



THE BRITISH SOCIETY
IN URUGUAY

Contact

March 2018

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Guru'Guay
Andy Capp
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Dickens Institute
Simon's Cat
Crosswords
and more...

BSU

All set!
British Choir
Rehearsals

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British Embassy News

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BSU CONTACT Newsletter
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www.facebook.com/BritSocUy
Montevideo, Uruguay



PRESIDENT'S WORDS

Dear members,

As summer comes to a sad end, you can take comfort in the fact that the UK is having its worst winter-end weather in years, with snow falling thick in most places and the cold making an unseasonal March comeback. So cheer up: here we are still enjoying sunny days and temperatures over 20°C.

This month brings you The British Society's centenary Scavenger Hunt. This is a new event on our calendar which we hope to make a regular annual feature. Those who remember The Montevideo Players' annual car rally from last century will recognise the format. The event is played in teams of as many people as can fit in a car, as part of the time you will be following leads while on the move. Other than that, what you will need to play is writing material and your wit!

St. Andrew's Society is also having its annual picnic this month, an enjoyable event especially suited to families with children (see details in this newsletter, on page 9). We encourage you to join the fun making the best of the nice weather while it lasts.

Richard A. Empson





UPCOMING EVENTS

Sunday, 11th at 12 am

St. Andrew's Family Picnic

Criolla Elias Regules, Avenida Bolivia 2455

Organised by: St. Andrew's Society of Uruguay

Every Friday at 20 hrs

British Choir Rehearsals

House of the British Cemetery, Av. Rivera 3868

Organised by: BSU

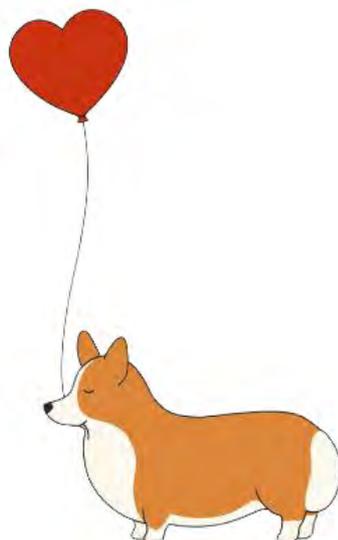


SOCIAL NEWS

March's Birthdays:

3rd - Thom Gordon-Firing
 4th - Dorothy Christy
 8th - Helen Turner
 10th - Ian Forrester
 10th - Prince Edward of Great Britain
 15th - Jackie Archer
 15th - Susan Day
 15th - Susan McConnell
 17th - Bruce Empson
 17th - Mónica Harvey
 19th - Elizabeth Cowley

21st - Herbert Grierson
 22nd - Carolyn Prevett
 24th - Michael Brown
 25th - Tilla Gruber von Freeden
 26th - Ronald Decker
 26th - Ian Dickin
 27th - Brian Davies
 28th - Kim MacLellan
 29th - Luis Abin
 30th - Lygia Davies





THE SIR WINSTON CHURCHILL HOME

We had some new visitors this month! Peter's niece Clare and her husband Bob House visited the Home while on their South America trip.



Once a week the residents have a gym class!

Here Norma, Peter and Herbert hard at work!



Herbert's twin granddaughters came to have tea at the Home!





BRITISH EMBASSY

STUDENTS' VISIT TO THE FALKLAND ISLANDS

Winners of the regional competition "Why would I like to meet my neighbours from the Falkland Islands?", organised by the British embassies in Uruguay, Chile and Brazil, traveled to the Falklands for a week, and enjoyed a varied programme of activities that allowed them to get to know the beauties of the Islands and its people. The three students said that their expectations were more than fulfilled, and that they plan to visit the Islands again in the future. Mauricio Giraudó, winner from Uruguay, shared some impressions and photos of the experience through social media: [facebook.com/Mauri.Giraudó](https://www.facebook.com/Mauri.Giraudó), [instagram.com/maurigiraudó](https://www.instagram.com/maurigiraudó)



BRITISH GRADUATES: NEW YEAR, NEW BOARD, RENEWED ACTIVITIES



The Embassy hosted an event at the Ambassador's Residence, organised by the Graduates from British Universities Association (GBUA) on 20 February. Chevening alumni who recently obtained masters degrees gathered for a panel discussion on how what they studied in the UK could be applied to Public Policy studies in Uruguay. At the end, they voted the new GBUA board: <https://www.facebook.com/EmbajadaBritanicaMontevideo/posts>. Congratulations to the new authorities, and thanks to the members of the previous board for all their hard work in strengthening links between the UK and Uruguay!

