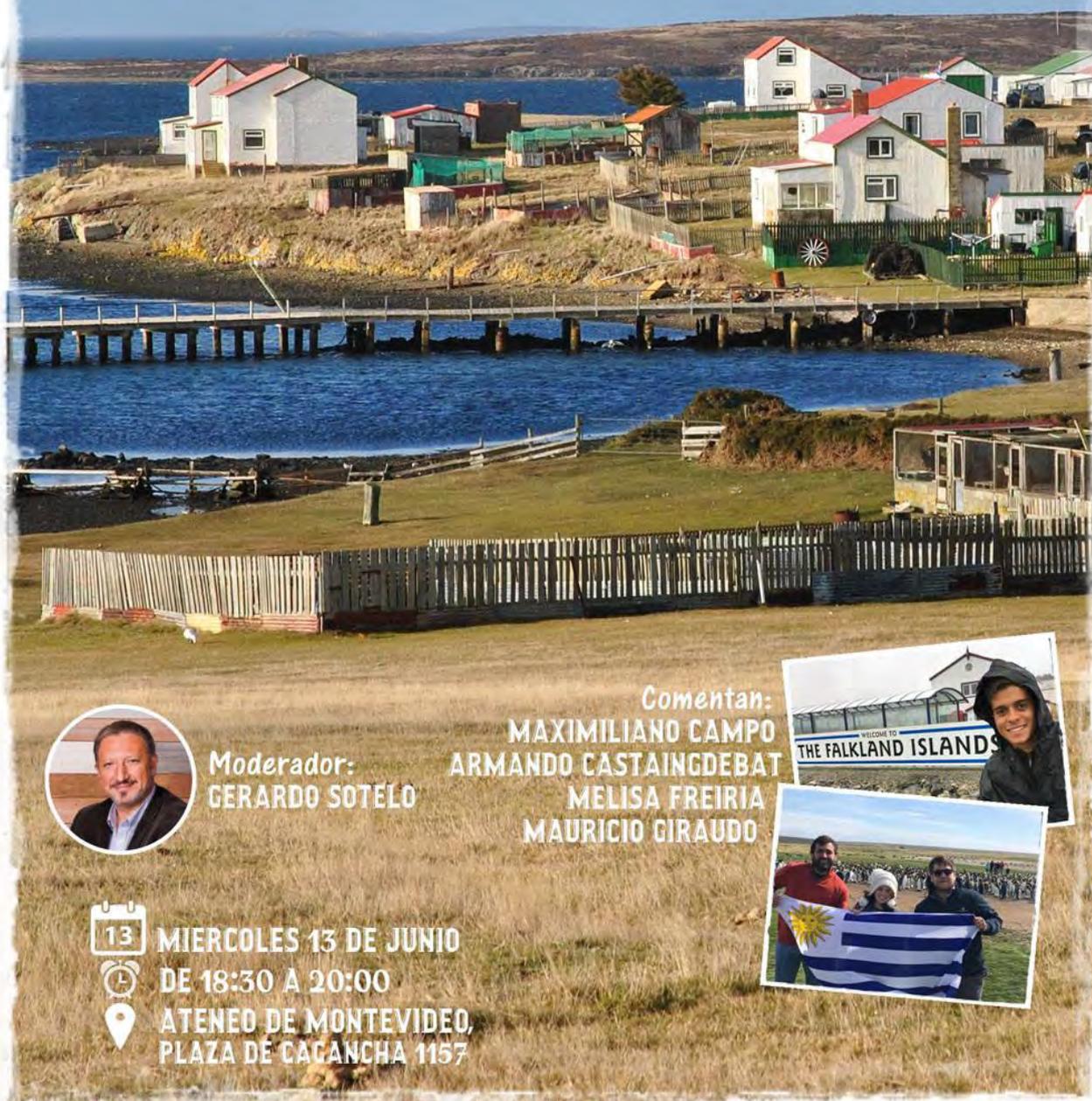
[MORE INFORMATION](#)



SPECIAL INVITATION

URUGUAYOS EN LAS FALKLANDS

Una visión de jóvenes que visitaron las islas



Moderador:
GERARDO SOTELO

Comentan:
MAXIMILIANO CAMPO
ARMANDO CASTAINGDEBAT
MELISA FREIRIA
MAURICIO GIRAUDO



MIÉRCOLES 13 DE JUNIO



DE 18:30 A 20:00



**ATENEO DE MONTEVIDEO,
PLAZA DE CACANCHA 1157**

DICKENS INSTITUTE

BRITISH AMBASSADOR'S VISIT THE PROVINCES

Nuestra Señora del Huerto in Paysandú.