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Embajada Británica
Montevideo



BRITISH HOSPITAL



BRITISH HOSPITAL

CONSULTATION OPTIONS

Remember that you have many options before going to the A&E

Before you do, it is important that you and your family remember that you have several options for consultation. Make a note of the most important phone numbers or check with our staff during a visit.

GP

Go to your GP whenever possible. An integral follow up of your health and that of your family is important. If you cannot access your GP when you need to, you have other options through our website, the new app, or through the Outpatient Appointment Centre.

QUICK ONLINE APPOINTMENT

By booking an appointment through the website or our app, you can search for the first available times in each specialty. Also, for the specialties in highest demand we offer daily consultations.

Visit www.hospitalbritanico.org.uy and discover other services as well.

SAME DAY APPOINTMENTS

You will be able to book an appointment for the first level care specialties for the same day in: Dermatology, Physiotherapy, Gynecology, General Medicine, Pediatrics, Ophthalmology, Otolaryngology and Psychiatry.

This can be done through our Outpatient Appointment Centre, from Monday to Friday from 7 a.m. to 9 p.m., weekends from 8 a.m. to 2 p.m. and working holidays from 7 a.m. to 3 p.m.

HOME DOCTORS

We cover all Montevideo, Parque Miramar and La Tahona. You can book an appointment by calling 24818265 (Monday to Friday from 8 a.m. to 3 p.m., weekends and working holidays from 8 a.m. to 12 p.m.) and the doctor will visit you the same the day. Remember that this does not cover emergencies.

A & E

Available 24 hours a day, 365 days a year, but please remember that this service handles a high number of daily consultations and patients are classified according to their risk, prioritizing injuries or serious illnesses that require immediate attention.



Remember you can always contact the Members Department to help you find what you need:
T: 24871020, extension 2201, Monday to Friday from 8 a.m. to 8 p.m. and working holidays from 8 a.m. to 3 p.m.

Speak to the receptionists for advice on all our services and options to arrange an appointment.
Contact the Outpatient Appointment Centre:
2487 1020, extension 2740



ANGLO-URUGUAYAN CULTURAL INSTITUTE

INGLÉS con TODO



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BRITISH CEMETERY



Membership is open to everyone and it is free.
You don't need to be British to join.

All those interested in our events are welcome.



Flowers from our Nursey for sale:



Kalanchoe sp.



Jacaranda mimosifolia



Hibiscus rosa-sinensis





ST. ANDREW'S SOCIETY OF URUGUAY

ST. ANDREW'S FAMILY PICNIC

Sunday 11th March 2018 High Noon (12 am)

This year, apart from the usual games and the band, there will be a guided tour to the Museum and Train Station. Though there is room to eat indoors, there is a nice veranda and plenty of shade on the lawns so bring your garden chair or rugs.

For tea bring something to share and we'll provide freshly brewed tea.

Roast Lamb, Hamburgers, Salads and Fruit for Lunch.



Bring your own Drink, Cutlery, Plates and Glass.

Venue: Criolla Elias Regules, Avenida Bolivia 2455.



Adults: \$450 – Ages 10 to 15: \$250 – Ages 9 and under: Free

IMPORTANT: Please reserve your place by 7th of march

Tel: 091 048937 – 091 295 601

We don't want you to go hungry!





MANUEL, OF HIS OWN FIST AND LETTER

by Richard Cowley
racowley@gmail.com

The second of six letters written by Manuel to his English teacher in his native Cañada del Piojo Chico.

Esteemed Professor,

What is there of your life? For me, things go very well in the capital. Clearly, before nothing, I put myself to find where to live and I had a great blow of luck. The mother of a companion of class has a pension of students in the district of Oriental Arm. To say the truth, the edifice is something come downwards and past of fashion. The room is little and I feel myself very pressed: it costs me to put me the shirt of morning without open the window from peer in peer. It makes lack to the room a hand of paint and there are nude cables in the box of fuses that give fright. But she leaves the room to me in five hundred pesos a month, thus I don't complain myself.

I have to continue my studies here in Montevideo and I have annotated myself at the Instituto Universitario Politécnico Superior on the course of Studies of Media. The professors are of first, and they are very generous and compart the mate – all the class takes from the same little bomb. There is one professor of English and he is something different: always he wears a jacket and tie, and he is an inch of football, over all of the famous Sheffield Thursday. He speaks so well the English that it results me difficult to understand him – I think he is from the nort of England - but he doesn't speak not even a potato of Spanish. I speak English thank you to your excellent classes, but his lack of domination of Spanish gives me someone else's embarrassment.

Professor – I give myself count that you are a sensible person, so now it touches me to communicate to you a delicate theme: I believe I am enamored. What passed was that what follows. As of custom, I assisted to the class of Workshop of Informatic and there, in the file in front of me, there sits something divine, something really outside series. She is Perfidia Gómez, ay! but professor, I was dying myself. She has eyes blue like the Cortina of my cousin Eusebio, hair like mature corn, and a corpse that quit me the dream during six nights followed. Of repenting, she gave herself a turn, nailed me with a fixed look and asked lent my pencil. I balbuceated and put myself more coloured than a pigeon's foot, and she larged a laugh like a thousand plated bells. By supposing, I gave her the pencil and then at once I put myself in campaign. After the class, I asked her the devolution of my pencil, and at the same time, I proposed her to compart a little goat in the pizzeria of the corner. Everything went on wheels and we took out sparks, even she paid half the count. We accorded to meet again after the next class. Perfidia is very sympathetic and I hope the reunion will comply with my expectations.



MANUEL, OF HIS OWN FIST AND LETTER

...Continued

by Richard Cowley
racowley@gmail.com

I conversed the theme of my romantic adventure with the Uncle Nefario who counselled me with a phrase tipic of those of the camp, "The owl that flies low catches the distracted rabbit" and then he killed himself of the laughter. The Aunt Tediosa, the one with the black bigot and arms like trunks, she has no hairs on the tongue and says that he is an old green one but I think, from time in when, he embocates and what he says is very certain.

I must put a final point to this letter because there remain to me many what-todos. I throw of less a lot my life in my natal population of Cañada del Piojo Chico – the Bar Facundo with its flowers of plastic, the shouts from the pitch of balls, the square where we chusmeate all the evenings and, by supposing, your excellent class of English idiom. Receive a big embrace and until soon.

Affectively,

Manuel

SILVER RIVER LODGE

All our meetings are held on the 3rd Monday of every month, from March through November, at the William G. Best Masonic Temple, located at 1429 Canelones Street, Montevideo.

For further information please contact us at secretarysrl876@gmail.com or call Mr. Martin Macadam at 096 001 995.





DICKENS INSTITUTE

DICKENS MID SUMMER DREAM NUMBER 9 THEME: DISCOVER

On 7th February Dickens Institute celebrated a Conference for English Teachers, one of many held by Dickens in its 46 years. But this one was special as it was the 9th of a series held every year in February based on different themes. This year it was based on the theme: Discover.



For the Dickens, Teacher Training and Teacher Development have been high priorities ever since the Dickens was founded in 1972 by Monica Harvey. Nine years ago, Patricia Alvarez Harvey, now Director General of the Dickens, had the excellent idea of creating the first Mid Summer Dream Conference in February, in order to offer teachers the possibility of attending workshops and talks given by Uruguayan and Foreign peers. This Conference would give them fresh ideas and be an extra perk for them at a time of the year when teachers were getting ready to begin their classes.