Tuesday 8th May was a very special day for one of the Dickens Schools in Paysandú, as it was the very first visit of a British Ambassador to the School. Mr Ian Duddy was welcomed by the Authorities of the School, Sr. Henry Oddone and Mtro. Juan González.

After a walk round the premises, which are an authorised venue for Cambridge Assessment English Exams, the students had the opportunity to interview Mr Duddy in "very good English" quoting the Ambassador's words. Teachers were extremely proud of their students' performance.

Authorities, Teachers and Students were delighted with the experience and they even had time for selfies!

Teresa Gallette, who is a Dickens Coordinator and visits Nuestra Señora del Huerto regularly, was pleased by this visit as it helps to strengthen the bonds between Britain and Uruguay and motivates students to speak English.



DICKENS INSTITUTE

...Continued

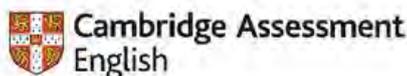
British Ambassador's visit to St. Michael's English Language Centre in Salto.

On May 10th Co-Directors Irene Pérez Jones and Philip Hanham welcomed Mr Ian Duddy to St. Michael's English Language Centre. The students greeted him singing two Beatles' songs: All Together Now and Hello, Goodbye. Two groups of Cambridge First Certificate students spoke about life in Salto from the perspective of young people and the range of sports they practise. Mr Duddy explained he enjoyed rugby and was interested in the local rugby star, Manuel Barreiro.

Finally the Ambassador congratulated the teachers and students on their excellent level of English as well as the Heads of St. Michael's English Language Centre on their outstanding team of teachers and school! A great day for one of our Associate Institutes in Salto!



Dickens Institute wishes to thank British Ambassador Ian Duddy!



Authorised Exam Centre



MEDICAL COLUMN

by Dr Jorge C. Stanham MBE
jorgestanham@yahoo.com

TELEMEDICINE AND THE CHALLENGE OF ACCESS

Access to the appropriate provider and the type of care needed defines one of the six dimensions of quality: timeliness. (The other dimensions are patient safety, patient-centredness, effectiveness, efficiency and equity.) Poor access may lead to late diagnosis, poorer prognosis, more tests and consultations and potentially, a bad outcome and eventually, a preventable fatality. Access is made worse by the mismatch of increased demands being met by insufficient or diminishing resources (human, material, organisational, etc).

Increased demands are to be expected by the health care needs of our ageing Baby Boomer generation (born 1946-1964), who are more than 15% of our Uruguayan population at present and will approach 20% by the end of the next decade. Although the number of physicians who graduate in our country still exceeds 1 per day (more than 400 per year), there is no guarantee that the specialty mix of the new doctors will keep pace with those skills that are most needed: primary care (family medicine, internal medicine, paediatrics), geriatrics, physical medicine and rehabilitation, not counting the number of other health providers who'll be in most demand: home care nurses, physical therapists, nutritionists, pharmacists, social workers and mental health professionals.

Sometimes, access initially evokes problems with long distances, like that

faced by those living in rural or remote areas. However, it is more a problem for those living in urban centres, where transportation is complex due to traffic congestion, lack of parking and poorly designed public transport systems. For the younger generations (GenX, born 1965-1979 and GenY, born 1980-1999) who at present are the major part of the workforce in many countries, access is made complex by the mismatch between their work schedules and those of the available services and the previously mentioned displacement constraints within cities.

This year, as I have mentioned in recent prior posts, has been ushered by the 2-digit predicted expansion of telemedicine (or telehealth) services in the next half decade. This has been made possible by five trends, as published recently by MDLive, a telehealth/telemedicine provider:

1. Engaged patients/consumers with cloud-based technology in their smartphones.
2. Artificial intelligence, refined data analytics and a personalised patient experience.
3. Reduced reliance on present reimbursement models.
4. Consumer satisfaction, greater demand and reduced costs, with consumers progressively onboarded by removing barriers to telemedicine.
5. A disciplined focus on data security will drive consumer trust and vendor oversight.