This year's Mid Summer Dream Discover, was a huge success. More than 200 teachers attended. Six workshops and four plenaries were offered.

At the end of the Mid Summer Dream Conference, the Teacher Trainers and graduates of the Cert. TESOL and TYLEC had the pleasure of having the visit of Mr Ian Duddy, who came especially to present the awards to graduates. Ms Alvarez and

His Excellency gave short speeches emphasising the importance of the teaching profession and wishing new teachers very successful careers.

A fitting closure to a day dedicated to the English Teaching Profession.





MEDICAL COLUMN

by Dr Jorge C. Stanham MBE
jorgestanham@yahoo.com

MYTH BUSTERS

The title honours the name of the enjoyable TV programme, where the two main characters proved or disproved commonly believed concepts. I recall one where they demonstrated as false the assumption that hanging a CD disk from your windshield mirror would make the velocity detectors used by the police malfunction and therefore avoid a speeding ticket. Well... in medicine and self-health care, many recommendations hold as their only base, having been repeated over years and decades, but no real evidence behind them. In an article published in Medscape in mid-February, an interviewed doctor from the teaching staff of Georgetown University in Washington DC, sheds light on what we can consider as truth and what we can simply regard as lore. The list follows:

- **Low-fat vs low-carbohydrate diets.** Over the last 50+ years, cholesterol, the big culprit behind cardiovascular disease, was the target of low-fat diets (or even zero-fat 'fad' diets). This was strongly endorsed by the sweet soft-drink and sugar industries. Consequence: people got fatter and fatter, with more and more diabetes (which is as bad as cholesterol for heart disease). More recently, weight loss via an Adkins-type low carb & high protein diet was found more effective than restricting fat, but at the same time increasing LDL (bad) cholesterol in many persons. However, low-carbs, producing increased acetone as the body burns fat and protein for energy (ketogenic diet) has

been found effective in producing short-term weight loss. In any case, energy from sugars should not exceed 10% of total calories – which is something not so easy to achieve. What about artificial sweeteners? They apparently do work for calorie restriction, but there still are (yet to be demonstrated) concerns about exposing oneself to these chemicals on a chronic basis.

- **Weight cycling vs stable overweight.** What happens when we lose 20 kg or more on a strict diet, only to return after some weeks or months to our starting point – the yo-yo phenomenon? Everyone agrees that this is clearly bad for one's health and even worse than being slightly overweight, but not obese (ie body mass index between 25 and 30, less than 25 being normal and more than 30 being obese). Being slightly overweight ('fat and fit') is certainly not the best recommendation, but low-level cycling (mini-yo-yo-ing within a weight range of less than 10 kg) is believed to be clearly healthier.

- **Moderate-intensity vs vigorous-intensity exercise.** The article states verbatim: "Although exercise is generally good, some people view it as a necessary evil." The targets set by a US governmental agency recommends either running 75 minutes per week or brisk walking 150 minutes per week. I personally have a 'wearable' on one of my wrists that step-counts my activity and it is set to make me sigh of relief when I reach the 10



MEDICAL COLUMN

...Continued

by Dr Jorge C. Stanham MBE
jorgestanham@yahoo.com

thousand step mark in one day (about 8 km or 5 miles). Only 1 in 5 persons meet these minutes per week goals in the US. To lose weight, exercise should be at the vigorous level, together with diet and should be continued after the desired weight loss has been attained. However, for cardiovascular and metabolic benefit, long-term moderate-intensity exercise is maybe best than its vigorous version – and surely gentler on our bones, joints and muscles.

- **E-cigarettes.** Some of my patients have shown up in my office with their ‘vaping’ (puffing vapour) systems. In Uruguay, they have been banned from being marketed or sold by our oncologist cum President Dr Tabaré Vázquez, as part of his crusade against the tobacco industry. Worldwide, e-cigarettes were initially looked at with contempt and were considered a risk for prior non-smokers who’d eventually get hooked onto the real stuff. In spite of these concerns, they may have a place in smoking cessation programmes.