MEDICAL COLUMN

...Continued

by Dr Jorge C Stanham MBE
jorgestanham@yahoo.com

Relying on the traditional one-on-one, face-to-face, in-person care, will fall short of being able to cope with the increased demands of an ageing population and a time-strapped young workforce. The technology at present is ubiquitous: smartphones are everywhere; software is in the cloud, sensors to monitor patients at

a distance are a reality and providers can cover a larger population with 24/7/365 accessibility.

Telemedicine is not the future. It's already seeded within our system and will start sprouting – as I write and as we speak.

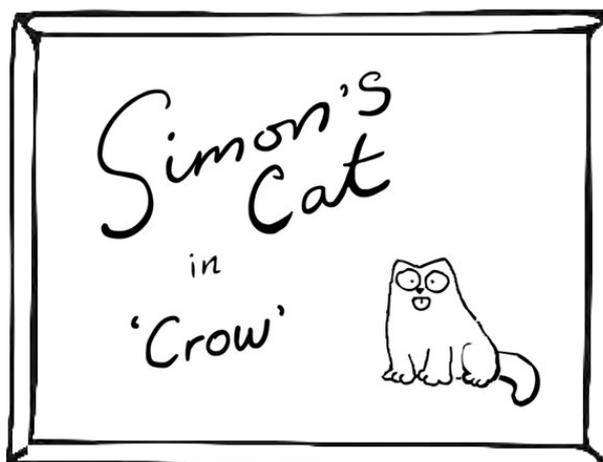


SIMON'S CAT

by Simon Tofield
<https://simonscat.com>



Watch the episode
HERE





MANUEL, OF HIS OWN FIST AND LETTER

by Richard Cowley
racowley@gmail.com

Manuel's third letter arrived late at the Editor's desk, so if you'd like to see it, go to the **April issue of "Contact"**.

This is the fourth of six letters written by Manuel to his English teacher in his native Cañada del Piojo Chico. We are indebted to Rosina Perrier who has an important paper as consultor linguistic in the elaboration of these letters.

Esteemed professor,

How are you walking? The week past, Perfidia and I voyaged to Cañada del Piojo Chico and I anticipated much to pass a rate with you and take a *mate* but then I interred myself that a parent of yours in Dolores had family and that you went yourself there to unite yourself to the festivities and to know the creature. I hope you have passed it well.

Our visit fell just the end of week of the Creole Fair of Cañada del Piojo Chico, the which was a great exit and all the world diverted themselves like mad people. As of custom, in the principal wheel of the Rural Society, our camp men demonstrated their distress in dominating the savage potters of our Uruguayan pastures, and my cousin Caprichosa, what is half mad and adores the campestral life, counted me that she offered herself to mount one of the pings and participate in the competence, but the Uncle Avaricioso laughed himself and didn't give her any little ball. La Perfi is also very leg and counts with much experience with the horses but the Friday past she fell herself from her little father in the *estancia* and she gave herself a strong blow to the head but, by luck, without loss of knowledge. Without embargo, by the moment, she is taking it with calm, so that, of horses, nothing.

Of the little evening at the Creole Fair, they prepared an asado and at the puddings, they put themselves to touch the guitar and milongate, what resulted very diverted. Between the crowd, I crossed myself with Sinuosa Perez, an old love from my epoch in the Rural School of Cañada del Piojo Chico and already we hit a good wave. It occurred itself to me to invite her to share a little goat by there, but I gave myself count that her father accorded himself of me and was looking at me with face of slaughtered steer. I thought for me "Hold yourself, Catalina", and I made myself smoke. There was a free tap of beer and caña all the night and, disfortunately, the Aunt Lujuria remained half taken and was putting herself to climb on the table and dance the *pericón* alone, to such point that the Uncle Viscoso saw himself obliged to carry her to the house, for if the flies. How much I throw of less these folklorick activities of my natal population!

MANUEL, OF HIS OWN FIST AND LETTER

...Continued

by Richard Cowley
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And now I must count you that I have made myself a social of the British Society of Uruguay! Already I am half Britannic!! Only there lacks to me the passport, which is complicated to obtain for a Uruguayan of pure stump, but the neighbour of my cousin's dentist has lever in these affairs and says that with five thousand pesos, all is arranged. The society is illucinating, there is so much to disfruit! Perfidia and I assisted to the Caledonian Ball and we stayed very impacted by the gaiters in frocks, but we also passed a great shame. La Perfi and I accorded to meet ourselves at the door of the Golf Club and I hit myself a great shock when she appeared and cried me "Surprise!" What a big paper!! She was wearing a skirt of stamped of leopard, a shirt of skin of zebra and boots of cocodrile. I told her "Oh no, my little love, what a putting of hoof! I said we dress ourselves of tartan, not Tarzan!!"

A big embrace and salutes to the family,

Manuel

SILVER RIVER LODGE

All our meetings are held on the 3rd Monday of every month, from March through November, at the William G. Best Masonic Temple, located at 1429 Canelones Street, Montevideo.

For further information please contact us at secretarysrl876@gmail.com or call Mr. Martin Macadam at 096 001 995.





BACK IN TIME

by Tony Beckwith
tony@tonybeckwith.com

UNDER THE PINES

When Charles Darwin, the naturalist, set foot on Uruguayan soil in July 1832, he wrote in his diary that the coastline “is very uninteresting; there is scarcely a house, an enclosed piece of ground, or even a tree, to give it an air of cheerfulness.” Scarcely a tree!

By the end of the century that Atlantic shore was no longer barren. The windswept sand dunes were now covered by forests of long-legged, sweet-smelling pine trees. And aromatic stands of eucalyptus trees were right behind them. Wafted on the salty air blown in off the sea, these heady scents made breathing a sensual pleasure. It’s a shame the *HMS Beagle* couldn’t have carried Darwin back to Maldonado at that time. He would have been astonished by the vegetation and the all-pervasive air of cheerfulness.

I grew up along that shore, in the shade of those pine trees. The coast of Uruguay arcs gracefully east and north from Montevideo, where the muddy Río de la Plata mingles with the clear blue waters of the Atlantic Ocean. A string of pristine beaches all the way to the Brazilian border were too tempting for my parents to ignore, and we camped and picnicked on all of them at some time during my youth. My mother spread an old blanket under the pines while my father, my brother, and I lugged all the bags and boxes from the car and set up our campsite, usually just in time for lunch. A devilled egg never tasted as good as it did on those beaches. Nowhere else did a cup of tea, hot and strong and sweet, go down quite as well.

Pines are evergreen, coniferous, resinous trees. They are long-lived, have thick, scaly bark, and typically grow to heights of 50 to 150 feet. The main variety introduced to Uruguay was the *Pinus pinaster*, the maritime or cluster pine, which is native to the Mediterranean region. They were, of course, deliberately planted along the coast by far-sighted people to anchor the beaches and halt the natural erosion that inevitably happens when stiff onshore breezes meet the finest, silkiest sand. Once the trees had put down roots they spread a carpet of dead pine needles that added another layer of protection for the dunes. The needles lived up to their name by pushing up through the picnic blanket and pricking bare thighs, backs, and shoulders that, in the early days of summer, were already stinging from too much exposure to the sun.

Pine trees beget pine cones, and there is nothing better for starting a fire. We always had a primus stove to boil water and do what little cooking we did when we were camping. But on evenings with no wind we sometimes built a bonfire down by the water’s edge. Dry pine cones can literally explode when they catch fire, and the flames soon engulfed pine branches, driftwood, and the sun-bleached logs we occasionally found cast up on the sand. Once the fire had burned for a little while my father scooped up some hot coals and put them under a small grill—just a simple iron frame that stood about a foot above the heat. There he cooked sausages,

BACK IN TIME

...Continued

by Tony Beckwith
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good *chorizos* my mother got from the butcher down the road from where we lived in Pocitos. When the sausages were ready they were butterflied and served in a bread roll that had been lightly toasted on the grill. As the roll was squeezed in preparation for the first bite, the juice from the *chorizo* seeped out, seasoning the bread and usually running down the hand to the wrist. We grinned at each other, chins glistening in the flickering, golden light of the fire. Life on the beach was a hedonistic affair.

We actually lived just a short walk from a beach, but since Pocitos was a well-established residential neighbourhood, instead of pine trees there was a thicket of high-rise apartment buildings across the road from the sand, Copacabana style. The coastal neighbourhoods stretching east from there to the city limits were also residential, and there were no pine trees on those beaches either. These were urban beaches, packed with people in the late afternoons and on weekends during the summer. On a scorching Saturday

or Sunday you could buy delicious hot dogs and ice-cold Cokes from wandering vendors right on the sand, it's true. But you'd be surrounded by people of all ages, with suntan lotion and brightly coloured umbrellas, some lying on towels just inches from yours, playing radios and having conversations you couldn't avoid overhearing. It was a very different experience, nothing like the serenity and splendid solitude of more remote places further up the coast, where my family usually had the whole beach to ourselves.