- **Antimicrobial household cleaners.** Anyone in Uruguay who watches the ad-infested TV channels, has seen these household sprays who claim to remove ‘99.9%’ of all bacteria, as they are applied

to furniture, kid’s toys, walls, kitchen sinks and bathroomware (sparing pets, I hope). From a clinical and epidemiological standpoint, these intentions unfocus us from the more dangerous sources of infection, which originate in the kitchen, where we prepare and store food. Rigorous cleaning of surfaces, cutlery and chinaware, with standard detergents, especially when they have been in contact with food or its ingredients, prevents the spread of *Escherichia coli* and *Salmonella* species. Applying an antimicrobial does nothing – or at least gives who uses it some piece of mind. Besides, extensive unnecessary use of these cleaners, may pave the way for resistant bugs, as those which normally exist on household surfaces (except in the kitchen) have lived with us for ages and have caused no harm.

In a nutshell, the interviewed doctor says: “The key to getting patients to adopt healthier habits is to keep reminding them without battering them with it. You can end up alienating the patient. Then the patient won’t do anything because the doctor always makes them feel bad. [...] You have to be realistic, but not so pessimistic about the patient’s inability to change that you stop giving them chances to do it.”





GURU'GUAY

by Karen Higgs
guru@guruguay.com

URUGUAY AMONGST THE WORLD'S BEST BEERS

When award-winning beer writer Tim Webb disembarked his South American cruiseship for an afternoon in temporada 2016, he really wasn't expecting much. After all, Uruguay had barely warranted a paragraph in his best-selling "Best Beers" guidebooks. But he had done his homework and contacted the Guru--a confessed beer enthusiast and unofficial promoter of Uruguay's nascent craft beer scene. Few breweries were open at the height of summer (how things have changed – happily) but Davok was, and I've gotta say Webb was REALLY impressed with Alejandro Baldenegro's beers.

And as a result, two years on, Uruguay is proud owner of an entire chapter in the third edition of "Best Beers: the indispensable guide to the world's beers" and the book's authors are rating Uruguay amongst the top five beer producers in Latin America.

Guru'Guay talked to Webb's coauthor Stephen Beaumont.

Guru'Guay: How come Uruguay was barely mentioned in your previous "Best Beer" guide?

Stephen Beaumont: Uruguay rated a paragraph in both the first and second "Pocket Beer Book" [the "Best Beers" title in the UK], and a mention in the second edition of "The World Atlas of Beer". But really, there was not more because our view was that there wasn't a lot worthy of mention, a situation that has so obviously changed now. The pace of change and evolution in craft beer in Latin America is highly impressive. We struggle – and rely heavily upon people like yourselves– to keep up.

Guru'Guay: How do we compare to our neighbours?

SB: Our sense is that the hierarchy of craft beer cultures in Latin America is extremely malleable. A few years ago, I would have listed the major powers as, in order, Brazil, Argentina, Chile and Mexico tied, then a cluster including Colombia, Uruguay and Costa Rica. Today, I'd rate them Brazil, Mexico, Chile, Argentina, Uruguay, Colombia and then a large pack trailing.

Guru'Guay: The chapter is short but sweet. What would Uruguay have to do to bulk up our presence in future editions?

SB: Simple: More and better beer! We are very aware of and sensitive to change in Latin America and shift our emphasis accordingly. It's important to remember, though, that Uruguay is not just competing for attention with the rest of Latin America, but rather with the whole world.

In their book, Webb and Beaumont set criteria for judging the "best beers" was deciding "icons", "can't miss" and "to watch". Can't Miss breweries are those that make a variety of beer styles and do so with consistent excellence. The authors were stingy with this designation, awarding it to only 107 breweries in the entire world, while Breweries to Watch are young – under three years of age at the time of writing – operations that already show the potential for greatness. Beer making in Uruguay is nascent—having started just over a decade ago--so icons were out. But one of our breweries did make the 107 Can't Miss and we do have a Brewery to Watch!



GURU'GUAY

...Continued

by Karen Higgs
guru@guruguay.com

Visit Guru'Guay (www.guruguay.com) to read which beers and breweries were nominated the best beers in Uruguay.