And there was no comparing the quality of the swimming. Once beyond the city limits the coast was bathed by the Atlantic, and the water was clean and clear. You could see every mussel shell attached to the rocks at either end of the beach as you swam over them, even without goggles. And when the tides were right the waves were perfect for some moderately ambitious surfing. In his diary, the British naturalist also noted that "in our passage to the Plata" he saw "a great shoal of porpoises, many hundred in number. The whole sea was in places furrowed by them; and a most extraordinary spectacle was presented, as hundreds, proceeding together by jumps, in which their whole bodies were exposed, thus cut the water. When the ship was running nine knots an hour, these animals could cross and re-cross the bows with the greatest ease, and then dash away right ahead." About a hundred and twenty years later, we also swam in those waters, having just as much fun as Darwin's porpoises. Then we came ashore to dry off and have a picnic under the pines.



GEOFF THE CHEF'S CORNER

by Geoffrey W Deakin
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Quindim

Much is discussed about the origins of Quindim. Portuguese, Brazilian or even African... What is known is that, besides finding it all over Brazil, it was the Brazilian grandmothers that came up with the recipes we use today to make Quindim with egg yolk, sugar and grated coconut.

I was brought up in Brazil, so Quindim was a regular at our table. But, believe it or not, the recipe that has won all our applauses comes from my cousin Ana María who is a full-blooded Uruguayan and an excellent cook to boot. So, I called her up and here is her secret for a very tempting dessert special for these cold afternoons.

Gracias prima!

Ingredients

- 12 egg yolks
- 3 whole eggs
- 400 grs of sugar
- 100 grs of grated coconut
- 50 grs of butter

Method

1. Hydrate the grated coconut for at least one hour before preparation.
2. Separate egg whites from egg yolks and place them in a large bowl
3. It is important for you to break the eggs inside a separate bowl before placing them in the bowl in which the dessert will be prepared, for if any egg is rotten, the other ingredients will not be contaminated.
4. The whites will not be used, but save them in the fridge to prepare merengue or egg white pudding.
5. Grease with butter and sugar a mould with a hole in the middle or individual shapes. The Teflon coated ones are the best.
6. In the bowl with the egg yolks, add the sugar, eggs and grated coconut.
7. Mix gently. It's important not to stir too much.

GEOFF THE CHEF'S CORNER

...Continued

 by Geoffrey W Deakin
 gwdeakin@gmail.com

8. Add the butter in small pieces and stir a bit more.
9. Put the mixture into the mould and bake bain marie (hot water bath) in a preheated oven at 180° C for approximately 50 minutes. Be sure not to run out of water in the bain marie during the cooking process.
10. To know if the Quindim is ready, make sure the top is hardened and stick a toothpick inside to see if it comes out dry.
11. When the Quindim is ready, remove from the oven and let it sit until it is warm.
12. Place a plate over the mould and flip gently so the Quindim falls on the plate.
13. It is important not to unmould hot, because the Quindim might break, and neither too cold, because it might not come loose from the mould.
14. Bom appetite!