Stephen Beaumont has authored close to a dozen other books on beers and his co-author Tim Webb has received awards for his writings on the subject. The Uruguay chapter of "Best Beers: the indispensable guide to the world's beers" was written by Daniel Rocamora and Karen Higgs--Uruguayan beer and travel authorities. Daniel is likely the country's foremost beer expert and a frequent beer judge, while Karen is the author of the Guru'Guay Guides and creator of the English language Uruguay website Guru'Guay.

BRITISH CHOIR

READY! STEADY! SING!

The British Society's Choir started on Friday 23rd February with a jolly good number of singers.

Rehearsals will take place on Fridays at 3868 Rivera Avenue at the House of the British Cemetery from 20:00 to 22:00.

Newcomers are most welcome!!!

Choir Conductor: Gerard Germaud.

Contact: 099123906 Secretary of the British Society if you are willing to join us.





GEOFF THE CHEF'S CORNER

by Geoffrey W Deakin
gwdeakin@gmail.com



Oregano chicken & squash traybake

Try this low-calorie chicken, butternut squash and artichoke traybake as an easy dinner during busy weekdays. It takes just five minutes to prepare.

Ingredients

- 200 grs sliced canned mushrooms
- 1½ tbsp olive oil
- 1 tsp dried oregano
- 2 tsp cumin (or sesame) seeds
- 8 chicken drumsticks
- 1 butternut squash, cut into chunks (leave the skin on - it adds flavour)
- 150g mixed olives of your choice, roughly chopped
- large handful arugula (rocket)

Method

- Heat oven to 220C/200C.
- Measure out 1½ tbsp of oil from the grilled artichoke pack. Mix this with the olive oil, oregano and cumin.
- Put the chicken drumsticks and squash in a large roasting tin, toss in the flavoured oil and some seasoning.
- Roast in the oven for 45 mins until tender and golden.
- Tip the mushrooms and olives into the pan.
- Give everything a good mix, then return to the oven for 5 mins to warm through.
- Stir through the arugula and serve.



GEOFF THE CHEF'S CORNER

...Continued

by Geoffrey W Deakin
gwdeakin@gmail.com

Tip o' the day... are Top 10 freezing tips...

Whether you have a chest or upright freezer, the principles of successful freezing are the same.

- Cool foods before you freeze them. Freezing food when hot will only increase the temperature of the freezer and could cause other foods to start defrosting.
- Only refreeze food if you're cooking it in between. When food is thawed bacteria can multiply quickly, particularly at room temperature. If you pop it in the freezer, the bacteria survive and are more likely to reach harmful levels on second thawing. However, if you cook the food in between e.g. thawing beef mince, turning it into Bolognese and then refreezing, it's not a problem as the bacteria will have been killed off in the cooking process.
- A full freezer is more economical to run as the cold air doesn't need to circulate so much, so less power is needed. If you have lots of space free, fill plastic bottles half full of water and use them to fill gaps. Alternatively, fill the freezer with everyday items you're bound to use, such as sliced bread or frozen peas.
- It's a wrap. Make sure you wrap foods properly or put them in sealed containers, otherwise your food can get freezer-burn.
- Portion control. Freeze food in realistically sized portions. You don't want to have to defrost a stew big enough to feed eight when you're only feeding a family of three.
- If in doubt, throw it out. Contrary to what many people think, freezing doesn't kill bacteria. If you are unsure of how long something has been frozen or are a bit wary of something once defrosted, don't take any chances.
- Stay fresh. You get out what you put in as freezing certainly won't improve the quality of your food. Don't freeze old food because you don't want to waste it; the point of freezing is to keep food at its prime.
- Friendly labels. It may seem a bother at the time, but unless you label you might not remember what it is, let alone when it was frozen. Buy a blue marker for raw foods and a red marker for cooked foods. You don't have to write an essay, just label the food clearly. You can use big-lettered abbreviations, for example a big red P means cooked pork or a blue F means raw fish. And always add the date it was frozen.
- Defrosting is a must. An icy freezer is an inefficient one, so make sure you defrost your freezer if ice builds up. Don't worry about the food; most things will remain frozen in the fridge for a couple of hours while the freezer defrosts.
- In an emergency... If there has been a power cut or you think the freezer has been turned off at some point, don't open the door. Foods should remain frozen in the freezer for about 24 hours, leaving you time to get to the bottom of the problem.



CROSSWORDS TIME!

from Independent
<http://puzzles.independent.co.uk>

Print this page and start playing!

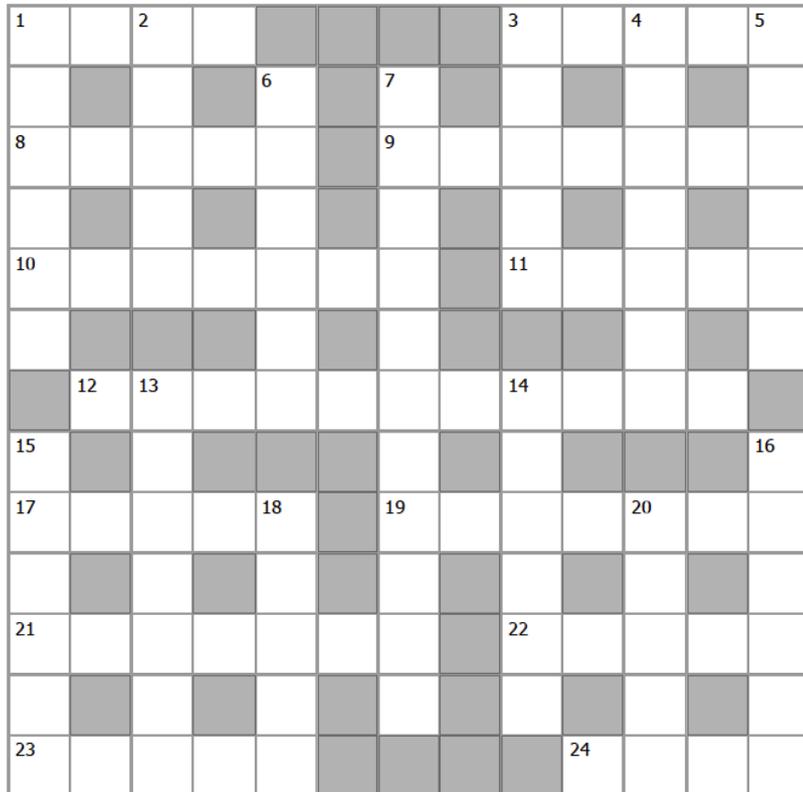
The solution will be revealed in the next issue.

ACROSS

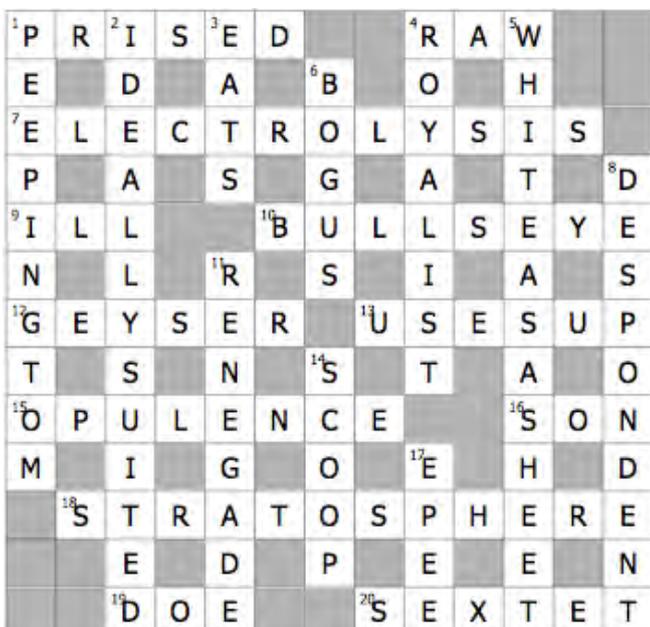
1. Drama (4)
3. Section of a recording (5)
8. Raised strip of land (5)
9. Greatest amount (7)
10. Endanger (7)
11. Priest (5)
12. Large travel bag (11)
17. Fruit (5)
19. Inspector of accounts (7)
21. Stalemate (7)
22. Zodiac sign (5)
23. Before time (5)
24. Festive occasion (4)