ANDY CAPP

by Reg Smythe



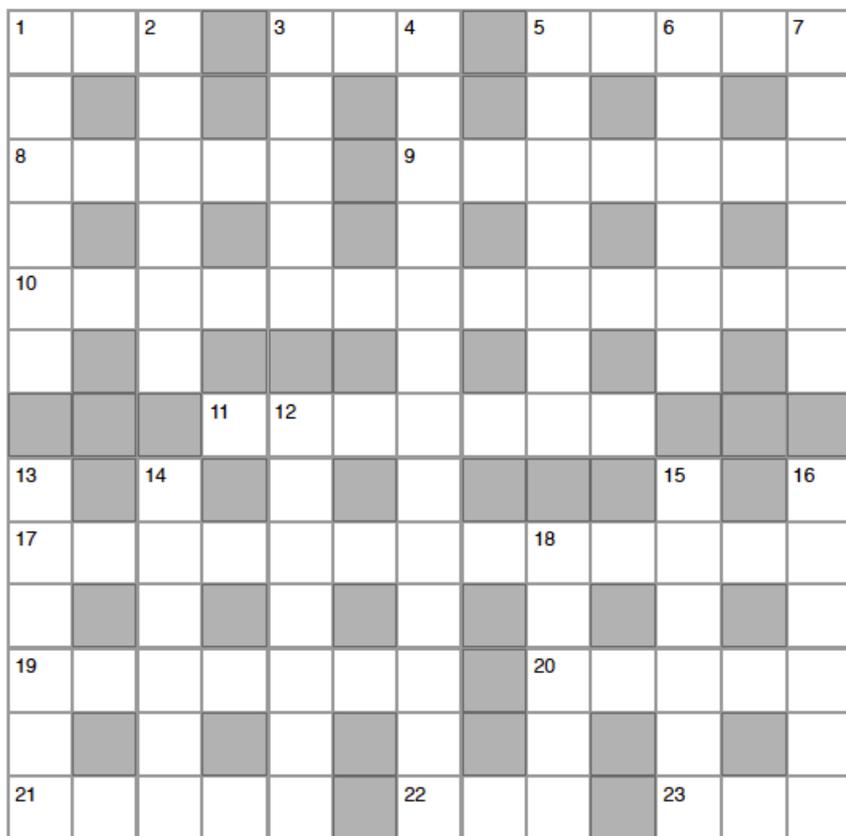


CROSSWORDS TIME!

from Independent
<http://puzzles.independent.co.uk>

Print this page and start playing!

The solution will be revealed in the next issue.



ACROSS

1. Be nosy (3)
3. Transgression (3)
5. Ship's floors (5)
8. Vestige (5)
9. Newspaper format (7)
10. Camera accessory (9,4)
11. As a whole (2,5)
17. No longer in nappies (6-7)
19. Avian influenza (4,3)
20. Middle-Easterner (5)
21. Canvas support (5)
22. Unit of weight (3)
23. Attempt (3)

DOWN

1. Edible tuber (6)
2. Annual (6)
3. Unduly high (5)
4. Conservation charity (8,5)
5. Doubtful (7)
6. Selected (6)
7. Person who enjoys inflicting pain (6)
12. Necessary (7)
13. Steady (6)
14. Type of cloud (6)
15. Baby (6)
16. Unusual thing (6)
18. Extraterrestrial (5)

May's Crossword solution:

			¹ R	² E	E	³ K		⁴ W	E	⁵ S	T		
⁶ P		⁷ S	A		H		E		W				
⁸ T	H	E	G	R	E	A	T	B	E	A	R		
A		E		T		K				L		⁹ A	
¹⁰ R	I	M		¹¹ H	O	I	P	¹² O	L	L	O	I	
M				L				V		O		R	
¹³ I	M	¹⁴ P	A	I	R			¹⁵ L	E	E	W	A	Y
G		A		N				R					F
¹⁶ A	U	T	O	G	R	¹⁷ A	P	H		¹⁸ B	O	A	
N		E				G		E		O			I
	¹⁹ S	L	E	²⁰ D	G	E	H	A	M	M	E	R	
		L		U		N		D		B			Y
	²¹ W	A	D	E		²² T	O	S	H				

ACROSS

1. Smell (4)
4. Compass point (4)
8. Ursa Major (3,5,4)
10. Outer edge (3)
11. The common people (3,6)
13. Weaken (6)
15. Room for manoeuvre (6)
16. Celebrity's signature (9)
18. Long thin scarf (3)
19. Large heavy tool (12)
21. Walk through water (4)
22. Nonsense (Slang) (4)

DOWN

2. Inhabitant of this planet (9)
3. Military fabric colour (5)
4. Network of fine threads (3)
5. Songbird (7)
6. Type of grouse (9)
7. Appear (4)
9. Fanciful and unrealistic (Informal) (4-5)
12. Business expenses (9)
14. Kneecap (7)
17. Representative (5)
18. Explosive device (4)
20. Owing (3)

LINK O' THE MONTH



When Harry met Meghan

Watch a timeline of the royal couple before they said "I will".

[Watch here!](#)
[\(CNN.com\)](#)

ROYAL WEDDING

from Official Royal Web & Social Media

On 19 May 2018, the wedding of Prince Harry and Ms. Meghan Markle took place at St George's Chapel, Windsor Castle.



The Couple are joined by The Queen, The Duke of Edinburgh, The Prince of Wales, The Duchess of Cornwall, Ms. Doria Ragland, The Duke and Duchess of Cambridge and the Bridesmaids and Pageboys, which included Prince George and Princess Charlotte, in The Green Drawing Room, Windsor Castle.