DOWN

1. Allow (6)
2. Make sense (Informal) (3,2)
3. Poisonous (5)
4. Pungent gas (7)
5. Japanese robe (6)
6. Domesticated polecat (6)
7. Combined (11)
13. In theory (2,5)
14. Slightly drunk (Informal) (6)
15. Overnight case (6)
16. Misprints (6)
18. Written composition (5)
20. Leg bone (5)



February Crossword solution:



ACROSS

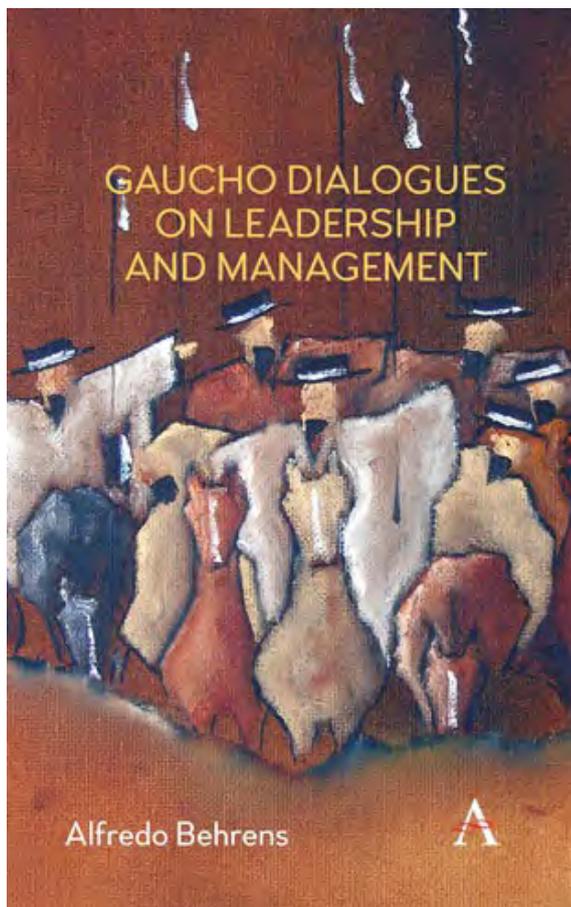
1. Forced (6)
4. Uncooked (3)
7. Hair removal process (12)
9. Unwell (3)
10. Target centre (5,3)
12. Hot spring (6)
13. Exhausts (supplies) (4,2)
15. Conspicuous wealth (8)
16. Male offspring (3)
18. Atmospheric layer (12)
19. Female deer (3)
20. Group of six (6)

DOWN

1. Voyeur (7,3)
2. Perfectly matched (7,6)
3. Consumes (4)
4. Supporter of monarchy (8)
5. Very pale (5,2,1,5)
6. Counterfeit (5)
8. Dejected (10)
11. Traitor (8)
14. Exclusive story (5)
17. Fencing sword (4)



ADVERTISING



Gaicho Dialogues on Leadership and Management

Lessons on leadership, strategy and people management from militia-led insurrections in Latin America provide as seen through the eyes of two iconic literary characters.

Alfredo Behrens holds a PhD from the University of Cambridge. He writes and speaks on leadership and management in cross-cultural settings. He also lectures at top business schools and has addressed large management meetings in four continents.

[Find the Book Here](#)

PRICES FOR CLASSIFIED ADS

Classified Ads

Purchasing items or job offer:

1. No charge for those who are members of the Society.
2. Not applicable to non-members of the Society.

Sale of items:

1. \$5 per word for those who are members of the Society.
2. \$10 per word for non-members of the Society.

Advertising Spaces

Full page: \$1080

Half Page: \$620

Quarter Page (or less): \$390

Members of the Society have a 10% discount on advertising prices.

Prices in Uruguayan Pesos.





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